



# PREFER

**Are you aged 16 years or over?**

**Have you heard voices for at least 6 months?**

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## **CONTACT:**

For more information and to discuss taking part, talk to:

- Your Lead Clinician / Care Co-ordinator
- Your local research team

E: [askaboutresearch@sussexpartnership.nhs.uk](mailto:askaboutresearch@sussexpartnership.nhs.uk)

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- PREFER is a large national survey with patients who hear voices
- We are asking patients to tell us about their therapy preferences like:
  - when and where should therapy take place?
  - what should therapy involve and what it should aim to improve?

If you are at least 16 and have heard voices for at least 6 months, we would like to invite you to take part by completing the questionnaire, which:

- is done with a researcher
- online, on a phone, or on paper
- and should take about 45minutes

The findings will be used to inform researchers and clinicians to help them develop and offer the types of therapies that patients really want.