WELCOME TO SUSSEX
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WELCOME TO SUSSEX

WELCOME

Congratulations, you made it to Sussex!

Starting university is a wonderful and exciting experience, but it can also bring some challenges. Welcome Week is set up to help you settle into your new life at Sussex and prepare you for your studies. This booklet will help you navigate your first week at Sussex.

We are running many exciting events (online and in person) throughout the week to make the transition to university life easy. Head to the Welcome pages on the Student Hub for events and to book your tickets.

student.sussex.ac.uk/new-students/welcome

To make it easier, we’ve listed some of the key events in this booklet too.

You can also find practical information about facilities, support, getting online, getting around, and fun things to do in Brighton.

Worried about where to start? Complete the essentials checklist on the next page to get you going.

Got questions? Our friendly staff and students are on hand to help – you’ll spot them around campus. Look out for the orange Ask Me signs.

Welcome Week is a great opportunity to make friends, learn about your course and settle into university life. Make sure you relax, take it at your own pace and enjoy it.
ONLINE REGISTRATION

(If you haven’t done so already)
Completing Online Registration makes you an official member of Sussex and gives you access to facilities. Not completed it yet? Don’t panic. To finish it off, select ‘Before you arrive’ at student.sussex.ac.uk/new-students

GET YOUR STUDENT ID CARD

• **Home Students** – your Student ID Card was posted to your home address.
• **International Students** – you will receive your ID Card when collecting your Biometric Residence Permit (BRP). You will receive details on how to collect your BRP.
• Your Student ID Card is also your Library Card.

REGISTER WITH THE POLICE

(International Students only)
If you have a student visa, you may need to register with Sussex Police as a condition of your visa. Select ‘Arriving in the UK’ at student.sussex.ac.uk/international/visas to find out more.

CHECK OUT WELCOME WEEK EVENTS

Familiarise yourself with the Get Settled and Get Started schedules to get the best out of your first days at Sussex. You can access your timetable at student.sussex.ac.uk/new-students/welcome

DOWNLOAD THE SUSSEX UNI APP

Download the SussexMobile app to your phone to get instant access to your virtual learning environment. student.sussex.ac.uk/mobile-app

ACCESS YOUR STUDY TIMETABLE

Log in to Sussex Direct to access your seminar and lecture schedule. You can find it under the Study tab. direct.sussex.ac.uk

REGISTER WITH A DOCTOR

We have an on-campus NHS health centre. Register as soon as you can – don’t wait until you’re ill. In the event you need healthcare, you must be registered to be seen. student.sussex.ac.uk/new-students/when-you-arrive/register-for-healthcare

Keep in mind that once you register with our surgery, it changes your status with your GP back home. You might need to access medical services as a ‘temporary visitor’.
# Welcome to Sussex

## Term Dates

### Semester One

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Semester and teaching begin</td>
<td>Monday 27 September 2021</td>
</tr>
<tr>
<td>Teaching ends</td>
<td>Friday 10 December 2021</td>
</tr>
<tr>
<td>Autumn term ends</td>
<td>Friday 10 December 2021</td>
</tr>
<tr>
<td>Winter vacation</td>
<td>Saturday 11 December 2021 to Sunday 2 January 2022</td>
</tr>
<tr>
<td>Spring term begins</td>
<td>Monday 3 January 2022</td>
</tr>
<tr>
<td>Semester one assessment period</td>
<td>Monday 3 January 2022 to Saturday 15 January 2022</td>
</tr>
</tbody>
</table>

### Semester Two

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Semester and teaching begin</td>
<td>Monday 24 January 2022</td>
</tr>
<tr>
<td>Spring term ends</td>
<td>Friday 1 April 2022</td>
</tr>
<tr>
<td>Spring vacation</td>
<td>Saturday 2 April to Sunday 24 April 2022</td>
</tr>
<tr>
<td>Summer term begins</td>
<td>Monday 25 April 2022</td>
</tr>
<tr>
<td>Teaching ends</td>
<td>Friday 29 April 2022</td>
</tr>
<tr>
<td>Revision week</td>
<td>Monday 2 May to Friday 6 May 2022</td>
</tr>
<tr>
<td>Semester two assessment period</td>
<td>Monday 9 May to Saturday 28 May 2022</td>
</tr>
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**Welcome Weekend**  
Saturday 18 September to Sunday 19 September 2021

**Welcome Week**  
Monday 20 September to Friday 24 September 2021

**Teaching begins (week one)**  
Monday 27 September 2021
GETTING ONLINE

The campus Wi-Fi is called eduroam.

