# Adult and Elder Care: Simplifying Support for Your Loved Ones

Navigating the complexities of care for adults or elderly family members can be a minefield. Our Adult and Elder Care resource is here to help simplify the process, helping you understand, find, and fund the right care for you or your loved ones (aged 18 or over) at no extra cost.

## How Does It Work?

Confidential, Expert Support Enjoy personalised, one-toone telephone support with a dedicated care expert who will be with you every step of the way.

#### Tailored Resources

Our care experts will direct you to the most relevant online tools, care guides, and resources, crafting a customised care plan just for you.

arranging immediate or future care, and learn more about important topics such as power

#### Arranging Care Details Get assistance with finding and

of attorney.



Explore your eligibility for NHS funding, benefit entitlement checks, and government support. Plus, access financial advice to help fund care.

#### Home Care Support

Funding Assistance

Discuss home adaptation and home help options with our care experts to ensure a comfortable living environment.

#### Find out more

Discover all the ways we can support you <u>here</u>

### How to access this service

Call Freephone: **08000 608 823** Lines are open Monday to Friday, 9am to 5pm. Calls may be monitored and recorded. This service is provided by L&G Care.