

On the Maximal Strength of a First-Order Electroweak Phase Transition and its Gravitational Wave Signal

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University of Sussex, 22 Oct 2018

Based on:

John Ellis, ML, José Miguel No arXiv:1809.08242

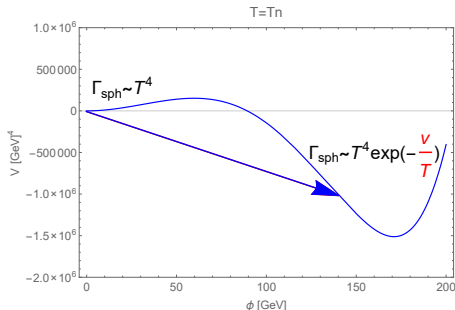
Generating Baryon asymmetry requires:

- C and CP violation
 - ✓ present in SM quark sector
(needs enhancement... not a part of this talk though)
- Baryon number violation
 - ✓ $SU(2)$ sphalerons present in SM
- Departure from thermal equilibrium
 - I order phase transition \rightarrow BSM needed

A. D. Sakharov 67'

Baryon number violation

- $SU(2)$ sphalerons violate baryon number



- In thermal equilibrium $SU(2)$ sphalerons wash out the baryon asymmetry.
 - They have to be **decoupled after the phase transition**
- This leads to the famous bound:

$$\frac{v}{T} \gtrsim 1$$

Simple example

- Standard Model with an $|H|^6/\Lambda^2$ interaction
- We consider the following potential

$$V(H) = -m^2|H|^2 + \lambda|H|^4 + \frac{1}{\Lambda^2}|H|^6$$

- the tree-level potential reads

$$V(h)^{\text{tree}} = -\frac{m^2}{2}h^2 + \frac{\lambda}{4}h^4 + \frac{1}{8}\frac{h^6}{\Lambda^2}$$

- We use the observed mass of the Higgs boson and the measured Higgs vev

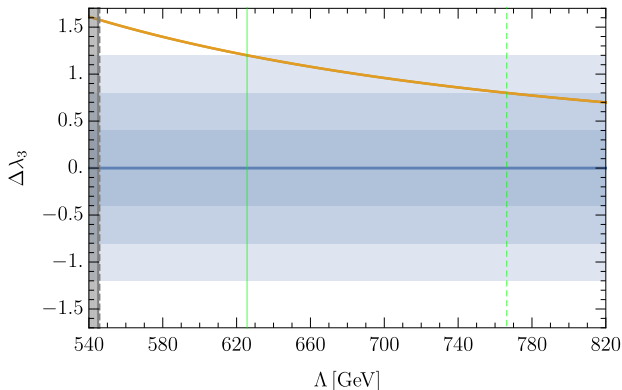
$$v = 246 \text{ GeV}, \quad m_h = 125 \text{ GeV}$$

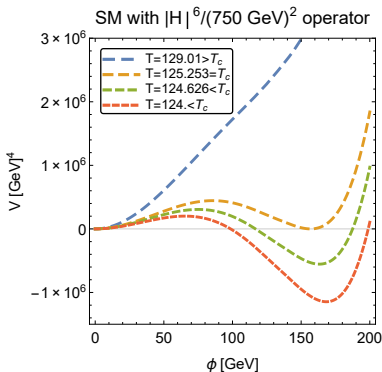
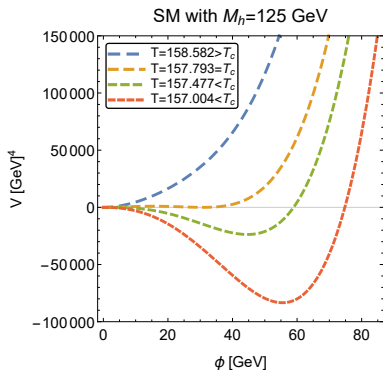
in the renormalisation conditions

$$V'(h = v) = 0, \quad V''(h = v) = m_h^2$$

- The triple Higgs coupling is modified

$$\lambda_3 = \left. \frac{1}{6} \frac{\partial^3 V}{\partial h^3} \right|_{h=v} = \frac{m_h^2}{2v} + \frac{v^3}{\Lambda^2} = \lambda_3^{\text{SM}} + \frac{v^3}{\Lambda^2}$$





