UNIVERSITY OF SUSSEX – Health and Safety Office

Guidance on Lone and Out-of-Hours Working

Lone and Out-of-Hours working on campus should be undertaken having made

reference to the University Lone Working Policy, with appropriate steps being taken

to ensure safety and security of persons and property.

https://www.sussex.ac.uk/webteam/gateway/file.php?name=microsoft-word---lone-

working-policy.pdf&site=332

In an emergency: to summon the emergency services (Fire, Ambulance and

Police) or if you need first aid assistance, dial 3333 to contact University Security,

and tell them:

your location (building, room number or other identifier)

the nature of the emergency

how you can be contacted – landline or mobile number

If an alarm sounds, or there is an emergency situation in a building where you are

either working alone, or out-of-hours, you must leave the building by the nearest

available exit.

If you are unable to do so, you must telephone Security (3333) to tell them where

you are and the assistance you may need.

In all cases where lone or out-of-hours working takes place, access to a

telephone is required.

It is useful to store the University Security numbers in your mobile phone:

Non-emergency: 01273 678234

Emergency: 01273 873333

If you require further advice and guidance, please contact the University Health and

Safety Office on (87) 7116 or, e-mail safety@sussex.ac.uk

University of Sussex – Health and Safety Office – Guidance on Lone and Out-of-Hours Working November 2010