Going out

Explore the UK, visit a city, see a West End play
Dear Student,

We are very much looking forward to welcoming you to Brighton. Our social programme has been carefully designed to make sure you can explore Britain, learn about our history and culture, meet and mingle with other students and above all have lots of fun!

While taking part in our social programme you will always be accompanied by trained and responsible staff who will ensure that you are informed, safe and well looked after. We do not try to make money out of our trips and activities; in fact we subsidise them quite heavily as well as offering lots of free activities over the summer, but we have no control over the cost of coaches, drivers, fuel, tour guides, admission tickets and any necessary equipment hire. Within these parameters we have sought to price our trips and activities within reach of most budgets. You will see that we have also banded them according to price so hopefully there is something for everyone.

The ISS social programme consists of trips, activities and on campus events. Whilst you will learn about most of our trips and some evening activities from this guide, we would like to encourage you to visit our website regularly (www.sussex.ac.uk/iss/trips) to check for updates and a detailed list of all other activities and on-campus events. Have a look through what’s on offer in this guide, and start planning your trips today!

See you in the summer,

The ISS Social Programme Team

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How to book your trip

About this guide
This guide will give you an idea of the trips we have prepared for you. We are offering many whole-day excursions that will take you to world renowned English cities and attractions. We will also take you to the beautiful English countryside and help you get active with hiking, cycling and exploring. You can start booking the trips advertised in this guide online from 1 May. You will still be able to buy tickets for trips online after you arrive, however be warned, the trips are popular, and might be sold out by the time you arrive in Brighton. So to avoid disappointment we encourage you to book and pay for the trips in advance.

More...
Apart from the trips advertised in this guide you will be able to join various free campus-based activities and events, including welcome parties, movie nights, karaoke nights and pub quizzes in East Slope Bar. There will also be many opportunities to meet other students while taking part in sport activities, such as badminton, basketball, table tennis, football and quidditch. More information will be available on our website and when you arrive.
2015 ISS trips at-a-glance

Whole day trips
Explore England – get to know famous English cities and places.
• Introduction to London
• Introduction to London and the Shard
• Sussex countryside bus tour
• Oxford and Blenheim Palace
• Canterbury and Leeds Castle
• Bath and Stonehenge
• Cambridge
• Treasure hunt in historic Portsmouth
• Arundel jousting tournament
• Lewes walking tour

Active days out
Get sporty, explore England from a different angle.
• Volks Railway and Undercliff Walk
• Multi activity day with SO SUSSEX
• South Downs Way hike
• Ditchling Beacon hike
• Glynde village and West Firle hike

The Brighton experience
Experience what Brighton, your home away from home, has to offer at different times of day and night.
• Brighton walking tour
• Brighton bike tour
• Komedía
• Pottery painting
• Brighton Marina and boat trip
• English breakfast, Royal Pavilion and cream tea
• English breakfast, Royal Pavilion and cream tea
• Arundel jousting tournament

Theatre, musical and film
See a theatre play and a musical, visit the home of one of the most famous literary characters of 21st century so far.
• Theatre: As you like it
• The making of Harry Potter
• Musical: Wicked
• Theatre: As you like it
• The making of Harry Potter

Under £10
• Brighton walking tour
• Ghost Walk of the Lanes
• Sussex countryside bus tour
• Multi activity day with SO SUSSEX
• South Downs Way hike
• Ditchling Beacon hike
• Glynde village and West Firle hike

Under £20
• Brighton walking tour
• Brighton bike tour
• Pottery painting
• South Downs Way hike

Under £30
• Multi activity day with SO SUSSEX
• English breakfast, Royal Pavilion and cream tea

Under £40
• Canterbury and Leeds Castle
• Treasure hunt in historic Portsmouth

Under £50
• Introduction to London
• Oxford and Blenheim Palace
• Cambridge

At £60 and over
• Introduction to London and the Shard
• As you like it
• Bath and Stonehenge
• The making of Harry Potter
• Wicked
### 2015 trips calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
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<td>Brighton walking tour</td>
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<td>Komedia</td>
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<td>As you like it</td>
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<td>03/07/2015</td>
<td>Pottery painting</td>
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<td>The making of Harry Potter</td>
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Introduction to London

Explore London on foot and by boat to get a feel for this extraordinary city. Amongst others you will see Buckingham Palace, Trafalgar Square and Big Ben. It will probably be your first trip of many!

