

Care first

COVID-19 Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
Monday FEBRUARY 22, 2021	Care first	Care first Awareness	'How Care first can support you' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/1717818006550670604
Tuesday FEBRUARY 23, 2021	Care first Lifestyle	Updates to Care first Lifestyle	'Updates to Care first Lifestyle' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/697368961391088656
Wednesday FEBRUARY 24, 2021	Wellbeing	How making small changes to your diet & exercise can have a positive impact on your wellbeing	'How making small changes to your diet & exercise can have a positive impact on your wellbeing' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/7599414666266521103
Thursday FEBRUARY 25, 2021	COVID-19 & Business	How the pandemic could affect the way organisations do business	'How the pandemic could affect the way organisations do business' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/6834400863964372749
Friday FEBRUARY 26, 2021	Mental Health	Keeping optimistic during the Pandemic	'Keeping optimistic during the Pandemic' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/4682327854410123790

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that content may include guidelines applicable to the UK, however guidelines for Wales, Scotland and Ireland may vary. Please refer to .gov for the latest guidance in your region.

Please note that these themes and events may be subject to change as the situation develops.