

This email is being sent to all staff



## This is Sussex

Our news, our stories, our people

Friday 25 November 2022

Creating a **better**  
**campus**

Creating a better campus

[Take our catering survey](#)

Make your  
mark for a  
better Sussex

[www.sussex.ac.uk/staff/survey](http://www.sussex.ac.uk/staff/survey)

Our community

[Staff survey results - headlines and next steps](#)



Research with Impact

[Shooting for the moon: Sussex graduate announced as new European Space Agency astronaut](#)

Cost of living

[Financial Detox webinar offers advice and support](#)



Our community

[Information for staff taking industrial action](#)



Student update

[Thank you for your feedback](#)

## Cost of living



Please remember to check out the staff discounts available to you on our [Reward Gateway page](#). These are available across a range of brands, as well as utilities and groceries.

If you're working on campus then it's also worth bearing in mind that two main meals a day will be reduced to the [price of just £2](#) in Eat Central. These are

available for all Sussex University students and staff from 12pm - 6pm. Just show your ID at the till to claim the reduced price.

## Your wellbeing



Psychology student, Kerry Moor, [writes about her work](#) with the Kindness Corner: an interactive space for people to share their thoughts on kindness, learn about it and carry out kind acts in the moment.



A reminder that our pharmacy is offering [flu jabs](#) to staff on a walk-in basis. You may be eligible for a free shot. If not, you're welcome to reclaim the cost from the University through expenses.

## Sustainable Sussex



Our [Seize the Switch](#) campaign helps all of us to make real change - both for the planet and for your energy bills. Join our [energy saving discussion](#) by making a pledge to reduce energy use and sharing your tips and suggestions.

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Please help the University to develop a sustainable business travel policy to reduce the environmental impact of our business travel by taking this five minute [survey](#).

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[Have your say](#) as part of our [biodiversity consultation](#) about whether we devote 40, 45 or 50% of the University campus to nature. Take a look at maps setting out the different options.

**Don't miss out**



Through the [Curriculum Reimagined](#) programme, we can create a curriculum that builds on our strengths and ensures we meet our community's future needs. Please [complete the survey](#) by midnight on Sunday 27 November.

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ACCA contemporary music: staff concessions are available for [Ryoichi Kurokawa subassemblies](#) and [Myriam Bleau Unsculpt - Double Bill](#) on Saturday 26 November from 20:00.

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David Ruebain's inaugural Professorial Lecture, earlier this month, looked at the history of equality law in Britain and how human connection can play a key role in achieving inclusion. [View the event replay and photos.](#)



## Tis the season



On Friday 2 December from 12:00 to 15:00, Eat Central will be serving up roast dinner with all the trimmings - with a Christmas cracker thrown in for good measure. So, get your colleagues in the festive spirit and head on over to Bramber House.

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Join us in the Meeting House Chapel on Monday 5 December from 17:30, for a traditional [Christmas carol service](#) and festive refreshments. A collection will be held for the Meeting House Pantry, supporting students in hardship.

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[Come and join us](#) for a Christmas lunch especially for Sussex University staff. Festive meals are taking place on Thursday 1 or Friday 9 December on level 3 of Bramber

House. Groups of up to 20 people can be accommodated.

## Your development



In this week's [Organisational Development update](#) for staff: our next mentoring Community of Practice session on 7 December; the next Menopause Café on 8 December; and our new Menopause Awareness survey.

## Must-read research and other campus news

Research with Impact

[Dissection documentary provides invaluable cancer education](#)

Student experience

[Students share their experience at Sussex with the Vice-Chancellor](#)

Student experience

[Belong at Sussex Launches in Student Experience](#)

Law, Politics and Sociology

[Photographer sought for Brighton and Hove project](#)

Medical school

[Most people with Long Covid face stigma and discrimination](#)

Sussexsport

[#FridaySpotlight](#)

Transport

[Campus works impacting roads, access and transport](#)

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[Other recent staff news](#)

## Coming up

[DARE to Transform Community of Practice](#)

28 November 2022 12:30 until 14:30

[Looking after yourself: Your own mental health and wellbeing \(online workshop\)](#)

29 November 2022 10:00 until 11:30

[Books & Looks: Clothing & Book Swap](#)

29 November 2022 11:00 until 15:00

[45 Minutes of Music, organ recital](#)

30 November 2022 12:00 until 12:45

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## Snapshot



Wakehurst's autumn colours

## About *This is Sussex*

The weekly *This is Sussex* is produced by the Internal Communications team and is intended for all current staff and postgraduate researchers at the University of Sussex.

For advice on ways to tell people about your news or story ideas, please email [internalcomms@sussex.ac.uk](mailto:internalcomms@sussex.ac.uk).



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**Sent by**

Internal Communications, University of Sussex