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<td>Session 2</td>
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£49 (includes return executive coach travel to London, a walking tour with an ISS staff member, boat cruise on river Thames, a tube ticket to travel to the city centre and a London guide book).

Time: 8:15-22:00

Introduction to London and the Shard

Want to see more of London, not only from the ground but also from a bird’s-eye perspective? Visit the Shard! The View from the Shard is the premium visitor attraction at the top of Western Europe’s tallest building, and London’s newest landmark.

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£69 (includes return executive coach travel to London, a walking tour with an ISS staff member, boat cruise on river Thames, The View from the Shard ticket, a tube ticket to travel to the city centre and a London guide book).

Time: 8:15-22:00
**Sussex countryside bus tour**

The essence of Sussex is captured in this all-day guided tour of the white cliffs and rolling downs of the county, with an insight into the history and folklore behind them.

Session 1 27 June 2015  47 spaces
£19 (includes executive coach transportation and guided tour of the Sussex countryside).

Time 8:45-18:30

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**Oxford and Blenheim Palace**

This trip will take you to two quintessentially British locations: the beautiful city of Oxford, known as ‘the city of dreaming spires’, and Blenheim Palace, one of the most glamorous stately homes in Britain and the birthplace of Sir Winston Churchill.

Session 1 28 June 2015  45 spaces
£49 (includes return executive coach travel to Oxford and Blenheim Palace, guided walking tour of Oxford with entrance to some attractions, entrance fee to Blenheim Palace).

Time 7:45-20:30
Canterbury and Leeds Castle

See the incredible Leeds Castle in Kent. Visitors never forget their first breathtaking view of this castle, rising majestically from the moat as it has done for over 900 years. You will also visit Canterbury, home to the beautiful Canterbury Cathedral and a city steeped in history, heritage and culture.

Session 1 4 July 2015 45 spaces
£39 (includes return executive coach travel to Canterbury and Leeds Castle, entrance fee to Leeds Castle, guided walking tour of Canterbury).
Time 9:15-21:15

Bath and Stonehenge

Take a trip to the beautiful Regency city of Bath in the West Country, home of the ancient Roman Baths. Stop at mysterious Stonehenge, England’s most important prehistoric monument.

Session 1 5 July 2015 92 spaces
Session 2 2 August 2015 92 spaces
£60 (includes return executive coach travel to Bath and Stonehenge, guided walking tour of Bath, entrance to Roman Baths, audio tour of Stonehenge).
Time 7:15-22:00
Cambridge

An enjoyable and educational day out in this historic old English university town. Take part in the tour of the famous colleges of Cambridge and try punting on the river – it’s not as easy as it looks!

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£42 (includes return executive coach travel to Cambridge, guided walking tour of the city with entrance to some attractions, punting on the river Cam).

Time 7:45-19:30

Treasure hunt in historic Portsmouth

The Portsmouth Sightseeing Treasure Hunt is a fabulous mix of city exploration and clue solving fun. During this trip you will discover the very best of the city including Portsmouth’s Historic Dockyard with Nelson’s flagship, HMS Victory. We will end the day admiring views from Spinnaker Tower.

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<th>Session 1</th>
<th>19 July 2015</th>
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<td>Session 2</td>
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£35 (includes return train travel to Portsmouth, treasure hunt kit including maps and instructions, entrance fee to Historic Dockyard and tour of HMS Victory, ticket to Spinnaker Tower).

Time 8:00-20:30
Arundel jousting tournament

Under the shadow of the mighty Castle, experience the thrill of the renowned Arundel International Jousting Competition.

Session 2 25 July 2015 30 spaces
£29 (includes return train travel to Arundel, entrance fee to Arundel Castle including the grounds and the recreation of a medieval jousting tournament).

Time 8:45-18:00

Lewes walking tour

A guided walk around one of England’s most attractive county towns which reveals a dramatic history, from the ruins of the twelfth century castle and the lovely Tudor Anne of Cleves house to the modern day Crown Court.

Session 2 1 August 2015 30 spaces
£9 (includes return train travel, tour by qualified guide).

