

General University Information

Sports Facilities

The Sussexsport facilities are all located on campus at two separate sites, the Sport Centre is located at the Southern end of campus and the Falmer Sports Complex is located on the eastern side of campus. The Sports Centre includes two sports halls (dimensions are listed in the exhibitions section), indoor cricket nets, four glass back squash courts, a small fitness room, a dance and martial arts studio and sports shop. There is also a lifestyle studio which caters for sports injuries, aromatherapy, Swedish and relaxation massage, Reiki and reflexology. The centre also runs a variety of courses including dance, yoga, pilates and a wide range of exercise classes.

The Falmer Sports Complex has a state-of-the-art fitness suite and strength and conditioning room, two squash courts, six tennis courts, floodlit artificial turf pitch, four grass soccer training pitches, two rugby pitches, a cricket square and artificial wicket, netball courts, outdoor cricket nets, café bar, a function room with bar and catering facilities, and changing facilities (accessible for those in wheelchairs). The grounds are ideal for corporate games and activities, with a large balcony overlooking the playing fields.

Information on all sports facilities and activities can be obtained directly from either the Sport Centre or Falmer Sports Complex:

Sport Centre

- T: +44 (0)1273 678228

Falmer Sports Complex

- T: +44 (0)1273 877125

E: sussexsport@sussex.ac.uk

W: www.sussexsport.com

Discounted rates of up to 50% are available on most facilities for conference delegates staying at the University of Sussex. Delegates must show their conference badge in order to access the facilities.

Development & Alumni Relations

The Development and Alumni Relations office is located on Level 1 of Bramber House, and is open normal office hours on weekdays. The staff are always happy to see former Sussex students, and can provide details of a range of services that are available to them. These include discounts and special offers, reunions and professional networking events, locating friends and putting them in touch with one another and fundraising for the University.

Discounts are also available on conference bookings made by alumni. Please see the website for details of all these benefits and services.

- T: +44 (0)1273 678258
- F: +44 (0)1273 877002
- E: alumni@sussex.ac.uk
- W: www.sussex.ac.uk/alumni

Shops and Services on Campus

The campus has a wide range of shops and services of which delegates can make use during their stay here. Opening hours and further details can be found on the following web page <http://www.sussex.ac.uk/aboutus/campus/facilities>

Shop/Service	Location
Co-operative Supermarket	Bramber House
Post Office (within Co-op)	Bramber House
John Smith Bookshop	Library
Launderette	Park Village
Pharmacy	Health Centre
Students' Union Store	Falmer House
Barclays Bank (24-hour cashpoint)	Sussex House
HSBC (24-hr cashpoint)	Bramber House

John Smith's Bookshop

John Smith's bookshop provides a diverse service to the campus community and the public.

In addition to academic books there is an extensive selection of fiction, crime, science fiction, children's and audio books, plus CDs. There is also a good range of competitively priced stationery, and a vast selection of greetings cards, postcards and other gift items.

The Bookshop is fully computerised and is connected to the 'tele-ordering' system which ensures an efficient and swift service, and staff pride themselves on giving knowledgeable and individual service to all its customers. The manager would be happy to discuss promotional events to run in conjunction with conferences. Should you wish to discuss this option please call John Smith's Bookshop.

- **T:** +44 (0)1273 678333
- **E:** sx@johnsmith.co.uk
- **W:** www.jscampus.co.uk (then choose the University of Sussex in the 'Your JS Campus' dropdown menu).

The Meeting House

The Meeting House has a large **Quiet Room**, a sunny semi-circular space with comfortable chairs which has a more informal feel than a seminar room or lecture theatre, as well as an adjacent concourse area on the ground floor, and a multi-denominational **Chapel** on the first floor. The concourse can be used as a registration/refreshment area for sessions or small exhibitions taking place in the Quiet Room.

Wheelchair access is possible to the ground floor via a ramp over the moat which surrounds the building and then via a lift to the Chapel.

The Chapel itself can be booked for evening recitals and concerts by conferences, and services are regularly taken there by one of the University chaplains, who cover a range of Christian denominations as well as Judaism.

Further details can be obtained from the Meeting House Secretary:

- T:** +44 (0)1273 678217
- E:** chaplaincy@sussex.ac.uk
- W:** www.sussex.ac.uk/chaplaincy

Health Services

The Health Centre at the University of Sussex operates a standard GP practice and will see conference delegates as appropriate to their clinical needs; each case is dealt with on an individual basis.

If you need to see a doctor, visit our Health Centre, or call them on (01273) 249049, between 9.00am and 5.00pm weekdays. For an emergency outside of these hours, please ring Security at York House (01273) 873333 or from an internal phone on 3333.

