

Starting with us



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Welcome from the Vice-Chancellor

The University of Sussex was founded in 1961 and to mark this milestone, we'll be holding a series of 50th anniversary events throughout the academic year. As our newest generation of Sussex students, we'd love you to join in the celebrations!



We're delighted you are joining us in what promises to be a very exciting year. To celebrate our 50th anniversary, we will be hosting a number of events, including art exhibitions, lectures and of course, parties.

You can see the information about these events on the fiftieth webpages at www.sussex.ac.uk/fiftyyears

We'll also be organising other activities with our students this year – so if you have ideas, we'd love to hear them.

In creating Sussex 50 years ago, our founders believed that education was about 'making the future'. They took a radical approach to higher education, with buildings that set a new standard for design; research and teaching that cut across traditional academic disciplines; and a strong commitment to breaking down social and academic barriers.

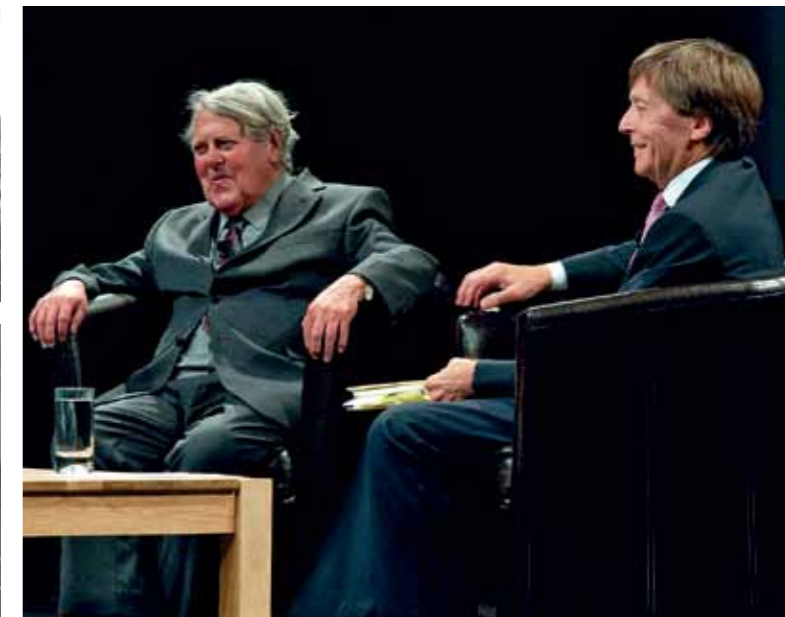
Our first intake was of course small, with just 38 students receiving degrees at our first graduation ceremony in 1964. We have grown significantly over those 50 years, but the University still adheres to its original founding vision. Even today, Sussex enjoys a reputation for being innovative, socially-responsible and just that bit different.

Although we are immensely proud of our rich history, we continue to build on our many successes and to develop all aspects of the University experience, and especially the student experience, for generations to come.

So as we look forward, I am pleased that you and your fellow students are now helping to shape the University's story for the next 50 years, and beyond.

I therefore warmly welcome you to the University, as you play your part in making the future at Sussex.

Professor Michael Farthing
Vice-Chancellor



Starting with us

Thank you for choosing to study at the University of Sussex. You will soon be one of over 5,000 new undergraduate and postgraduate students who join our community.

We have prepared this handbook to give you an early taste of what to expect during your first days at Sussex – the busy period of social and academic orientation activities that we call Induction or Freshers' Week.

Our schools of study and other University services will all be hard at work over the summer months to finalise their parts of this year's busy induction programme. You can therefore expect to receive further and more detailed pre-arrival information from a number of our teams over the coming months, including a full timetable for your academic induction from your chosen area of study.

We'd also love to hear about your experiences of your first week with us so we hope you will feel inspired to enter our blog competition to let us know your first impressions of campus life. See page 12 for more details.

In case you have any pre-arrival questions that are not answered by this guide or subsequent mailings, we have included on page 33 a list of useful University contacts to help you direct your enquiry to the right department. Please don't hesitate to get in touch – many of the staff you will be speaking with have been students themselves or have family members who are just starting university and we all appreciate how much you have to organise over the next few months.

