Before you go -

The Foreign and Commonwealth Office provides travel advice by country. It covers safety and security, local laws and customs, entry requirements, health and natural disasters along with a host of other useful information. We strongly recommend that students read the section related to their destination prior to departure and before undertaking any trip to another part of the county/region.


VISA REGULATIONS
British passport holders don’t need a visa to visit for up to 90 days. For information on how to extend your stay or take up residency in Uruguay visit Dirección Nacional de Migración (in Spanish). If you have another nationality please contact the nearest Uruguayan Embassy for entry requirements. Your passport should be valid for at least the proposed duration of your stay. No additional period of validity beyond this is required.

PASSPORT VALIDITY
Your passport should be valid for at least the proposed duration of your stay. No additional period of validity beyond this is required.

HEALTH
Medical and dental treatment is expensive in Uruguay. Make sure you have adequate travel health insurance and accessible funds to cover the cost of any medical treatment abroad and repatriation.
TERRORISM

Although there’s no recent history of terrorism in Uruguay, attacks can’t be ruled out.

There’s a heightened threat of terrorist attack globally against UK interests and British nationals, from groups or individuals motivated by the conflict in Iraq and Syria. You should be vigilant at this time.

Find out more about the global threat from terrorism, how to minimise your risk and what to do in the event of a terrorist attack.

<table>
<thead>
<tr>
<th>Type</th>
<th>Nature of the Hazard</th>
<th>Procedures to Minimise Risk</th>
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<tbody>
<tr>
<td>CRIME</td>
<td>Street crime like bag snatching and pick-pocketing occurs in Montevideo. Muggings and robberies (sometimes armed) also take place.</td>
<td>Keep valuables, spare cash and spare credit cards in a safe. Take care when withdrawing money from ATMs and where possible use machines that are not on the street (eg, shopping centres or banks). Avoid carrying large amounts of cash or wearing expensive jewellery. Consider carrying cash and bankcards in separate pockets and only take with you the money you need at the time.</td>
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<td>While crime rates are generally lower in other parts of Uruguay, you should remain alert and take sensible precautions.</td>
<td>Try to keep away from isolated or poorly lit areas at night and avoid walking downtown or in the port area alone.</td>
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<td>NATURAL DISASTERS</td>
<td>Forest fires can break out during the summer months (December to March) in dry areas.</td>
<td>Make sure you extinguish cigarettes and fires appropriately.</td>
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<td>There are occasional large storms that can last 2-3 days and cause severe damage.</td>
<td>Severe weather warnings are issued by the Uruguayan Institute of Meteorology. Their Twitter channel (in Spanish) is @MeteorologiaUy.</td>
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**Please also note and be sensitive to the following:**

- Some beaches in Uruguay have lifeguards during the summer season. Take care when swimming in the rivers and the Atlantic Ocean taking into account currents, rocks and sand banks that have sudden descents. Beaches with lifeguards display red, amber and green flags depending on the conditions.
- Carry a copy of your passport for identification purposes and keep the original in a safe place.
- Strict customs controls prohibit visitors from importing animal and dairy products, fruit and vegetables. All baggage is x-rayed on arrival and may be searched.