THIS MONTH’S NEWS AND UPDATES:

**OD Calendar of Events.** Search for and book workshops [here](#).

DATES FOR YOUR DIARIES:

- **3rd February**
  Time to Talk Day (Mental Health)

- **7th-13th February**
  National Apprenticeship Week

ARE YOU AN ACCREDITED COACH?

We are looking to build our internal coaching practice and would be interested in hearing from any colleagues who have professional coaching qualifications. Please contact us at [od@sussex.ac.uk](mailto:od@sussex.ac.uk)

LINKEDIN LEARNING

As a staff member at Sussex, you have free access to over 16,000 courses that cover a huge range of topics from Leadership and Management, critical thinking and interview skills to Word and Photoshop.

You can access LinkedIn Learning using your Sussex ID [here](#).

Every month, we’ll be recommending courses to inspire you to continuously learn and develop. To compliment Time to Talk day this week, we suggest this 40 minute course on **Communicating with Empathy** which covers the principles of empathetic communication and shares specific strategies to help improve your approach to difficult conversations.

Have you been using LinkedIn Learning? Fill out this [form](#) and let us know which courses you’ve enjoyed most, and we will use the information to help build our [new webpage](#) listing the most popular courses.

MENOPAUSE CAFE

We are running a face-to-face Menopause Café on **4 March 2022**. Please come along to talk all things menopause with your colleagues.

For further details and to book your place, please click [here](#).
Apprenticeships are cost-effective way to recruit young talent into an organisation, but are also perfect for existing staff to develop their skills and knowledge to cope with the ever-evolving workspace. Now more than ever it's important for employees to be agile and consider their long-term career goals and the skills and knowledge required for their future. As part of National Apprenticeship week, we have a number of sessions available for staff and managers. Click on the links below for more information and to book your place.

- **Tuesday 8th - 12-1:30pm**, Exploring Values Based Leadership with KnowledgeBrief - interactive session
- **Wednesday 9th - 1-2pm**, Leadership and Management - Levels 3 and 5 Learner Briefing with KnowledgeBrief
- **Wednesday 9th 2-3pm**, Leadership and Management - Senior Leader Level 7 Learner Briefing with KnowledgeBrief
- **Thursday 10th - 12-12:45pm**, Tech and Digital Apprenticeships Q&A Drop in with QA Ltd
- **Thursday 10th - 2-3pm**, Anything Apprenticeships! Q&A Drop In session with Chris and Sarah
- **Friday 11th - 2-2:45pm**, Tech and Digital Apprenticeships Q&A Drop in with QA Ltd

Contact Chris Hamilton - Apprenticeship Officer (chris.hamilton@sussex.ac.uk) for more information

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**UNION BLACK**

**WHAT IS THE COURSE?**

Union Black is online course is produced and hosted by the Open University on the social learning platform FutureLearn, in collaboration with Santander. Sussex is taking part in a pilot of Union Black, along with a number of other universities in the UK. This is an opportunity for Sussex staff and students to feed back to the OU on the content and shape the finished version.

Santander tell us that the course has been written in response to Universities UK’s “Tackling racial harassment in higher education” report which shone a stark light on the racial inequalities that exist across the higher education sector.

The report called on universities to improve racial literacy among senior leaders, staff and students and issued a set of recommendations for institutions to implement including “training developed from an anti-racist perspective”. The whole course takes about six hours in total (you can complete it in sections) and it can be completed anywhere with online access.

**HOW DO I ACCESS THE COURSE?**

The course is now available to staff and students at all UK universities. Access to the course is via the Santander Scholarship platform. Once you have registered you will receive an email from FutureLearn with the link to access the course within 24 hours.

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**CONTACT US**

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- Follow @sussexOD on Twitter