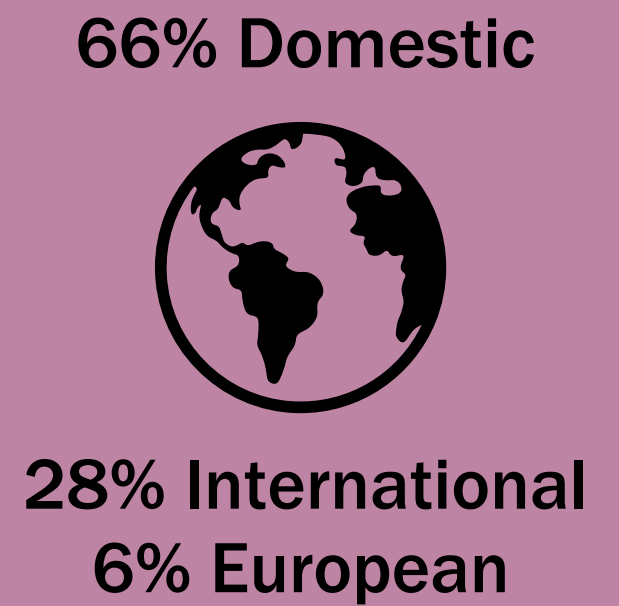
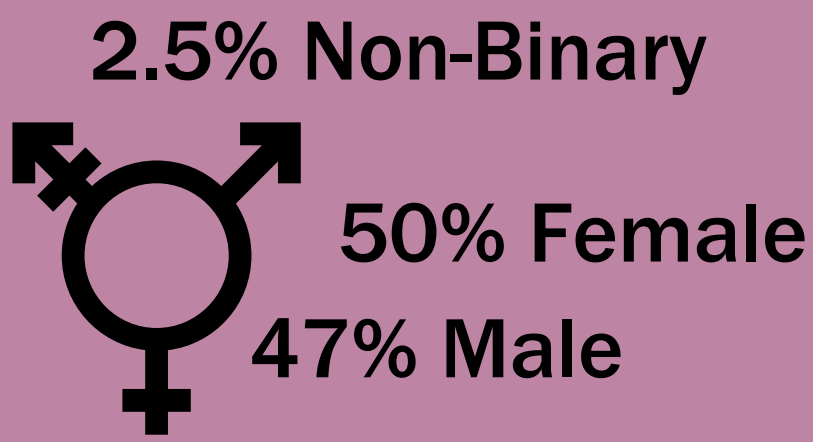
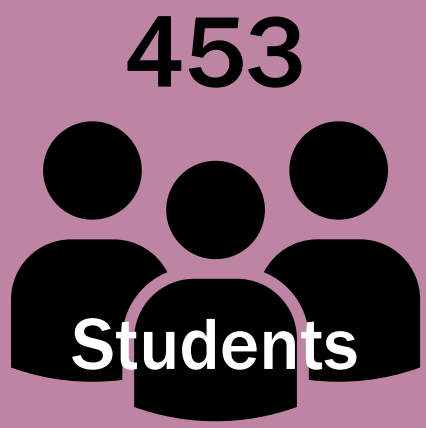
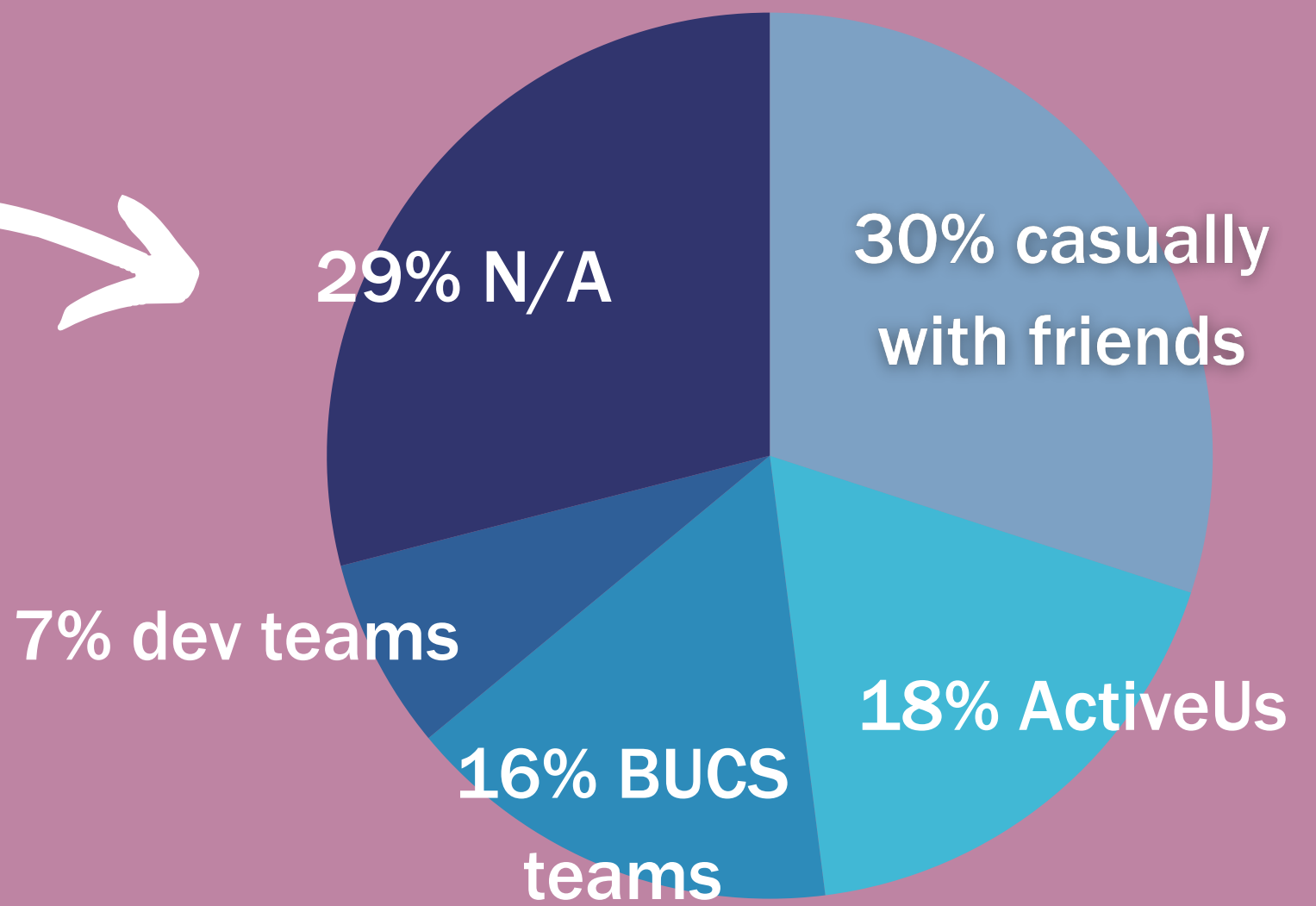
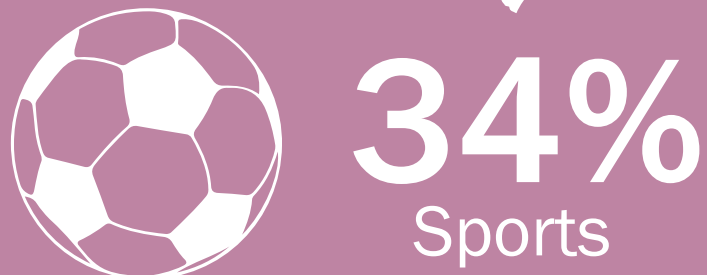


UNIVERSITY OF SUSSEX SPORT AND PHYSICAL ACTIVITY SURVEY RESULTS 2024

Who took part in the survey?



How do our students exercise?



Biggest barriers to participation

Cost

Academic commitments

Location

25.37%

Better Facilities

8.36%

More Free Time

24.78%

Reduce Costs

6.87%

More Social Sport

6.87%

More facilities near residences

How much does activity benefit wellbeing?

4.29 OUT OF 5*

*(average score as voted by 453 students)

Reasons for exercise

