

Self-Isolation Student Meal Plans 2020

Version: September/October 2020

SussexFood is your on-campus catering service, that offers a wide range of catering, while studying at Sussex University.

During your period of self-isolation, we are enabling you to buy a meal plan to help you through, giving you peace of mind that your meals throughout the day are all covered.

Our plans enable you to buy packages that suit you, pick the style of plan you would like and the timeframe you need, for example one day, one week or two weeks. The meal plan includes three meals a day, breakfast, lunch and dinner. The plans offer a wide range of dishes and all of your meals will be delivered each day to your accommodation at set times, meaning you don't need to worry about arranging supermarket deliveries. Our Flexible meal plan offers even more convenience, as the plan includes a selection of great ready prepared meals to cook when you're ready.



Choose your meal plan that suits you...

Value Meal Plans		The plan includes:	Flexible Meal Plans		The plan Includes:
One Day plan	£15.00 Per person	<p>Breakfast Wrapped croissant, Box of cereal (24g) & Milk, Fruit Tropicana Drink</p> <p>Lunch Fresh Homemade Baguette, Crisps, Chocolate Bottled Water</p> <p>Dinner Chefs choice Hot Meal and Side, Dessert Pot Bottled Drink</p>	One Day plan	£30.00 per person	<p>Breakfast Freshly Baked Danish, 1ltr Milk Moma Porridge Pot, Jam, Fruit Tropicana Drink</p> <p>Lunch & Dinner Ready prepared meals to cook at your convenience. Our range of Esteem meals are inspired from cuisine form across the globe.</p> <p>Your pre-prepared Lunch and Dinner is ideal to eat when you want.</p> <p>Lunch will also be served with a Healthy Fruit bar and Bottle of Water Dinner will be served with a Dessert, 500ml Bottle of Soft Drink</p> <p>Plus, an Evening sweet Treat</p>
7-Day meal plan	£105.00 per person		7-Day meal plan	£210.00 per person	
14-Day meal plan	£210.00 per person		14-Day meal plan	£420.00 per person	

***All meal that are delivered should be refrigerated until use.**

One Day plan - (Breakfast, Lunch and Hot Dinner (3 Meals)

7-day meal plan (21 meals, breakfast, lunch and dinner), 14-day meal plan (42 meals, breakfast, lunch and dinner)



How will the system work?

- 1, 7 or 14 day meal plans can be requested by emailing: Cateringservices@compass-group.co.uk or by calling our dedicated catering line **07825 721670**
- Once contacted we will request you complete our request form and return to us along with your Credit Card details and residence address during your self-isolation period.
- Once we have received your completed form your plan will start on the day you have requested starting with the first meal service “breakfast” if you haven’t arrived on campus yet please indicate on the form the date you want you plan to start.
- The meal plan only covers the three meal services a day and food and beverage will be supplied by SussexFood.
- Some meals may be required to be cooked and cooking instructions will be provided – usually the only requirement would be a Microwave to cook.
- All meals when delivered should be refrigerated until use.
- Meals will be delivered twice a day by a SussexFood member of staff, Breakfast up until 9.30am and Lunch between 12.00 – 13.00. Staff members will be wearing the necessary personal protective equipment including a face mask, members of the team are unable to enter accommodation buildings, so you will need to collect from your delivery from the front entrance to your accommodation building.

Self-Isolation Meal Plans 2020 – frequently asked questions

Why do I need a meal plan?

Due to the UK Government self-isolation rules some overseas visitors and other students who may be displaying symptom of COVID 19 will need to self-isolate for a period. The self-isolation rules require you to remain in your accommodation and not leave unless it is absolutely essential – our meal plans take the worry out of buying food, as your meals will be delivered to your accommodation and offers piece of mind all your meals for the day are sorted!

How do I pay for this service?

We realise you may not have everything if a self-isolation period is requested, so we have arranged for the meal plans to be charged to your Students account if you have not sorted your bank account details as yet, however we will request Credit Card details from those students who have bank accounts in place.

Can arrange for a friend to use my plan?

Your meal plan will be delivered to you and will be only available to you.

What happens if I come out of self-isolation and my meal plan still active, will the meals be delivered to my new accommodation I have been allocated?

Yes, we will ensure you are provided for the length of your meal plan agreement, you will need to contact us if you move to your new permanent residence as soon as possible for us to amend your delivery.

Self-Isolation Meal Plans 2020 – frequently asked questions

I am vegetarian do you cater for special diets.

Yes, when you complete your request form you will be asked for any special dietary requirements you may have.

What happens if I decide I don't want to continue?

Unfortunately, we are unable to cancel a plan once it is set up, so please be sure this is going to be the best option for you before signing up to the meal plan.

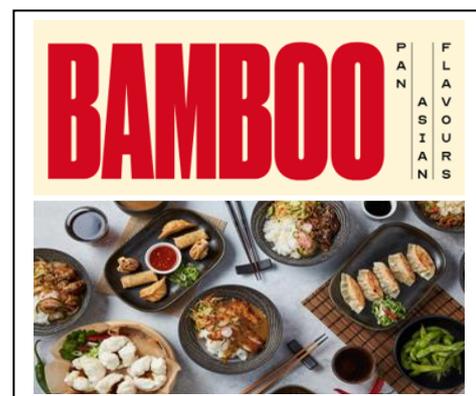
SussexFood there for you, after self-isolation!

Once your isolation is over SussexFood is ready awaiting across Campus offering you a wide range of different tastes across campus. Introducing our new Hollo Pollo range of spicy Peruvian chicken dishes, and Bamboo, pan Asian inspired food. All available in our main campus restaurant EAT Central located at the heart of the Campus.



SussexFood have introduced new 'click and collect' services with our brand-new Time2Eat App, whatever you fancy it's just a click away. Just download the Time2Eat app to get started.

We are ready and waiting offering you the very best catering served in a safe and convenient way to suit our students living campus.



Follow us on the socials to keep up to date with all our offers and promotions.



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