If $M_h < 85 \text{ GeV}$ in SM we would have a **I** order phase transition
 Kajantie, Laine, Rummukainen, Shaposhnikov 97'

phase transition dynamics

Scalar sphaleron: static field configuration passing the barrier (excited through thermal fluctuations)

- decay rate

$$\Gamma(T) \approx T^4 \exp\left(-\frac{S_3(T)}{T}\right),$$

- $\mathcal{O}(3)$ symmetric action

$$S_3(T) = 4\pi \int dr r^2 \left[\frac{1}{2} \left(\frac{d\phi}{dr} \right)^2 + V(\phi, T) \right].$$

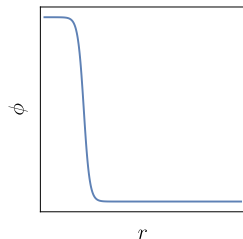
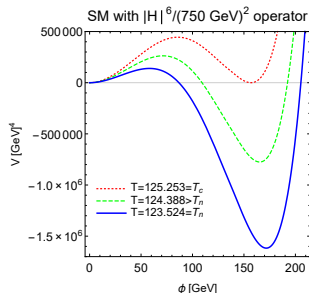
- EOM \rightarrow bubble profile

$$\frac{d^2\phi}{dr^2} + \frac{2}{r} \frac{d\phi}{dr} - \frac{\partial V(\phi, T)}{\partial \phi} = 0,$$

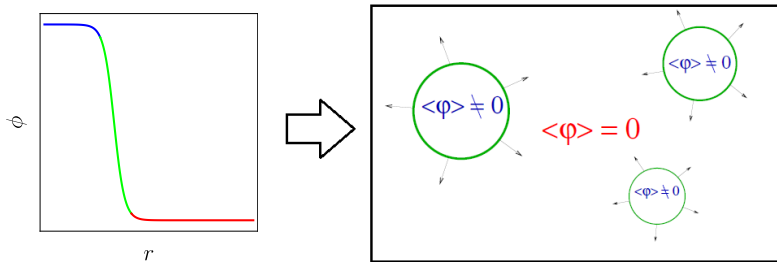
$$\phi(r \rightarrow \infty) = 0 \quad \text{and} \quad \dot{\phi}(r=0) = 0.$$

- nucleation temperature

$$N(T_n) = \int_{t_c}^{t_n} dt \frac{\Gamma(t)}{H(t)^3} = \int_{T_n}^{T_c} \frac{dT}{T} \frac{\Gamma(T)}{H(T)^4} = 1$$



Electroweak phase transition



Morrissey 12'

Gravitational waves

- Gravitational waves can be described by two parameters characterising the phase transition

$$\alpha \approx \frac{\Delta V - T \frac{d\Delta V}{dT}}{\rho_R} \Bigg|_{T=T_*}, \quad \Delta V = V_f - V_t$$

$$\Gamma \propto e^{-\frac{S_3(T)}{T}} = e^{\beta(t-t_0)} \implies \frac{\beta}{H} = T \frac{d}{dT} \left(\frac{S_3(T)}{T} \right) \Bigg|_{T=T_*}$$

- Signals are produced by three main mechanisms:

- collisions of bubble walls: $\Omega_{col} \propto \left(\frac{\alpha}{\alpha+1} \right)^2 \left(\frac{\beta}{H} \right)^{-2}$
Kamionkowski '93, Huber '08, Hindmarsh '18,

- sound waves: $\Omega_{sw} \propto \left(\frac{\alpha}{\alpha+1} \right)^2 \left(\frac{\beta}{H} \right)^{-1}$
Hindmarsh '13 '15 '17

- turbulence $\Omega_{turb} \propto \left(\frac{\alpha}{\alpha+1} \right)^{\frac{3}{2}} \left(\frac{\beta}{H} \right)^{-1}$
Caprini '09

