

This email is being sent to all staff



## **This is Sussex**

**Our news, our stories, our people**

**Friday 9 December 2022**



Our community

[Sussex appoints new Deputy Vice-Chancellor and Provost](#)



## Council

[People and our campus remain our focus](#)



## Inclusive Sussex

[David Ruebain: Inclusive Sussex update](#)



Investing in a Better Sussex  
[Funding for world-class bioscience laboratories confirmed](#)



Student update  
[Your student update: support through the winter vacation](#)

## Cost of living

The University is taking a [series of steps](#) to support staff who may be experiencing money issues, including:

Reward Gateway staff  
discounts

£2 meals on campus

Staff travel loan

Cycle to Work scheme



All University staff who use display screen equipment are entitled to a [free eye test twice a year and £45 towards a pair of glasses](#) which are required solely for screen work.



A full service wash (a very large load washed and dried) in the [Swanborough laundrette](#) costs £10. The launderette will be open through the holiday period, with limited services on certain dates.

**Your wellbeing**



[Read our guidance](#) about helping prevent the spread of winter infections such as colds, flu and Covid-19. Advice on staff wellbeing and health is also available online on the [Staff Wellbeing Hub](#).



Sussex staff will be getting an [additional minimum service day](#) on Thursday 22 December in recognition of their hard work in helping the University to recover from the disruptions of Covid-19.



A festive e-card sharing a message from the Vice-Chancellor has been created for staff to use. You can [download](#) the e-card before personalising it and forwarding on to your contacts.

## Rail strikes



Rail strikes are scheduled for the following dates: 13-14 December; 16-17 December; 24 (18:00 onwards)-27 December; 3-4 January; 6-7 January. Disruption is also likely on non-strike days during this period.

## Your email



Older versions of Outlook are being phased out. To continue to receiving your University emails, please [check what version you have and find out how to update it](#) before Monday 12 December.

## Don't miss out



[Book now](#) for our online Research with Impact forum next Wednesday (14 December) to learn more about our Research and Enterprise Services team and the new Research Management System (RMS).

## Sustainable Sussex



[Book now](#) to join the VC and academic and student speakers in the Student Centre on Thursday 12 January, to discuss actions we can take to reduce demand for meat on campus in a way that supports equality, diversity and inclusion.

## Have your say



Our catering survey closes at midnight tonight (9 December). Find out how you can have your say and read about the latest updates on the catering consultation in [our newsletter](#).

## Your development



In this week's [Organisational Development update](#) for staff: online Menopause Awareness for Managers on Thursday 9 February from 12:00 until 13:30

## Must-read research and other campus news

Student experience

[Student Information System \(SIS\) update](#)

Student experience

["The Connector community means a lot... it makes me feel like I belong to Sussex." - Imani Patel, Student Connector](#)

Media, Arts and Humanities

[Insights given on how to run a festival by Brighton Festival leaders](#)

Sussex Sustainability Research Programme

[Call for Proposals. Sussex Sustainability Research Programme Fund.](#)

['Advancing sustainability research with impact'](#)

Sussex Sustainability Research Programme

[SSRP Week exhibition highlights importance of arts and media for sustainability](#)

Investing in a Better Sussex

[December highlights](#)

Education and Social Work

[Sussex Social Work Professor named one of most globally impactful](#)

Transport

[Campus works impacting roads, access and transport - including rail strikes](#)

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[Other recent staff news](#)

## Snapshot



Click image to view footage of a humpback whale sighted off Brighton Marina on 5 December.



Photo: Gary Rice / [Sussex Dolphin Project](#)

## About *This is Sussex*

The weekly *This is Sussex* is produced by the Internal Communications team and is intended for all current staff and postgraduate researchers at the University of Sussex.

For advice on ways to tell people about your news or story ideas, please email [internalcomms@sussex.ac.uk](mailto:internalcomms@sussex.ac.uk).



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**Sent by**

Internal Communications, University of Sussex