We look forward to meeting you soon!



How to get to Sussex

The University campus is located at Falmer, on the outskirts of Brighton, within easy reach of London and major international airports (Gatwick and Heathrow).

Road

The University is on the A27 road between Brighton and Lewes. Visitors driving from London and the north should take the M23/A23 towards Brighton, which then joins the A27.

There will be RAC signs in place on main local junctions for the weekend of 24-25 September 2011.

Coach, bus and taxi

There are regular coach services from London Victoria station and the Gatwick and Heathrow airports to the Brighton Pool Valley coach station. Number 25/28/29/29B/42 buses run frequently from the city centre to campus; alternatively, taxis from central Brighton to the University cost around £12.

When arriving on campus, make sure that you are dropped off near York House (at the back of campus) and not near Sussex House at the front of campus. The taxi or bus driver will be happy to advise you.

Rail

Regular trains from London Victoria to Brighton station take as little as 50 minutes, and run approximately every 20 minutes (although less frequently on Sundays). Falmer station – which is directly opposite the University campus – is well served by frequent local trains from Brighton and Lewes (the journey takes about eight minutes from either direction).

Air

London Gatwick airport is approximately 25 miles (40km) north of Brighton, half an hour by road or rail. London Heathrow is a little over an hour's drive away.

If you are arriving by air, we recommend that you go by rail to Brighton train station (if you will be living off campus) or to Falmer station if you will be living on campus.

National travel enquiries

National Rail Enquiries 08457 484950
www.nationalrail.co.uk

Coach enquiries 08717 818178
www.nationalexpress.com

Eurostar 08432 186186
www.eurostar.com

Eurotunnel 08443 353535
www.eurotunnel.com

Gatwick Airport 08443 351802
www.gatwickairport.com

Heathrow Airport 08443 351801
www.heathrowairport.com

AA Roadwatch 09068 884322
www.theaa.com



On arrival

Once you have unloaded all your possessions, you'll find a whole host of people waiting on campus to welcome you to your new home.

Car arrivals

If you are arriving by car and will be living in campus accommodation, simply follow the RAC directions located at the campus entrance to the residences. There will be student helpers and security staff posted along the route to guide you.

Once you have unloaded your belongings (or if you have no luggage to unload) please ensure that you park in one of the designated general car parks at the front of the campus, to give other new arrivals space to unload.

Parking restrictions

Parking charges will not apply for new students or their visitors on Saturday 24 and Sunday 25 September 2011.

Please note, however, that students who live in University-managed accommodation at Falmer are not usually allowed to park a vehicle on campus. The only exceptions are for students with a mobility disability or students with their families living with them. Students residing in off-campus accommodation are eligible to apply for a permit or pass to park, but charges apply.

For more information on our student parking policy – including contact details for queries – please go to our transport website at www.sussex.ac.uk/efm/transport

Residential Advisors

University-managed accommodation areas on and off campus have Residential Advisors (RAs) allocated to them. RAs are predominantly second- and third-year students who have gone through a rigorous selection and training process to ensure that they are able to give ongoing support for new students living in University residences. RAs – who are clearly identifiable in their black tops – will be busy in accommodation areas over Welcome Weekend and beyond to help new arrivals settle in and get involved in social activities.

International team

Wearing blue tops, members of this team will be located around campus to help new international students settle in to life at Sussex.

Vice-Chancellor's Welcome Reception

The Vice-Chancellor and senior officers of the University invite new students and their guests to join them for refreshments on Level 1, Bramber House. You are welcome to attend at any of the following times and the Vice-Chancellor will give a short welcome address at each.

Saturday 24 September: 2-2.45pm, 3.15-4pm, 4.30-5.15pm

Sunday 25 September: 2.30-3.15pm

Sunday Funday

A day of sports and fitness activities at the Sport Centre, run in association with Sussexsport and the Students' Union on Sunday 25 September.