Time 10:00-15:30
As you like it

See Shakespeare in his own theatre – visit the incredible Globe and see one of Shakespeare’s greatest plays.

Session 1  3 July 2015  44 spaces
£65 (includes return executive coach travel to London, ticket to the performance).
Time  14:45-00:30

The making of Harry Potter

If you fell in love with the Harry Potter film series, this is a must-see attraction. Join us for this unforgettable tour at Warner Bros. Studio.

Session 1  12 July 2015  68 spaces
Session 2  26 July 2015  68 spaces
£60 (includes return executive coach travel to Leavesden, tour of Warner Bros. Studio).
Time  10:45-21:00

Wicked

"Wicked is sexy, sassy and sensational. Blockbuster entertainment, sophisticated comedy and thought-provoking drama. It is magnificent to see a musical that manages to be both populist and intelligent at the same time." *Sunday Telegraph*

Session 2 31 July 2015 45 spaces
£65 (includes return executive coach travel to London, ticket to the performance).
Time 14:45-00:30

Volks Railway and Undercliff Walk

Ride to Brighton Marina on the world’s oldest operating electric railway, then take some time to explore the chalk cliffs of the South Downs from a different perspective. Finish the walk with some lunch or a drink in a picturesque village of Rottingdean.

Session 1 28 June 2015 30 spaces
Session 2 26 July 2015 30 spaces
£4 (includes Volks Railway ticket, first aid trained ISS staff guides).
Note: Bus ticket, lunch and drinks are not included in the price.
Time 9:45-16:30
**South Downs Way hike**

Do you like hiking? Do you want to have a full day’s work out while admiring the high chalk cliffs of the English coastline? If yes, this day out is designed especially for you! Bring comfortable shoes; the walk is 16 km long.

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<td>1</td>
<td>10 July 2015</td>
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<td>7 August 2015</td>
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</table>

£19 (includes coach transportation to the start point of the hike, collection from the finish point, SO SUSSEX guide, first aid trained ISS staff guides).

Time 10:45-19:00

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**Multi activity day with SO SUSSEX**

Explore a different side of Sussex by taking part in this unique day out. Enjoy hiking, canoeing and mountain biking with qualified and experienced instructors. Take part in traditional local Sussex games such as stool ball and cricket.

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<td>4 July 2015</td>
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</table>

£25 (includes return travel by a private minibus, trying out different activities, three experienced and qualified guides/instructors, hire of all equipment, lunch, tea/coffee and chocolate cake, first aid trained ISS staff).

Time 9:45-16:30
Ditchling Beacon hike

We will walk from campus across to Stanmer before climbing through the South Downs National Park to the South Downs ridge at Ditchling Beacon. This is one of the most famous viewpoints in Britain. Bring comfortable footwear; the walk is 11 km long.

Session 1 18 July 2015  30 spaces
£4 (walk with qualified guide, first aid trained ISS staff).
Note: Lunch and drinks are not included in the price.
Time 10:00-14:30

Glynde village and West Firle hike

Explore more of the local countryside and learn about its history. Visit the tiny villages of Glynde and West Firle, cross fields and meadows around these villages before returning by Firle Park to Glynde station. This circular walk is about 11 km long.

Session 2 25 July 2015  30 spaces
£5 (group return train travel, walk with qualified guide, first aid trained ISS staff).
Note: Lunch and drinks are not included in the price.
Time 10:00-15:30
Brighton walking tour

This tour is offered to you at the very beginning of your stay in Brighton. We will show you how to get to Brighton city centre, some landmarks in the city and give you some valuable tips for your stay.

Session 1 21 June 2015 39 spaces
Times: 13:15-16:30/
14:15-17:30/
15:15-18:30

Session 2 21 July 2015 46 spaces
Time: 18:00-22:00

£4 (includes return travel to the city centre, ISS staff guided city centre tour).

Ghost Walk of the Lanes

Beginning at the Druids Head, you will be led through the most haunted areas of Brighton’s oldest quarter. The guide, an actor and a master storyteller, performs in full Victorian costume and shares some ghost stories of the Lanes, whilst visiting different sites associated with them.