We recommend that you set up eduroam on your devices as soon as you arrive. You can download the correct eduroam installer for your device.

For instructions on how to set up eduroam, scan the QR code below.

YOUR SUSSEX USERNAME AND PASSWORD

When you register online, you are given a unique username and password. The username is made up of your initials followed by a number. You will need this to access your Sussex email, campus Wi-Fi and other IT services.

You will only be contacted on your Sussex email from this time onwards, so it’s a good idea to log in to your email straight away and check for messages.

LOGGING IN

Download the Microsoft Outlook app to your phone or tablet to get instant email notifications.

To find guidance for your phone, tablet or computer, visit sussex.ac.uk/connect
THE ‘ASK US’ TEAM

Starting university is a very exciting time. We’re here to help with everything you need to know during the Welcome Week and as you’re getting settled at Sussex.

If you have any questions, you can chat to us online via the Student Hub. Click on the orange Ask Us circle to connect with an advisor at student.sussex.ac.uk/new-students

You can also speak to our friendly Ask Us team. You can call us on 01273 075333 between 9am and 5pm (UK time) Monday to Friday.

WELCOME TENT

If you would like to speak to a member of staff face to face, you can visit the Welcome Tent in the Library Square.

There will be staff members from both the University and the Students’ Union. You can also buy tickets to attend fun events during the Welcome Week.
GET SETTLED

Get Settled is a comprehensive Welcome programme running from Monday 20 till Friday 24 September. The aim is to make your start to the academic year informative and enjoyable. This is the week to learn about your course, explore campus facilities, find out about our services and make new friends.

See what to expect, access your Welcome schedule and book yourself on to events.

PICK AND MIX

You are in control of your Welcome Week. That’s why we organised a selection of bite-size sessions alongside your academic induction. You can choose what to attend at a time that suits you. Pick from a variety of events from wellbeing and campus tours through to learning about the Connector Programme.

Not sure what to attend? Come along to a Student Panel to hear from fellow students about their experiences at Sussex, or book yourself on to the treasure hunt.

Pick and mix sessions are not in your Sussex Direct timetable. Head to the Welcome pages to book yourself on to events.

student.sussex.ac.uk/new-students/welcome/get-settled

ACADEMIC INDUCTION

This is an essential part of Welcome Week. The sessions are delivered by your School and you are expected to attend them. You will learn about your course structure, how this unfolds during the academic year and what you can expect from your studies.

You will also have the chance to meet your tutors and to build connections with your course mates.

Your academic induction is in your Sussex Direct timetable. Not sure how to find your schedule? Check out the Welcome pages. student.sussex.ac.uk/new-students/welcome

FRESHERS’ FAIR

Make time to have some fun too during Welcome Week. The Students’ Union has put on an exciting calendar of fun events both on and off campus, starting with the Freshers’ Fair on Monday afternoon. Want to do something chilled? Come along to arts and crafts sessions in the ACCA. Fancy something more exciting? Give roller skating a go!

Find out what’s on via the Students’ Union website sussexstudent.com/whats-on
GET STARTED

Your Get Started programme runs for four weeks from the start of term – 27 September until 22 October. By the end, you should be familiar with all your essential services, tools and ways to get things done at Sussex.

WHAT’S GET STARTED?

The programme is designed to support you through your first month of study and allow you to find out more about the various services and opportunities at Sussex.

HOW DOES IT WORK?

Every week there will be drop-ins and spotlight sessions where you can ask questions. If you’ve missed something, you’ll have the opportunity to re-watch sessions online.

WHAT’S ON?

The Spirit of Sussex Award (SoSA)
Want to learn about the award, how to sign up and earn points? There will be a mix of online, social media and in-person events throughout Get Started. You will even get the chance to meet our SoSA Champions, so don’t miss out!

Careers and entrepreneurship
Thinking about starting your own business, finding part-time work or becoming an ambassador? Look out for events run by our Careers and Employability Centre and learn how to get involved.

Academic skills
Missed a Library Tour? You can explore the Library at a time and pace that suits you best through our self-guided tour. You can also complete the Skills and Strengths Activity if you didn’t have the chance to do it before arriving.

Services and support
Want to know more about using the Library, accessing our support services, or setting up your IT? Head to your Get Started Canvas pages to re-watch videos and learn more.

