

Exploring Attachment Theory Workshop

Friday 23rd October, 2015

10am - 3pm

Ground Floor Meeting Room, Essex House

Exploring Attachment Theory is a one-day workshop for academics, practitioners and researchers working with children and families offering an opportunity to investigate contemporary debates in Attachment Theory from an interdisciplinary perspective.

Attachment theory has grown in popularity over recent years and can be viewed as an example of a successful diffusion of concept and theory into practice. The purpose of this workshop is to pause and reflect on the rapid spread of attachment theory from cross-disciplinary and cross-setting perspectives. Through a combination of short presentations and group discussions the workshop will provide a forum for the critical exploration of attachment theory.

In the first half of the workshop, academic speakers will explore Attachment Theory from a range of perspectives:

Robbie Duschinsky, University of Cambridge

The development of attachment classifications

Professor Colleen McLaughlin, University of Sussex

The use of attachment theory to understand relationships in schools

Sharon Lambley, University of Sussex

Attachment theory in relation to social work practice

The second half of the workshop will consist of a facilitated discussion enabling participants to explore how attachment theory may be relevant to their own work.

The workshop will be of interest to social work, nursing and other practitioners working with children and families and researchers working with ideas of attachment theory in their research.

To book a place at this workshop, contact T.Rana@sussex.ac.uk by Friday 16th October (advising any dietary requirements)

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