

Sussex Psychosis Research Interest Group Next Seminar

zoom

Join us via Zoom: find the meeting link on our [website](#)

zoom

<https://www.sussex.ac.uk/spriglab/>

Wednesday 30th September 4.00pm-5.00pm

Speaker: Dr. Joanne Hodgekins, Clinical Associate Professor, Norwich Medical School, University of East Anglia

“Improving Social Recovery in Psychosis (ISRIP): a definitive randomised controlled trial and process evaluation of Social Recovery Therapy compared to treatment as usual for people with psychosis and severe social disability”

The Improving Social Recovery in Psychosis (ISRIP) trial is a large multisite study (including Sussex) funded by a National Institute of Health and Care Research (NIHR) Health Technology Assessment grant. The study addresses severe social disability in people with schizophrenia spectrum disorders. Schizophrenia spectrum disorders are the mental health problems most frequently associated with poor social outcomes and the personal and economic costs are large, particularly for those from minoritised groups. Current psychosocial interventions have limited impact, particularly for those most affected.

The ISRIP study will test whether a psychological intervention called Social Recovery Therapy (SRT), delivered alongside usual care, improves time spent in structured activity compared to usual care alone. Secondary outcomes include symptoms, mood, hopefulness, and quality of life. We will also explore the cost-effectiveness of the intervention and conduct a long-term follow-up to see whether any benefits are maintained. The trial also includes a mixed-methods process evaluation to understand implementation, cultural adaptations, and experiences of underserved groups.

We will recruit 350 adults with non-affective psychosis who have significant social disability. SRT will be delivered by trained psychological practitioners in community mental health services, trained and supported by expert supervisors. Participants will be assessed at baseline, 9 and 15-months, with a longer-term follow-up at 24 months. This research will provide high-quality evidence on SRT’s effectiveness and inform NHS implementation.



Ask Ellie if you would like to be added to the SPRiG email list e.robson@sussex.ac.uk