12 noon-3pm	Dodgeball Tournament (Freshers Ball tickets for the winning team!)
12 noon	Free Pilates class (no need to book)
1pm	Free Spinning class (places limited – arrive early)
1pm	Free Squash/Racketball drop-in (no need to book)
2pm	Mountain bike class at Falmer Sports Complex (places limited – arrive early)
2pm	Free West African Dance (no need to book)
1pm, 3pm	Gym tours at Falmer Sports Complex
4pm	Free Boxercise class (all abilities – drop in)
Additional come-and-try sessions available on the day.	

Travel information

Brighton and Hove Buses

Come to the Brighton & Hove marquee near Bramber House throughout Welcome Weekend, where you can find out travel information for rail, coach and local bus services.

Pick up your local Bus Times and buy your Saver ticket to use on all Brighton & Hove buses, including night buses. Our buses run 24 hours a day, 7 days a week to the University – see the Brighton & Hove Student Guide for details.

Big Lemon

Come and find out about our friendly, affordable and environmentally-friendly bus services; all our vehicles run on biodiesel from locally sourced waste cooking oil! We'll be in the gazebo near Bramber House over Welcome Weekend.

Some examples of our fares:

Three Stop Hop: £1

Lemon Single: £1.80

Lemon Saver (all day): £2.50

Chill out at Falmer Bar

Once you've unpacked why not come along to Falmer Bar (in Falmer House) to enjoy some excellent food, drinks and sunshine (hopefully) on our lovely patio. This is also a great opportunity for students living off campus to make new friends, soak up the Welcome Weekend atmosphere, and start socialising!

Falmer Bar will open from 11am, food will be served from 12 noon onwards.



Your family and Sussex

The Sussex Family Programme will help keep your family in touch with your academic life and feel part of the Sussex community.



Your family and friends back home will be an important support for you while you settle into life at University. The Sussex Family Programme will help them feel involved in life at Sussex, keeping them in touch with University news and events, and giving them practical information such as term dates and places to stay in Brighton and the surrounding area.

Termly e-newsletter

Each term we produce an email newsletter with news from the University, important dates for your family's diaries, and other information that they may need to know.

Invitations to special Sussex events

With the University's 50th anniversary this academic year, your family can expect invitations to a variety of special events on campus, in London and around the world. Find out more about what's going on at www.sussex.ac.uk/fiftyyears

The chance to support Sussex students

Through the Sussex Fund, your family may wish to support student hardship, scholarships and bursaries, and make a difference for someone like you.

Hotel list

If your family are looking for somewhere to stay the night after dropping you off, visit www.sussex.ac.uk/aboutus/findus/wheretostay for the University's approved hotel list, with specially negotiated rates. The list is managed by the Family Programme team.



Meet the Vice-Chancellor

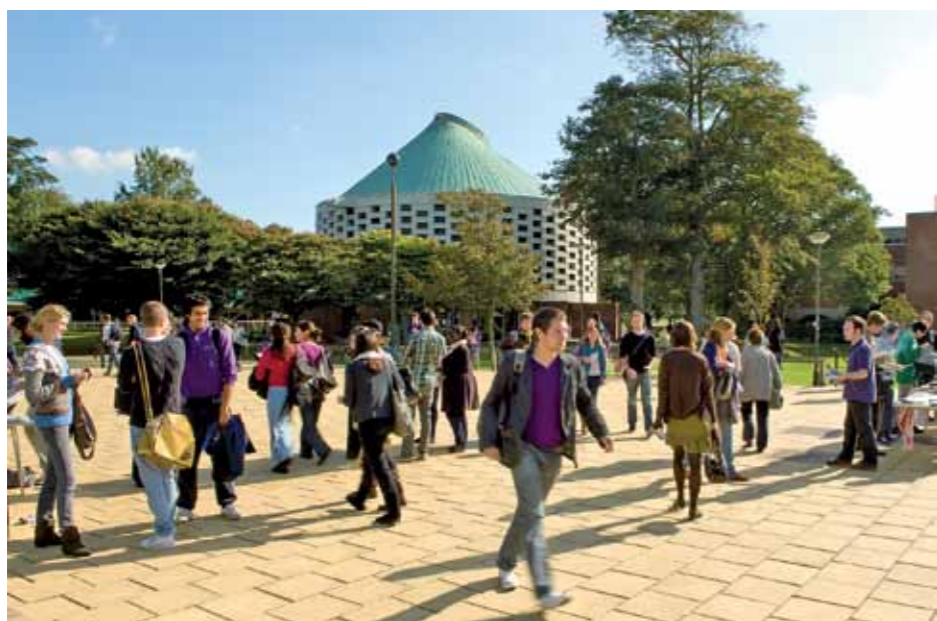
You and your family will have an opportunity to meet the Vice-Chancellor at one of his popular welcome receptions over Welcome Weekend. The Family Programme team will be there too, so come along to find out more about us and add your family members to the Programme.