Check out the Get Started pages on the Student Hub to learn more.
student.sussex.ac.uk/new-students/welcome/get-started
YOUR STUDENT EXPERIENCE

Your student experience doesn’t end when you leave the lecture theatre. There are many ways to enrich your time with us and be part of Sussex’s vibrant community.

THE SPIRIT OF SUSSEX AWARD

The Spirit of Sussex Award recognises your achievements by celebrating your engagement with extra-curricular and voluntary activities. Whenever you take part in activities, outside your degree, such as part-time work, co-creation and evaluation, society memberships, or regular sport, you can collect points towards either a Bronze, Silver or Gold Award. These will be awarded at your Graduation ceremony. You have the whole length of your degree to complete it and show your spirit in your own way.

Scan the QR code and sign up today.

THE CONNECTOR PROGRAMME

The Connector Programme sees students and staff working as equal partners, collaborating to improve the student experience at Sussex. Connectors develop careers support, embed technology in learning, design new course modules and much more.

As a Student Connector you develop professional and personal skills and become part of a community of students and staff who want to make positive change. Connectors are paid for their work, and the hours are flexible to fit around study.

Find out more by visiting student.sussex.ac.uk/experience/connectors and following us on Instagram: @connectorprogramme

YOUR COMMUNITY

Feeling part of the community, and finding people that you have common ground with, can really help you to settle in. It’s easy to find people from similar backgrounds at Sussex.

The Students’ Union has over 180 student-led societies. There is something for everyone. Find out how to get involved at sussexstudent.com
WELCOME TO SUSSEX

MONEY

Student Loans are activated once you have completed Online Registration and your Student ID card is mailed to you. You should receive funds in the account you have selected when you applied for your loan, on the first day of term or within three working days.

BANKING
If you are an international student, we strongly recommend that you open a UK bank account so you can manage your finances safely and effectively. Find out more about how to open a bank account on the Student Hub at student.sussex.ac.uk/new-students/when-you-arrive

There are two cash points on campus: one in Bramber House (opposite the Co-op), and one inside York House.

HARDSHIP FUNDING
Hardship funds are available to help students who fall into financial difficulty during their time at Sussex. Find out more about emergency funding at student.sussex.ac.uk/money

BUDGETING AND FINANCIAL RESPONSIBILITY
For some of you, coming to university is the first time that you will live independently. You will have financial responsibilities, which could feel a bit overwhelming. With this in mind, we have partnered with Blackbullion: an online learning platform that helps students manage their money.

Access it through: student.sussex.ac.uk/money/platform

- Develop financial confidence
- Gain confidence in decision-making
- Access help on all aspects of finance (loans and bursaries, budgeting, pension planning, investing and crypto-currency)
- Learn about scholarships and bursaries

*blackbullion
Your student house is your home away from home. Living with new people in a new place can take some adjusting to. Our Residential Life Connectors are here to support you to succeed at communal living. You can email your Residential Life Connector directly or see page 21 for details on how to contact the Residential Life Team.

**TOP TIP**

Unpack early! Make your room comfortable from the start, so you can focus on exploring our wonderful campus, making lifelong friends and enjoying Welcome Week events.

**MAKE IT YOUR OWN**

You can customise your space and make it a place of your own. You can shop for items at:

- The Students’ Union market on Tuesdays in Falmer Quad (term time only)
- The Students’ Union poster and plant sales
- The North Laine area in central Brighton (this area is full of independent shops).

You can find out more information by selecting ‘Get help and support’ at student.sussex.ac.uk/new-students
GETTING AROUND

Brighton has excellent public transport links. It is easy to get to and from campus.

**BUSES**

You can catch a direct bus from Brighton to the heart of campus. It takes around 20–30 minutes, depending on the traffic. Be aware that buses get busy at peak times.

If you're heading for town, you could get off the bus at St Peter’s Church for the North Laine area, or stay on for the shops at North Street/Churchill Square. Google Maps can help you plan your return journey, or simply look out for buses that stop at the University of Sussex or Falmer Station.

You can get a night bus (N25) back to campus from Old Steine (central Brighton) if you are going out. Keep in mind that services are limited to two per hour after midnight.

The easiest way to buy a bus ticket is through the Brighton & Hove Buses app. Download and go! Alternatively, you can purchase weekly tickets from the Students’ Union shop, or pay-as-you-go via contactless on board the bus.