- The frequency of the signal changes as $f \propto \frac{\beta}{H}$

- In presence of strong supercooling vacuum energy cannot be neglected

$$\alpha \approx \frac{\rho_V}{\rho_R} \gtrsim 1 \implies H^2 = \frac{1}{3M_p^2} \left(\frac{\pi^2}{30} g_* T^4 + \Delta V(T=0) \right)$$

- Affects nucleation temperature

$$\int_{T_n}^{T_c} \frac{dT}{T} \frac{\Gamma(T)}{H(T)^4} = 1$$

- Finding the percolation temperature involves the probability of remaining in the false vacuum

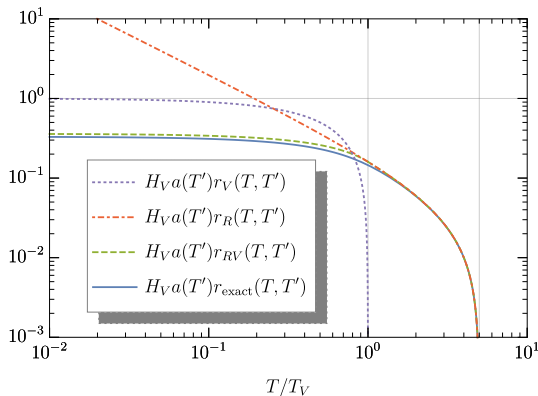
$$P(t) = e^{-I(t)}, \quad I(t) = \frac{4\pi}{3} \int_{t_c}^t dt' \Gamma(t') a(t')^3 r(t, t')^3$$

$$P(t_p) \lesssim 0.7 \implies I(t_p) = 0.34$$

Bubble growth

- comoving coordinate size of a bubble nucleated at t' and growing until t

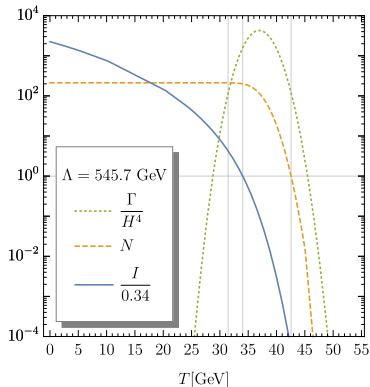
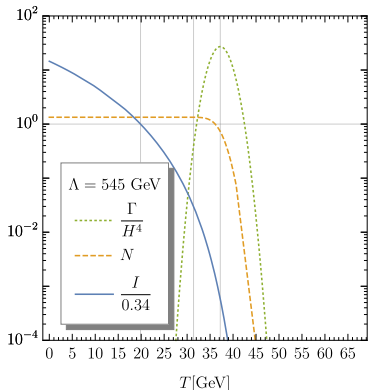
$$a(t')r(t, t') = a(t') \int_{t'}^t \frac{v_w d\tilde{t}}{a(\tilde{t})}$$



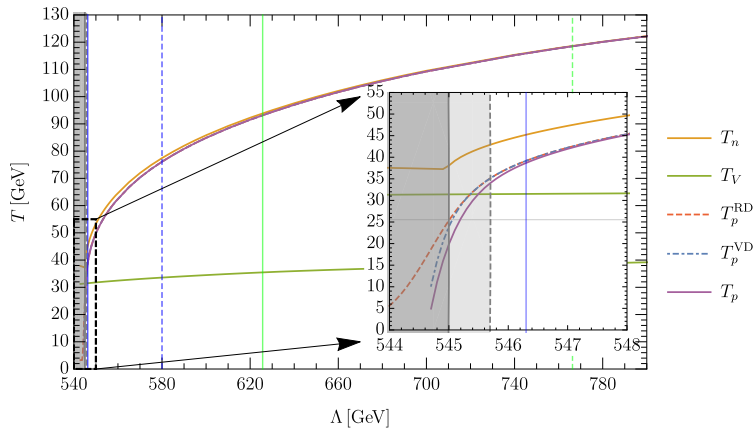
- For successful percolation the physical volume of false vacuum $\mathcal{V}_{\text{false}} \propto a(t)^3 P(t)$ has to decrease

$$\frac{1}{\mathcal{V}_{\text{false}}} \frac{d\mathcal{V}_{\text{false}}}{dt} = 3H(t) - \frac{dI(t)}{dt} = H(T) \left(3 + T \frac{dI(T)}{dT} \right) < 0$$