Session 1 25 June 2015 39 spaces
Session 2 23 July 2015 39 spaces

£5 (includes guided Brighton tour ticket). Note: Bus ticket is not included in the price. During the walk we will be stopping in a local pub, bring some change for a quick drink if you wish.

Time: 18:30-21:30
The Brighton experience

This bike tour is one of the best ways to experience Brighton. The tour will take you on a fascinating yet leisurely bike ride through Brighton’s colourful past. With many stops at the main sightseeing spots, and a few hidden extras that even the travel guides have forgotten, you will gasp with amazement and laugh with surprise as your guide shares with you the quirky tales of Brighton’s yesterday.

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<th>Session 1</th>
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<tr>
<td>£18 (includes hire of bikes, helmets, guided bike tour of Brighton, first aid trained ISS staff)</td>
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<td>Note: Bus ticket is not included in the price.</td>
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<td>Times</td>
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Brighton bike tour

As Brighton’s premier live entertainment venue, Komedia hosts some of the hottest comedy talents in the UK as well as hilarious up-and-coming performers. If you fancy a laugh and the chance to see the next big thing in a really cool intimate venue then a night out at Komedia is for you!

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<th>Session 1</th>
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<td>Session 1</td>
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<td>19 spaces</td>
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<td>£6 (includes ticket to the performance). Note: Bus ticket, food and drinks are not included in the price.</td>
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<td>Time</td>
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Komedia

The Brighton experience
**Brighton Marina and boat trip**

This trip will allow you to see Brighton from a unique perspective, where instead of gazing at the sea from the beach, you are able view Brighton from the sea. There will also be some time for lunch and exploration of Brighton Marina.

| Session 1  | 12 July 2015 | 28 spaces |
| Session 2  | 9 August 2015 | 28 spaces |

£8 (includes boat trip ticket, ISS staff guided Brighton Marina tour).

Note: Bus ticket, food and drinks are not included in the price.

**Time** 10:30-16:15

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**Pottery painting**

Never painted pottery? Well, you don’t have to be an artist – just turn up and let your imagination run free. Paint a mug that will capture your memories from Brighton, or create a gift for your loved ones back home.

| Session 1  | 3 July 2015 | 18 spaces |
| Session 2  | 31 July 2015 | 18 spaces |

£18 (includes studio fee, mug, stencils, paint, glazing and firing your pottery).

Note: Bus ticket is not included in the price.

**Time** 11:15-15:30
Introducing you to two of the best English traditions – English breakfast and cream tea! In between the two we will visit the amazing Royal Pavilion, the home of the Prince Regent, who famously enjoyed his food and drink!

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<tr>
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<th>17 July 2015</th>
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<tr>
<td>£29 (includes return train travel to Brighton, English breakfast (vegetarian options available), entrance and audio tour of Royal Pavilion, cream tea (scones with jam and cream, tea).</td>
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Time 10:30-16:00
• Bookings for tickets open on 1 May 2015.
• Only ISS students are allowed to book ISS trips on the ISS social programme website: www.sussex.ac.uk/iss/trips
• Your place on a trip is only secured once online payment has been successful and you have received a confirmation email (your ticket).
• Refunds will not be given except in the event of a scheduling clash with a field trip (module trip). If this happens you must contact the ISS trips office no later than three days before the event.
• Students have permission to swap or sell tickets to one another but must email the ISS office at isstrips@sussex.ac.uk at least three days before the trip, with details of the swap including both parties names and ticket reference number(s).
• Any student who buys a ticket from another student must bring with them on the trip a printout of the original booking bearing the original booker’s name.
• Students must bring either printed copies of the confirmation emails (tickets) or be able to show them on their mobiles. You must also bring your student ID with you. IDs must be presented along with tickets before a student will be allowed to join the trip.
• The International Summer School reserves the right to make changes to the schedule and trips as offered in the event of circumstances beyond our control. If there are not sufficient enrolments to make a trip viable, the International Summer School reserves the right to cancel the trip. Under such circumstances a full refund will be given.

Photo acknowledgements
Photographs by ISS students, trip organisers, Stuart Robinson, University of Sussex, and:
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Contact information

Our ISS social programme team are on hand to help you book any of the trips in this guide.

You can contact us by email, phone or mail.

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