**CYCLING**

At Sussex, we care about making it easy for students to travel to campus sustainably. There are cycle lanes across Brighton, including along Lewes Road (the main route to campus from the city), the seafront, Grand Avenue and The Drive.

We are part of the Brighton BTN Bike Share. You can hire bikes from hubs and bike docking stations at 50 locations across the city. You can pick up a bike from outside the Sports Centre or York House.

Sussex students get 10% off annual membership.
TRAINS

Falmer Station is only a two-minute walk from the campus. You can catch a direct train to Brighton (a 10-minute journey) or Lewes (a 7-minute journey).

If you want to travel to Brighton, cross the bridge onto platform 2. If you’re going to Lewes, catch the train from platform 1. Visit nationalrail.co.uk for timetables and routes.

Don’t walk home alone very late at night. Always get a registered taxi, go with friends or use reliable public transport.

TOP TIP

Trains can get full during peak times, making social distancing difficult.

TAXIS

Taking a taxi is an alternative to buses and trains. You can expect to pay a fixed fare of £14 for a single journey from the city centre to campus.

The Students’ Union runs a Student Taxis scheme. If you find yourself in town without enough money to get back to campus or to your accommodation, you can call 01273 204060 and quote the Sussex Student Take Care Scheme. You pay the Students’ Union back for the fare the next day.
EATING AND FOOD SHOPPING

ON CAMPUS

There are plenty of great places to eat on campus.

- **The Students’ Union Shop (in Falmer House)**: there’s a good variety of sandwiches and snacks.
- **Cafés**: grab a coffee and a quick bite to eat.
- **Street food vans**: great for trying something new. These are stationed in Library Square and opposite Bramber House.
- **Eat Central (in Bramber House)**: just turn up, or download the Time2Eat app to order a click-and-collect meal.
- **Students’ Union Food Market**: offers a selection of tasty street foods to suit all tastes. It takes place every Tuesday during term time.

FOOD SHOPPING

**On campus**

You can buy your essentials from the Co-op supermarket in Bramber House.

Visit the Students’ Union Food Market to stock up on fresh fruit and veg.

You can also do your food shopping online and have it delivered to your accommodation. Supermarkets like Sainsbury’s, Asda and Tesco are a good option, or you can order last-minute groceries from Deliveroo or Just Eat.

**Off campus**

You can catch a direct bus from campus to your local supermarkets. Get off on Lewes Road to find Aldi and Sainsbury’s.

There are more shopping options in central Brighton, including the Open Market.

Catch bus numbers 23, 25, 25x, 28, 29 or 5B to go to the supermarkets.
HEALTH AND WELLBEING

Starting university is exciting, but it also brings new challenges. It is normal to need extra support. You can take control of your experience by accessing the University’s support services.

SEXUAL HEALTH

The University provides you with free condoms and self-testing kits when you sign up for the X-Card. You can also get advice on contraception at the Health Centre once you are registered.

Select ‘When you arrive’ at student.sussex.ac.uk/new-students to find out more.

STUDENT LIFE CENTRE

The Student Life Centre can help you with various issues such as:

• Settling in
• Money problems
• Change of degree
• Personal concerns

The virtual enquiry desk is open 9am–5pm, Monday to Friday. You can also email studentlifecentre@sussex.ac.uk or call 01273 876767 between 10am and 3pm.

ALCOHOL AND DRUGS

If you have concerns about alcohol, drugs, or smoking, or are worried about friends, you can find help and advice in the ‘Settling in’ pages at student.sussex.ac.uk/new-students or speak to the Student Life Centre.

BULLYING AND HARASSMENT

We are committed to providing a safe, inclusive and respectful environment for everyone. Support is at hand if you should experience any form of abuse or harassment. You can report an incident and access specialist advice using the ‘Report and support’ tool at reportandsupport.sussex.ac.uk

CORONAVIRUS

We want everyone to feel safe on campus. You will find all the advice and guidance you need about Covid-19 tests, vaccinations and what to do if you need to self-isolate at student.sussex.ac.uk/coronavirus

We strongly encourage you to get both your vaccinations as soon as you can. Many local venues in Brighton are offering a walk-in service. Find out more at www.sussexhealthandcare.uk/keepssussexsafe/sussex-covid-19-vaccination-programme
RESIDENTIAL LIFE (RESLIFE)

The ResLife team can offer you support and advice in University-managed accommodation between 9am and 5pm, Monday to Friday. You can contact the ResLife team via residentiallife@sussex.ac.uk.