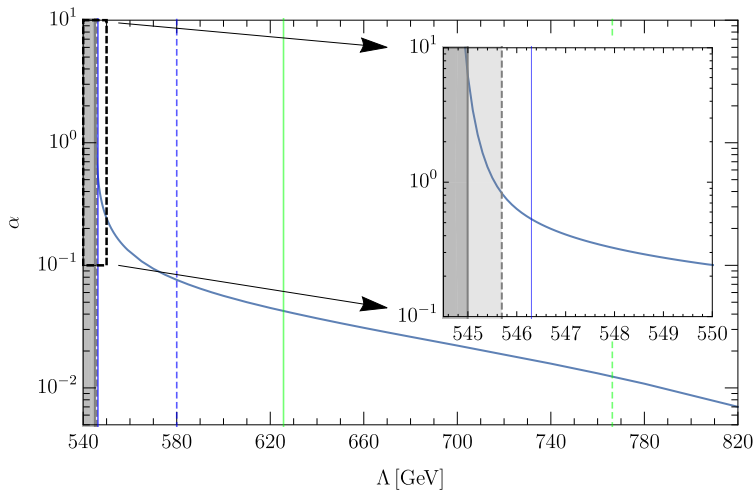
Turner '1992



Percolation temperature



Strength of the transition



relevant length scale for GWs

- The mean bubble separation R_* :

$$n_B = (R_*)^{-3} = \int_{t_c}^{t_p} dt' \frac{a(t')^3}{a(t_p)^3} \Gamma(t') P(t')$$

- Size of bubbles carrying the most energy

- 1 The physical size at time t of bubbles nucleated time t' :

$$R(t, t') = a(t) r(t, t').$$

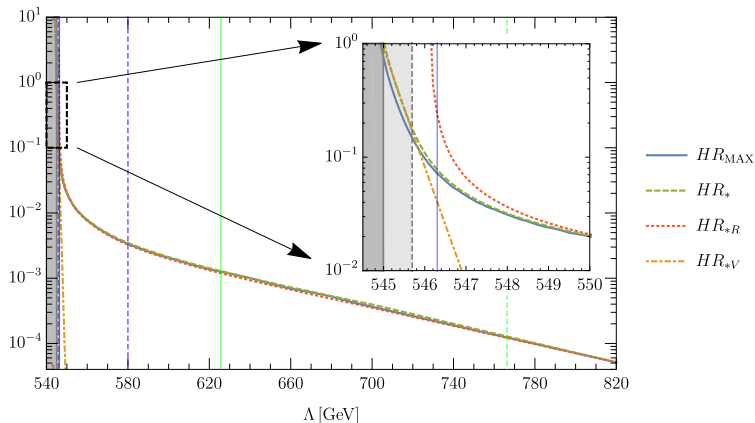
- 2 The distribution of bubble sizes at temperature T :

$$\frac{dn}{dR}(t, R) = -\frac{dt'}{dR} \frac{a(t'(R))^3}{a(t)^3} \Gamma(t'(R)) P(t'(R)).$$

- 3 Dominant contribution to the GWs comes from the bubbles that contain the largest fraction of the energy budget

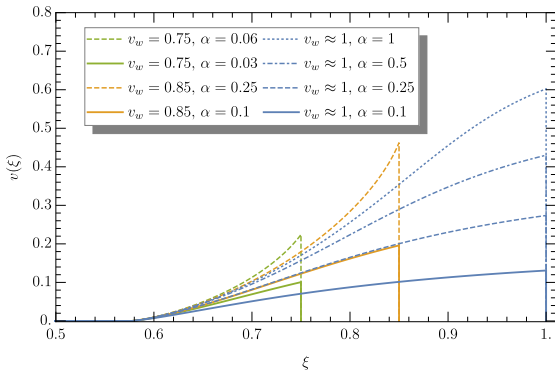
$$\mathcal{E}_B(t, R) \equiv R^3 \frac{dn}{dR}(t, R) \implies R_{\text{MAX}}$$

