Essay (ESS) 100% weighted - 2000 words:

Students are required to write on one of the following questions.

1) What are the advantages and disadvantages of involving parents in the psychological treatment of their adolescent offspring?
2) Is it helpful for psychological therapists to disclose their own experiences of mental health to clients during therapy?
3) What is the theoretical premise of Cognitive Behavioural Therapy for depression and what are strengths and limitations of this conceptualisation?