- **T:** +44 (0)1273 249049
- **F:** +44 (0)1273 249040
- **Out of hours:** 0845 456 5420
- **E:** admin.unimed@nhs.net

Bright Doc offers an out-of-hours GP service in Brighton, between 6.30pm and 8.00am Monday to Friday and 24-hours over the weekend, including bank holidays. Call 0845 456 5420 to speak to a healthcare professional. If they feel it is necessary, an appointment will be arranged at their clinic. Please note that this is not a drop-in service. NHS Direct offers a 24-hour medical advice service on 0845 4647.

Brighton's A&E department is located at the Royal Sussex County Hospital on Eastern Road. Telephone (01273) 696955.

There is an NHS dentist on campus next to the chemist. For emergencies telephone (01273) 605555 Monday to Friday 9.00am – 1.00pm and 2.00pm – 4.30pm. They will do their best to treat emergencies as soon as possible but this may entail waiting.

Transport

The University is particularly well-served by public transport, a summary of which is shown below:

Bus:

Services operate to the University on buses 5B, 23, 25, N25, 28, 29, 29B and 84. Each bus stops at the campus entrance at Falmer House, Sussex House, twice on the North South Road, Bramber House, at Brighthelm Porter's Lodge, Swanborough, Boiler House Hill, Mantell Building and on Eastern Ring Road before leaving campus. Services are every 5-10 minutes Monday to Saturday daytime (84 is Mon-Fri only) and every 30 minutes in the evenings up to approx. 23:30 (check each route for exact times). Service N25 is a night bus which operates throughout the night, from approx 23:30 until 05:30.

Bus travel on campus and as far as Falmer Station is free of charge. For up to date times and live departures see the Brighton and Hove buses web page <http://www.buses.co.uk>

Train:

The Falmer British Rail station is on the main Brighton to Eastbourne and Hastings line, with services running every 15 minutes in both directions during the day. The station is located at the southern end of campus, over the A27, with access via a subway under the main road.

Train journeys to Lewes are approximately five minutes and to Brighton are approximately ten minutes. See the following link for further details <http://www.nationalrail.co.uk/>

Taxis:

There are numerous taxi firms in Brighton, some of which are:

- Streamline Taxis +44 (0)1273 747474
- Southern Taxis +44 (0)1273 324555
- Brighton & Hove +44 (0)1273 204060

Taxi 'free-phones' linked to Streamline Taxis are located around the campus in Bramber House, Sussex House and in York House.

Coaches:

Conferences & Events can recommend local coach firms if these are required for trips/journeys off campus.

Cars:

Please note that there are families with children living on campus all year round. Visitors to the University travelling by car are asked to drive with all due care and caution around campus.

Environmental Policy

The University's commitment to its natural environment stems from the very beginning of its life in the 1960s. The University's original architect, Sir Basil Spence, took great care to incorporate the natural features of the landscape into the design of the campus, including designing the buildings around the existing trees. Environmental issues are taken very seriously at Sussex. We have adopted an Environmental Policy (copies of which are available on request), from which the following points are relevant to conferences taking place on campus:

- The University is committed to the promotion of good environmental practice in all aspects of its activities and services, and awareness of its environmental policies among all staff, students and visitors to the University.
- The University will take into account the principles of sustainable development in conducting academic, administrative, commercial and social activities.
- The University will ensure that the stewardship of its estate maintains and enhances the high quality of its architecture and the down-land landscape of which it is part.
- The University will participate in local initiatives to improve the quality of the environment and conserve the heritage.

Collection bins or points for the recycling of cans and white office paper are to be found in every public building on campus, with collection points beside York House for paper, glass, textiles and cans. Waste and energy management is given a high priority by our Estates and Facilities Management. Organisers and delegates are asked to recycle and help to save energy wherever possible. If organisers anticipate large amounts of materials being left behind at the end of an event (whether packaging, unwanted conference packs, computer disks, etc.) advance warning must be given so that the University can arrange for the recycling (where possible) or disposal of these materials. Charges for such removal will be passed on to the organiser.

Signs within the academic and residential buildings remind delegates to turn off lights and appliances when not in use, encourage them to recycle, save water, respect the campus (by keeping to the footpaths and using the litter bins), and to avoid using cars in light of Sussex's excellent public transport links with Brighton and the surrounding area.

Among the many pleasures of staying at our parkland campus is its superb countryside location, surrounded by the South Downs National Park. The University boasts a rare collection of English elm trees, some of which are over 150 years of age. These trees form part of the nationally recognised "Brighton Elm Collection." Recent developments on campus have seen sympathetic seating created from University trees felled by storms, nesting boxes built and monitored, and grounds environmental policies (including a pesticides policy) implemented.

Should delegates feel like exploring further afield, footpaths will take them out to the rolling hills of the Downs and onto the South Downs Way, to Ditchling Beacon, or to the pretty villages of Falmer and Stanmer.