Relevant scale for GWs



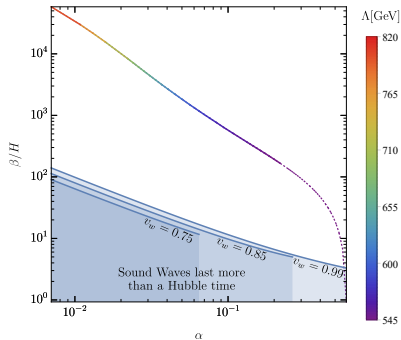
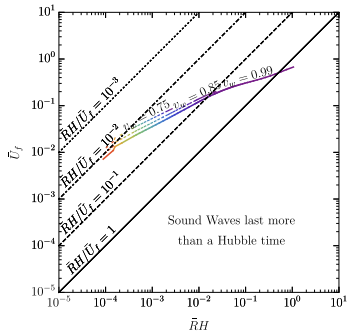
- To make contact with more standard terminology

$$\frac{\beta}{H} \implies \frac{(8\pi)^{\frac{1}{3}}}{HR}$$

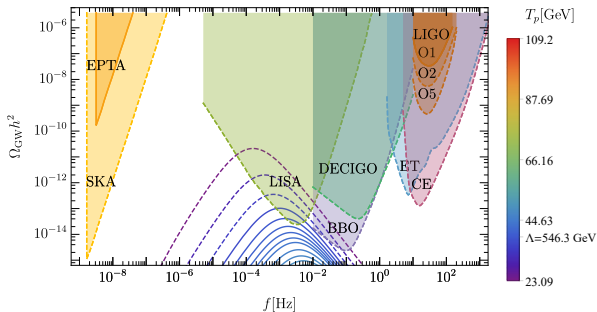
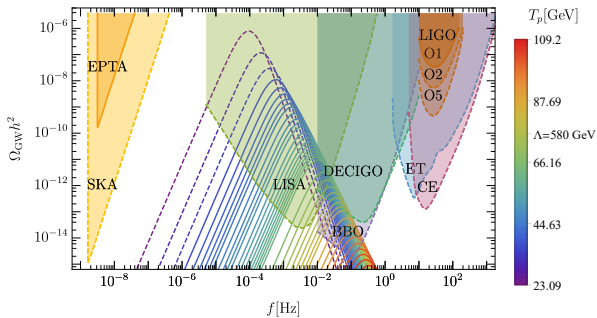


- Root-mean-square four-velocity of the plasma reads

$$\bar{U}_f^2 = \frac{3}{v_w^3} \int_{c_s}^{v_w} \xi^2 \frac{v^2}{1-v^2} d\xi.$$



- The amplitude of the GW signal will probably be reduced by a factor $\sim H\bar{R}/\bar{U}_f$



