



You do not need to study from 8am-10pm; decide which hours of the day you can concentrate best

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							

Don't be over ambitious – break work down into small chunks. Assess how familiar you are with each topic and focus on your weak areas. Take breaks, do short (45 minute) sessions often and include fun stuff / rewards – that way you are more likely to stick to your timetable.

Template 2

Hr	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 AM	Subject 1	Subject 3	Subject 5	Subject 3	Subject 5	Subject 2	Subject 4
	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
10:00 AM	Subject 1	Subject 4	Subject 1	Subject 3	Subject 1	Subject 3	Subject 5
	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
11:00 AM	Subject 2	Subject 4	Subject 1	Subject 4	Subject 1	Subject 3	Subject 5
	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
1:00 PM	Subject 2	Subject 4	Subject 2	Subject 4	Subject 1	FREE	FREE
	BREAK	BREAK	BREAK	BREAK	BREAK		
2:00 PM	Subject 2	Subject 5	Subject 2	Subject 4	Subject 2	FREE	FREE
	BREAK	BREAK	BREAK	BREAK	BREAK		
3:00 PM	Subject 3	Subject 5	Subject 2	Subject 5	Subject 3	FREE	FREE
4:00 PM	Review	Review	Review	Review	FREE	FREE	FREE

Use different colours for different topics . Remember to keep reviewing what you have revised and testing yourself at the end of the day, the next day and the end of the week - this will help you to recall the information in the exam.