Arts and Humanities degree?
Explore your options

Schools covered:
English
History, Art History and Philosophy
Media, Film and Music
Sussex Centre for Language Studies
Your Arts / Humanities degree

Arts and Humanities degrees teach a diverse range of skills, and graduates from these courses go on to work in a wide variety of sectors. Some require further professional training, others allow direct entry from a degree.

Skills you are developing include:

- qualitative research and analytical skills, including the ability to critically evaluate a range of complex materials.
- competence and confidence in presenting your own ideas as well as those of others.
- broad IT skills gained while organising and creating your coursework.
- interpersonal skills and experiences through group work and assessments.

You can read more about skills from your course:
www.sussex.ac.uk/careers/skills

In addition to your degree, you are gaining experience and skills from other parts of your life. Think about the value of your work experience, volunteering and social activities. You can read more about your specific degree on our website:
www.sussex.ac.uk/careers/usingyourdegree
Exploring Career Ideas

You may already have some clear career ideas or you might be just beginning to give your options some thought. Career choice often begins with thinking about what you want in a job, and what you have enjoyed so far.

Think about what you are interested in and what motivates you. It might be important to you to work for an ethical organisation or working for a global corporation could be of interest. You might consider using your research skills in work or may prefer to have lots of contact with people. You might be interested in all of these things!

As an Arts or Humanities student there are many opportunities open to you.

There are lots of resources on our website to help you and you can also book to see a Careers Adviser to talk through your options.

You can review your interests and motivations: www.sussex.ac.uk/careers/interests

Information on the different employment sectors can be found in our sector guides: guides.careers.sussex.ac.uk

You might also consider further postgraduate study and you can find out more about courses: www.sussex.ac.uk/careers/furtherstudy
Generating career ideas around your degree experience

Arts and Humanities Degree

- Advertising Executive
- Press Officer
- Archivist
- Librarian
- Museum curator
- Visitor Centre manager
- Retail Sales Manager
- Account manager
- Recruitment consultant
- Information officer
- Public relations
- Communication

Information

- Counsellor
- Teacher or lecturer
- Film industry
- Music producer

Interpersonal

Media Production

- TV researcher
- Film industry
- Music producer
- Teacher or lecturer
- Counsellor

Mind Map to show an example of linking university skills to types of work roles
This is purely illustrative to help you begin to generate ideas.
There are many other significant areas in which you might have developed during your academic life: patience, linguistic ability, being perceptive, dealing with uncertainty, identity, and lots more.
We suggest you engage with this mind map and create your own.
Where can you go?

Careers with your degree

Arts and Humanities graduates from Sussex enter a hugely varied range of careers. Some decide to use their degree directly in their career and others make use of the broader range of skills that they have developed during their time at Sussex.

Some of the jobs recent Sussex arts and humanities graduates have gone on to include:

- Teacher of English as a Foreign Language
- Communications Assistant, NHS
- Assistant Curator, Science Museum
- Development Manager, LGBR Capital
- Head Runner, IMG
- Climate Change Events Officer
- Advertising Executive, Conde Nast
- Sports Reporter, Complex UK

It's also worth remembering that about 60% of vacancies advertised for graduates in the UK do not ask for specific degree subjects. The degree is taken as evidence of intellectual ability and the employer is interested in the range of transferable skills and experience you demonstrate.

These include jobs such as management traineeships in both public and private sector, human resources, retail, marketing, sales, banking, accountancy and administration.

You can research more about graduate opportunities on our jobs pages at www.sussex.ac.uk/careers/jobs
Getting experience

You can gain valuable experience in a number of ways while at Sussex.

These include part time jobs, professional placements, internships, voluntary work and work shadowing.

These experiences are often stepping stones to greater things and can help you develop a really interesting skills portfolio. Gaining a range of experiences will help you to test out what you like and dislike in different environments and with different types of people.

You can find out more about how to build your experience: www.sussex.ac.uk/careers/gettingexperience

Part time work and work experience provide opportunities to learn about work places, test your career ideas and earn useful income! Opportunities are advertised: www.sussex.ac.uk/careers/jobs

The Careers and Employability Centre has links with local employers and organisations. You can find out more about them on our Researching Employers webpage where you can search by type and location: www.sussex.ac.uk/careers/researchemployers

Volunteering is a great way to make contacts with local organisations and also to get involved with new activities and build some new experience: www.sussex.ac.uk/careers/volunteering
Further Resources

Events and Workshops
Check www.sussex.ac.uk/careers/events for our events listings.

Careers Advisers
You can talk to a Career Adviser weekdays during term time. You can book appointments online using our CareerHub system at careerhub.sussex.ac.uk if you have difficulty accessing this system you can get help by calling us at 01273 678429.

A discussion with your Academic Adviser or departmental Careers Liaison Tutor may also be useful.