UK government red list countries – June 30 2021

Afghanistan  Mongolia
Angola     Mozambique
Argentina  Namibia
Bahrain    Nepal
Bangladesh Oman
Bolivia    Pakistan
Botswana   Panama
Brazil     Paraguay
Burundi    Peru
Cape Verde Philippines
Chile      Qatar
Colombia   Rwanda
Congo (Democratic Republic) Seychelles
Costa Rica Somalia
Dominican Republic South Africa
Ecuador    Sri Lanka
Egypt      Sudan
Eritrea    Suriname
Eswatini   Tanzania
Ethiopia   Trinidad and Tobago
French Guiana Tunisia
Guyana     Turkey
Haiti      Uganda
India      United Arab Emirates (UAE)
Kenya      Uruguay
Lesotho    Venezuela
Malawi     Zambia
Maldives   Zimbabwe

These are the countries on the UK government red list as of June 30 2021, 6.15pm GMT.
The data was captured from this website address: https://www.gov.uk/guidance/red-amber-and-green-list-rules-for-entering-england.