



Global Work Experience

Course Convenor: Julia Hartviksen

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Module Overview

- This module is designed to allow students to gain **practical work experience** in an area of relevance to your degree course.
- It will take the form of a series of **5 workshops**, and a period of **work experience**, of a minimum of **50 hours or 5 weeks** undertaken in the autumn term of Year 3.
- The module provides an opportunity to experience the **practical aspects of work**, contribute to your **personal development**, and **gain skills** needed for graduate employability beyond university

Learning outcomes

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- LO 1 **Develop skills in relation to employability which makes a clear link with career planning**
 - LO 2 **Reflect critically on their professional skills development in relation to employability**
 - LO 3 **Critically evaluate their own personal objectives for career and academic planning**
 - LO 4 **Integrate academic knowledge and understanding with work experience**
 - LO5 **Use written communication to demonstrate a detailed understanding in appraising the knowledge gained during the work experience in a form that is accessible to the work experience provider**
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Teaching Methods and Assessment

- Remote Independent CV activity + 1-2-1s (June)
- Weekly skills workshops (3 hours) in Weeks 1-4
- Placement/Work Experience in weeks 5-10
- Closing and Assessment Workshop: week 11

- 1500-word Career Portfolio (30%)

- Due Week 11

- 3500-word Reflexive Essay (70%)

- Due AB1

What counts as a 'Work Experience'

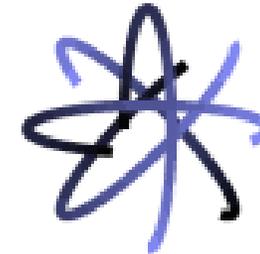
- Minimum of 50 hours of work experience, ideally spread over 5 weeks during the Autumn term
- Can be paid or volunteer work
- Can be overseas (need to complete risk assessment)
- NB: If you already are doing voluntary or paid work which is related to your degree, you may count this towards GWE, as long as this work continues during the Autumn term

Where our students have worked...

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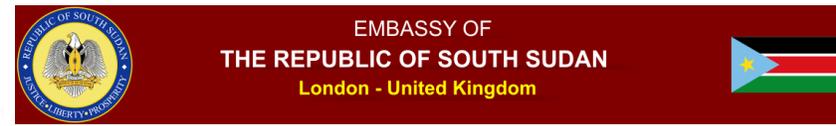
Haringey Council



Globalstratos™



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How does it work?

- Select D6001 Global Work Experience when you choose your option
- Julia will be in touch with next instructions, following your selection
- In June, you will need to complete the 'CV 360' activity and attend a 1-2-1 meeting (in person or over zoom)
- **You will be expected to be proactive in finding your placement opportunity**

NB: The final deadline to secure your work experience:

1 September 2026



Contact **Julia Hartviksen**
(module convenor) at
j.hartviksen@sussex.ac.uk if you have
any questions and to discuss finding
a work experience

FAQs

The Global Work Experience runs differently to your other modules: you will only have 5 weeks of class, and will do your work experience independently.

Here are some answers to questions that often come up.

Please feel welcome to get in touch with Julia if you have any further questions!

I already volunteer with an organisation. Can this count towards this module?

Yes, absolutely, provided you carry on volunteering in the Autumn term.

When do I need to find a placement by?

1 September 2026 - lots of time!

Why are there only 5 weeks of timetabled class?

This is to allow you time to dedicate to your placement within the term. Most students do their placement when we don't have class, between weeks 5-10.

Julia runs extra office hours and optional check ins during the weeks when you don't have class, so you can always count on face-to-face interaction if you have questions, need support, or just want to check in about how it's going!

How do I structure my work hours?

This is ultimately up to you and your host organisation. You could do 10 hours per week for 5 weeks (most common); 5 hours per week for 10 weeks; or condense your work hours over a shorter period.

I don't have any work experience, and don't know where to start. How should I go about finding a placement?

There are plenty of resources available to support you! Julia will run a placement workshop and offer 1-2-1 support before and during the summer. You will also have access to a database of past host organisations to get started. You also can seek individual support from the dedicated Careers Team via CareerHub.

Can I do more than 50 hours?

Of course! The 50 hours is a minimum.