You can visit the 24-hour Security office at York House to speak to the security team or you can call 01273 873333 in an emergency.

UNIVERSITY COUNSELLING SERVICES

Our University Counselling Service offers brief therapy to students who are experiencing mental or emotional distress. Go to sussex.ac.uk/counselling to find out more about what we offer.

If you have a mental health condition or issues with your mental health, you should see your GP (doctor) in the first instance. You can register with the campus Health Centre at unimed.co.uk

TOP TIP

Worried about social distancing? No need to worry. Pick up a traffic light wristband and let others know how you feel.

DISABILITY SUPPORT

Our Student Support Unit is a team of specialist Disability Advisors and administrators. They provide confidential information and advice to all students on:

- Disability-related study support (reasonable adjustments)
- Accessing disability-related funding

You can contact them on 01273 877466 or disabilitysupport@sussex.ac.uk

COURSE-RELATED QUESTIONS

If you have questions about your course, teaching or assessments, speak to your School of study. Find the contact for your School on the Student Hub student.sussex.ac.uk/new-students/help-and-support/schools
SUSSEXSPORT

Getting involved in sport is a great way to make new friends and to look after your health. Sussexsport – our sports service – works with the Students’ Union to provide a packed programme of sport, fitness, and wellbeing activities.

You can become a member of Sussexsport or use the facilities on a pay-and-play basis. Besides offering online classes we have two on-campus sports areas:

- **The Sports Centre**: indoor sports, pay-and-play classes, and the gym
- **Falmer Sports Complex**: main fitness rooms and sports pitches.

**MEMBERSHIPS**

- **GOLD**: All-inclusive, any-time use
- **SILVER**: All-inclusive, off-peak use only
- **BRONZE**: Reduced price, pay and play

You can find more information, including a full list of classes, facilities, and membership prices, at [sussex.ac.uk/sport](http://sussex.ac.uk/sport)
WELCOME TO SUSSEX

THE STUDENTS’ UNION

The University of Sussex Students’ Union is a massive part of life on campus and in Brighton. Once you’ve completed your Online Registration, you’re automatically a member, so you can get out there and get involved.

You can take part in events, sports clubs, and societies, or why not campaign for change and get your voice heard. Connect with the Students’ Union on social media to stay in the loop, or visit the Students’ Union website at sussexstudent.com

THE BUDDY SCHEME

The Students’ Union also runs the Buddy Scheme, which can help you settle in by matching you with a student already studying at the University. Your buddy can support you through the first few weeks, introducing you to life at uni in Brighton and beyond.

Find out more information and how to sign up for the scheme at buddyscheme.com
Choose from hundreds of clubs and societies at Freshers’ Fair 2021
12pm–5pm on Monday 20 September, Falmer House Quad and Library Square

sussexstudent.com/freshers
THINGS TO DO

The first days of your new adventures can be busy. Make sure you look after your wellbeing and take some time to relax. **If you need a space to unwind, visit our Chill-out Zone in the Jubilee Building (rooms G35 and G36).** It is open throughout the Welcome Week.

There are plenty of cheap things to do around campus and Brighton. Check out what you can do in your free time while exploring our lovely city.

**ON CAMPUS**

- **South Downs National Park** – go out for a walk (or a jog) and enjoy the tranquillity of the English countryside.
- **Stanmer Park** – enjoy a peaceful walk in the woods.
- **Stanmer Village** – visit the local café for a cup of tea and a snack.
- **Northfield and Falmer Bars** – have a drink, eat, or socialise at one of the Students’ Union bars.
- **Hire a bike** – cycle along Brighton seafront and explore the surrounding areas on two wheels.

**IN BRIGHTON AND HOVE**

- **North Laine area** – wander the quirky streets and explore local shops while taking in Brighton’s unique atmosphere.
- **Brighton cafés and restaurants** – plenty to choose from to suit all tastes.
- **Royal Pavilion Gardens** – chill out in the gardens of Brighton’s iconic palace.
- **Brighton seafront** – take a selfie in front of the iconic Brighton Palace Pier. Grab some fish and chips but be aware of the seagulls – they love to steal a chip or two!
#heysussex

FOLLOW US ON SOCIAL MEDIA

Keep up to date with our latest news, events, and information. Use the hashtag to show the world how you’re settling in to Sussex and to ask us any questions.