

Academic skills for students

US

UNIVERSITY
OF SUSSEX

Academic skills for students

Unsure how to structure an essay?
Confused by the referencing process?
Need support with your revision methods?
Want to develop a better academic writing style?

We offer practical advice to help you develop your academic skills and improve the way you study.

- Presenting and participating in class
- Writing and assessments
- Reading and research
- Revision and exams
- Referencing and academic integrity
- Personal development and employability
- English language skills

We are here to help you

Whatever your year of study and whatever subject, we are here to help you make the most of your time at university. As a student at Sussex you have access to an academic support service that helps you develop your academic skills. By this we mean study techniques designed to help you succeed during your time at university.

Develop your academic skills

There are a variety of ways you can get support, including study skills workshops, advisors and student mentors. Before using these support services you may find it helpful to research academic skills yourself using the Skills Hub: **www.sussex.ac.uk/skillshub**.

The Skills Hub has an extensive range of resources to help you develop your academic skills, including video tutorials and guides.



SKILLS SUPPORT

Talk to someone in your School of study

You can visit your course tutors during their office hours or book an appointment to meet them. If you are an undergraduate student, your Academic Advisor will meet you to talk about your progress and how you can improve your academic skills, as well as offering advice on any other aspect of your studies. If you are a Masters student you can get support from your course convenor and your dissertation supervisor.

You can also get one-to-one guidance from a trained student mentor, who will have an understanding of your School as well as ways to develop your academic skills. Ask your School Office about mentors in your School to find out more.

Access one-to-one advice from a professional writer

As part of the Royal Literary Fund's Fellowship Scheme (RLF), Sussex hosts two professional writers who offer one-to-one tutorials. The RLF Fellows can help with any aspect of the essay-writing process, from planning to drafting to editing.

Book a tutorial in Study Direct:

www.sussex.ac.uk/library/guides/rlf

Please note: If English is an additional language, sign up for the specialist workshops and tutorials offered by the In-sessional Academic Development team.

www.sussex.ac.uk/languages/acadev



Attend a group workshop or tutorial

For help practising and improving your academic skills you can attend group workshops and tutorials in areas such as:

- Using research materials
- Planning and structuring essays and dissertations
- Making the most of revision time
- Producing and giving presentations
- Developing your digital skills
- Academic writing skills
- English language skills
- Using the Library effectively
- Writing effective CVs and application forms

You may find group sessions useful as they give you an opportunity to meet people who are facing similar challenges. This can be reassuring and helpful as it gives you the chance to share ideas, advice and questions with other students.

There is a wide range of support available to you but please be selective. Choose the training and tutorials that are most appropriate for your individual needs rather than signing up for everything.

You can book your place for workshops, tutorials and events on the Skills Hub website:

www.sussex.ac.uk/skillshub

If you are a PhD researcher you can access the Researcher Development Programme:

www.sussex.ac.uk/internal/doctorschool



SKILLS SUPPORT

Working in English as an additional language

The In-sessional Academic Development Team offer specialist academic development workshops, one-to-one tutorials and drop-ins to help you improve your academic and language skills. We cover:

- Academic culture (what to expect while studying at Sussex)
- Academic practice (using sources and referencing, critical reading, developing arguments)
- Academic language (academic style, vocabulary, grammar, listening and speaking skills)

To find out how to access workshops and tutorials visit:

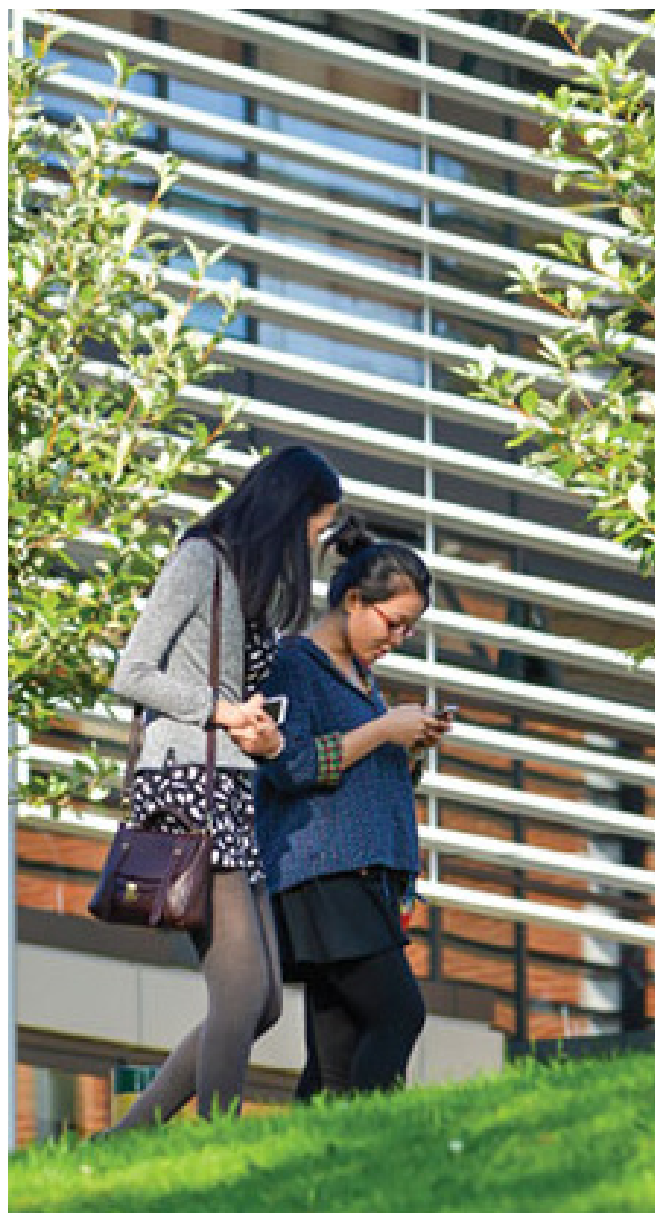
www.sussex.ac.uk/languages/acadev

Support for a specific learning difficulty or other long-term condition

The Student Support Unit (SSU) has a team of specialist advisors who work with students who may need support due to a long-term condition, and can offer one-to-one advice and information.

To find out more about SSU call 01273 877466, email studentsupport@sussex.ac.uk or visit:

www.sussex.ac.uk/studentsupport



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