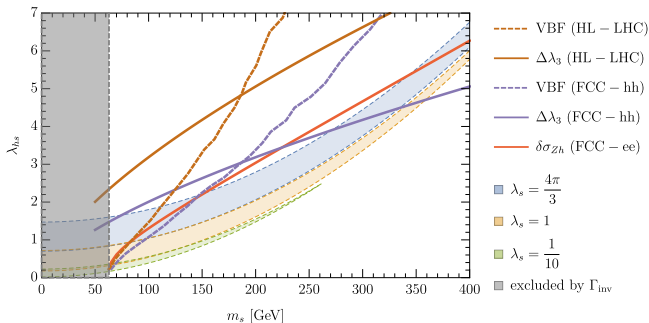
Model 2: Neutral singlet

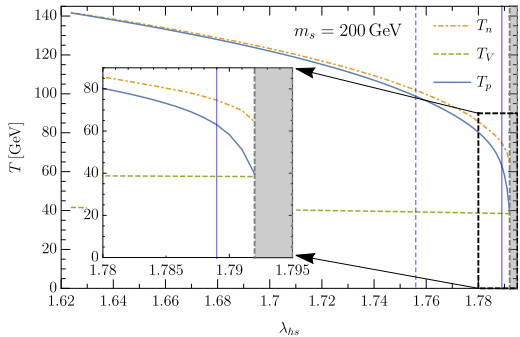
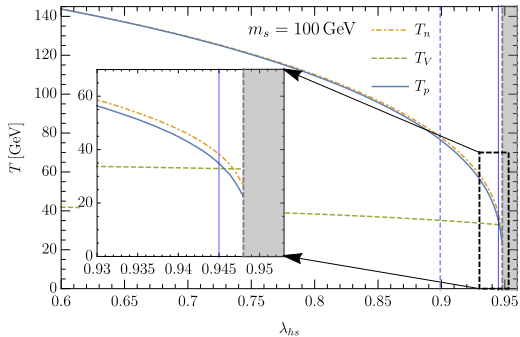
- We add an additional singlet scalar to SM

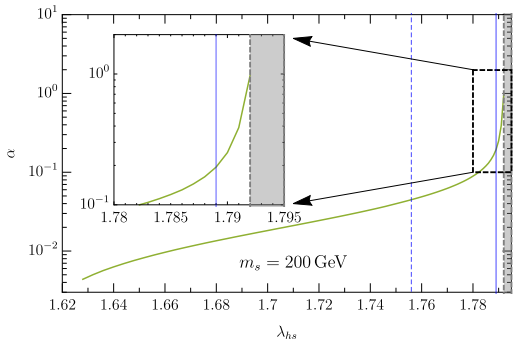
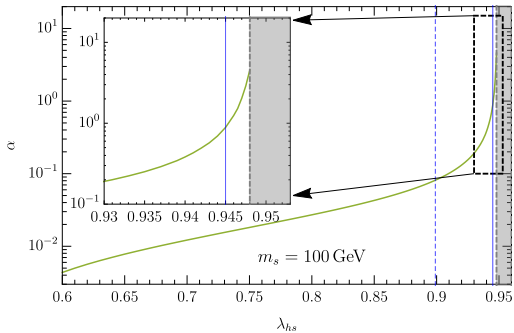
$$V^{\text{tree}}(H, s) = -\mu_h^2 |H|^2 + \lambda_h |H|^4 + \frac{\lambda_{hs}}{2} |H|^2 s^2 + \frac{\mu_s^2}{2} s^2 + \frac{\lambda_s}{4} s^4$$

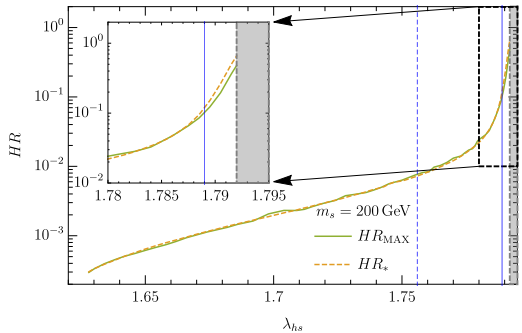
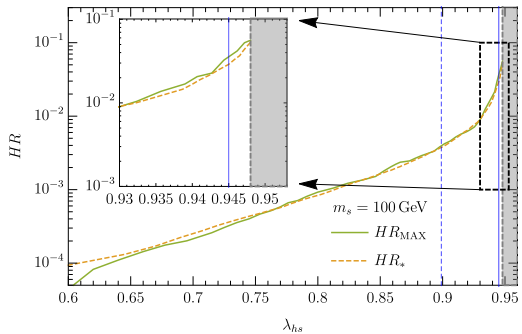
- Singlets physical mass

