Evidence

Your evidence must be written by a qualified medical professional such as your GP or your psychiatrist. We also will accept evidence from a Community Psychiatric Nurse (CPN) or Care Coordinator. Your evidence needs to be recent.

Staff working at the Health Centre located on campus are familiar with the process and know what type of evidence is required to register with the Student Support Unit. If you are registered with the Health Centre located on campus, you can therefore simply ask for an evidence letter to register with SSU.

If you are not registered with the Health Centre located on campus or prefer to ask your mental health team, it may be easier to ask them to fill in an evidence form.

Please, make sure your evidence includes the following information:
- your diagnosis
- how your mental health condition is affecting your ability to carry out day-to-day activities, including your studies
- how long you have been experiencing these difficulties or how long are likely to experience these difficulties

We will use this evidence to establish whether your condition is considered a disability within the definition of the Equality Act and what kinds of reasonable adjustments may help reduce the possible impact on your studies.

It is helpful if the letter makes specific recommendations regarding the support you might require while studying with us but this is not essential.

You can email, post or simply bring your evidence form or evidence letter to your first appointment.