There is good research evidence clearly showing that for quality and safety to be maintained, NHS staff need to protect and nurture their own health and wellbeing. However, in the current climate of extreme scrutiny and amid concerns about the future of the organisation, how do the people who actually work in the NHS feel? The NHS Staff Survey continues to show a mixed picture, with particular concerns around harassment, bullying and discrimination, as well as a wide variation in the best and worst employers.

This interactive seminar will explore what ‘system drivers’ are preventing the best research evidence on staff wellbeing being implemented in practice, as well as other pertinent issues. In so doing, it will offer unique insights into contemporary perspectives on wellbeing in the NHS. Participants will be invited to generate possible solutions to these problems and explore the wider implications for health and social care.

Lunch included

Live, remote participation available at: https://adobeconnect.sussex.ac.uk/oxymoron

Reserve your place by contacting A.Ridgewell@sussex.ac.uk