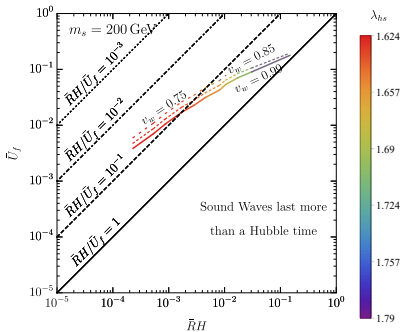
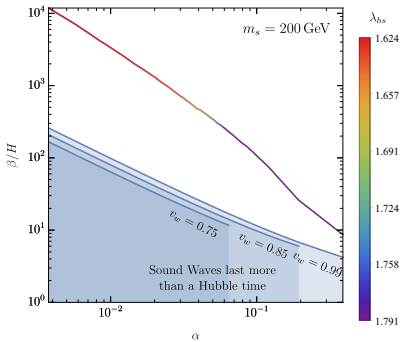
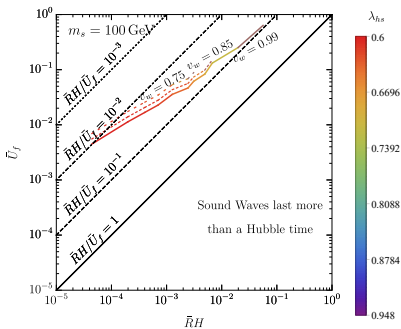
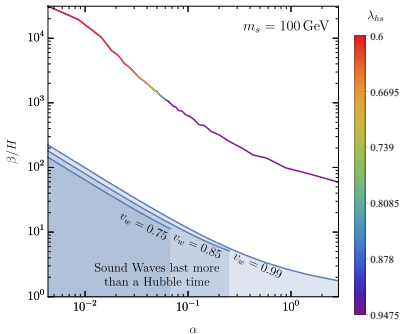
$$m_s^2 = \mu_s^2 + \lambda_{hs} v^2/2$$

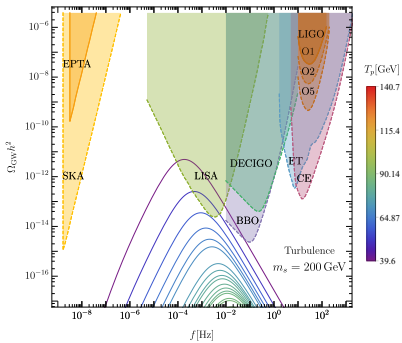
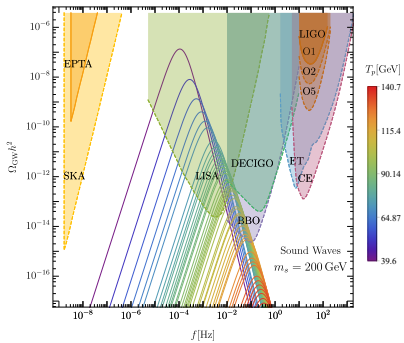
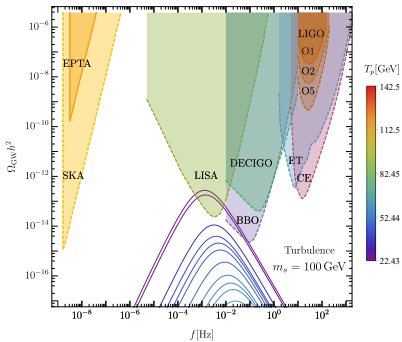
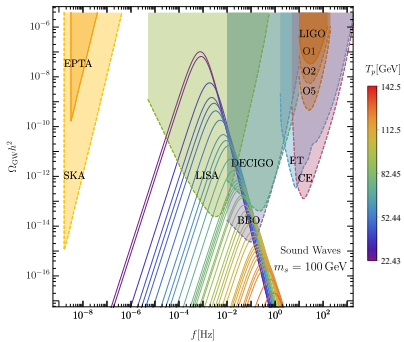












Conclusions

- For PTs with strong supercooling ($\alpha \gtrsim 1$) energy of the unstable false vacuum has to be taken into account. It affects dynamics of the transition and if vacuum domination lasts for a significant amount of time can jeopardize the successful completion of the phase transition.
- Condition for GW production by sound waves to be *long-lasting* (approximately a Hubble time) is generally not fulfilled. Because of this the sound wave GW signal could be weakened, with turbulence setting in earlier, resulting in a smaller overall GW signal as compared to current literature predictions.
- After supercooled PT the universe reheats to $T_r \approx T_V$ which is the temperature relevant for redshifting of GWs and which sets a bounds the peak frequency of the GW signal from the phase transition to be $f \gtrsim 10^{-4}$ Hz.