

Early Youth Engagement in First Episode Psychosis

(Project update)



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Sussex Partnership

NHS Foundation Trust



EYE-2 Project & Intervention

Early Intervention in Psychosis (EIP) services

- People experiencing psychosis for first time
- Working with clients in a critical, early period
- Shown to improve symptoms, function

But: disengagement - 25-30% of people in first 12 months

- Linked to younger age, substance use, knowledge about services

EYE-2 Project & Intervention

Aim: engaging young people with EIP

- tailor treatment package to individual needs
- focusing on personal goals
- increase client's involvement in decisions about care

EYE-2 intervention: developed with service users and their families

- training to professionals: motivational communication
- utilising support from friend and family network
- booklets/leaflets

Intervention Resources (likemind.nhs.uk)



- motivational, open communication
- focus on personal goals
- offers collaboration
- promotes choice around treatment issues
- helps address common personal barriers to engagement

EYE-2 Project & Intervention

NIHR funded national trial, EYE-2 intervention compared to standard EIP services

- 20 EIP teams across 8 Trusts (Cambridgeshire, Hampshire, Norfolk, London, Manchester, Thames Valley)
- 1059 service users identified: aged 14-35, First Episode Psychosis
- Followed up for 12-24 months (engagement, routine measures, service use)
- EYE-2 approach with EIP vs. standard EIP

EYE-2: trial update

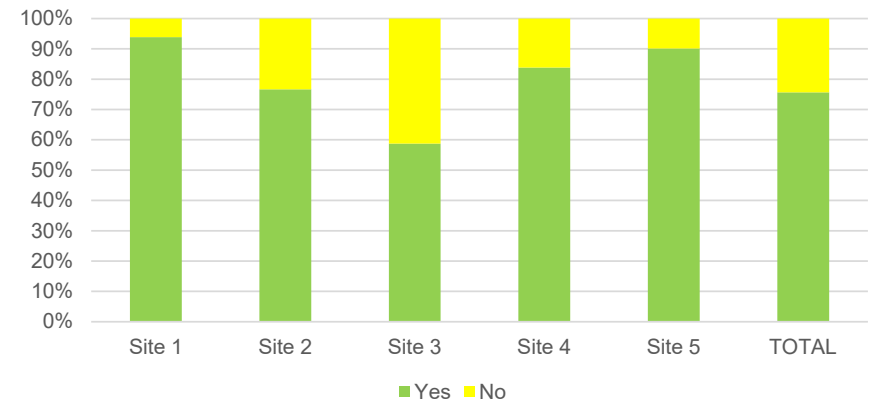
Data collection mostly complete

Engagement over study period has been reviewed and rated:

- 184 disengagement events so far
- 261 clients lost to follow up (moved to a different area or service, discharged, etc.)

Routine outcome measures

- Baseline: HoNOS 97%, QPR/DIALOG 61%
- 12m: HoNOS 75%, QPR/DIALOG 41%



Adapting to changes: the role of RAs

EIP teams: high workload, challenges of usual work (and data collection practices) due to COVID

RAs essential in:

- Linking in with study teams
- Promoting profile of trial/intervention
- Offering help with data collection, assessments, interviews

Typically psychology graduates

- quickly becoming experts in role
- competent, adaptable resource in challenging times
- moving on to clinical roles/postgraduate training

Adapting to changes: the role of PPI

Development of

- new screening tools (HoNOS)
- telephone interviews (HoNOS, QPR, DIALOG)

Training new colleagues/RAs (practice assessments, tips)

Organising and running focus groups

Next steps

Finalising database (engagement, routine outcome measures)

Last period of service use/health economic data collection

Statistical analysis/Final report: 2022

Research Team

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Thank you!