Self-isolation student Meal Plans 2020

SussexFood is your on-campus catering service, which offers a wide range of food options while you’re studying at the University of Sussex. During your period of self-isolation, you can buy a meal plan so all your meals during the day are covered, giving you peace of mind.

Our plan enables you to buy packages which cover one or two weeks of the self-isolation period. The meal plan includes three meals a day, breakfast, lunch and dinner. All your meals will be delivered each day to your accommodation at set times, meaning you don’t need to worry about arranging supermarket deliveries.

Example menu

Breakfast – Pastries & jam, fruit pot, and porridge or cereal pot, fruit juice.
Lunch – Hot meal from our Eat Central Restaurant, different dish each day with a snack and drink.
Dinner – We will deliver a ready meal for you to prepare when ready to eat in the evening, along with a sweet treat and drink.
Note: Your evening meal is delivered with lunch and should be refrigerated until use.

Meal Plans cost

7-day meal plan – £210 per person (21 meals, breakfast, lunch and dinner)
14-day meal plan – £420 per person (42 meals, breakfast, lunch and dinner)
Welcome box – £25 per box (Box contains essentials to get you through your first 48hrs on Campus)

How the system works

7 or 14 day meal plans and our welcome box can be requested by emailing Cateringservices@compass-group.co.uk or calling our dedicated catering line 07825 721670

Once contacted we will request you complete our request form and return to us along with your student registration number and residence address during your self-isolation period.

Once we have received your completed form your plan will start the following day starting with the first meal service “breakfast”.

The meal plan only covers the three meal services a day and food and beverage will be supplied by SussexFood and cannot be used for other services for example Student Union or the Co-op Supermarket.

Meals will be delivered twice a day by a SussexFood member of staff, they will be wearing the necessary personal protective equipment including a face mask, members of the team are unable to enter accommodation buildings so you will need to collect from your delivery person at the front entrance to your accommodation building.
Frequently asked questions

Why are you offering a meal plan?
The UK government's self-isolation rules require you to remain in your accommodation and not leave unless absolutely essential. Our meal plans take the worry out of buying food, as your meals will be delivered to your accommodation and offers peace of mind.

How do I pay for this service?
When arriving we realise you may not have everything set up straight away, so we have arranged for the meal plans to be charged to your Students account, meaning you can pay the University once you have sorted out your finances.

Can arrange for a friend to use my plan?
Your meal plan will be delivered to you and will be only available to you.

What happens if I come out of self-isolation when my meal plan is still active? Will the meals be delivered to the new accommodation I have been allocated?
Yes. We will ensure you are provided meals for the length of your meal plan agreement. You will need to contact us if you move to your new permanent residence as soon as possible for us to amend your delivery.

I am vegetarian. Do you cater for special diets?
Yes. When you complete you request form you will be asked for any special dietary requirements you may have.

What happens if I decide I don’t want to continue?
Unfortunately, we are unable to cancel a plan once it is set up, so please be sure this is going to be the best option for you before signing up to the meal plan.

SussexFood there for you, after self-isolation
Once your isolation is over SussexFood awaits you across Campus, offering you a wide range of different tastes. Introducing our new Hollo Pollo range of spicy Peruvian chicken dishes, and Bamboo, pan Asian inspired food. All available in our main campus restaurant EAT Central located at the heart of the Campus.
SussexFood have introduced new ‘click and collect’ services with our brand-new Time2Eat App, whatever you fancy it's just a click way away. Just download the Time2Eat app to get started. We are ready and waiting, offering you the very best catering served in a safe and convenient way to suit our students living on, or just visiting campus.
Follow us to keep up to date with offers and promotions:
  - Twitter @sussexfood
  - Facebook Sussexfood
  - Instagram sussexfoodie.