For more details about the Vice-Chancellor's welcome receptions, please see page 6.

For more information about the Family Programme and to sign up online, visit www.sussex.ac.uk/families

Registration

To become a member of the University and the University of Sussex Students' Union, and to activate your IT and Library accounts, you need to complete registration. This section tells you what you need to know about this essential first step in becoming an official Sussex student.



How do I register with the University?

All students registering with the University of Sussex are required to register online.

The process of registering online can be completed easily by most students and is open from 1 September. You are asked to confirm personal details, home address, term address and next of kin. You are also required to pay, or set up a payment arrangement (eg recurrent credit/debit card payment), for any rent or tuition fees for which you are liable.

The system will hold details of any payments being made on your behalf such as support through Student Finance England, a research council, or any other third party sponsor. If confirmation of these arrangements has been received by the University it will show on the online registration system and you will only have to pay for any portion of the fee or rent for which you are responsible.

What do I have to do before I arrive on campus?

Firstly, either attach a photograph of yourself to the identity card form enclosed in the mailing with which you received this handbook OR alternatively you will have the opportunity to upload a photo of yourself as part of the online registration process (note: Visiting and Exchange students should have already received this form in a previous mailing). Make sure to cut off the barcoded slip before returning the form in the return envelope (also enclosed with

this handbook), as you will need the slip in order to access the online registration system. Please note that if we receive your envelope after 17 September we will not be able to prepare your identity card in advance.

Next, follow the instruction on the How to Register leaflet – this will enable you to collect your username and password for the University's IT services.

Your Candidate Number, which you will need in order to collect your username and password, is on the barcoded slip of your identity card form and also in an email which will be sent to your personal email address.

Once you have your username and password you should log in to the online registration system at www.sussex.ac.uk/registration Once logged in, use the Checklist to navigate the system. For ease of use, when a task is completed the red cross changes into a green tick. Once all tasks have green ticks against them you are registered and the system will give further information.

If you have applied for University-managed accommodation, you will shortly be receiving a separate mailing from our Residential Services team, which gives details of your housing allocation.



How can I pay?

The online registration system will let you pay in full by credit or debit card. It will also allow you to set up a termly credit or debit card instalment payment plan. For overseas students there is also a Travelex payment option.

If none of these payment methods suit you, you should call the Student Accounts hotline on 0800 0194979 (from within the UK) or +44 (0)1273 673276 (from overseas).

Why should I register before I arrive?

Registering before arrival allows you early access to your University IT Services account and also allows us to prepare your identity card, which also functions as your Library card – thereby giving you quick on-arrival access to key services.

On arrival

If you complete registration online, the system tells you when and where you should collect your identity card.

Note for undergraduate students: once you've collected your card we will notify Student Finance England that you are in attendance. This means that – if you have had a student loan approved – we are able to authorise payment on the first day of Induction Week, with the money entering your account within three to five working days. Remember to make sure you have given Student Finance England your bank or building society account details before the beginning of term to avoid delays with your payments. You can contact them either through their website www.direct.gov.uk/studentfinance or by phoning Student Finance England on 0845 300 50 90.

Identity cards

These are issued on campus. You can only collect your card once you are fully registered. The online registration system will inform you when your registration is complete.

Part-time postgraduate students will have their identity cards sent to their home address once online registration has been completed.

What if I can't complete online registration?

Completing registration online should be fairly straightforward for most students. The most common reason why you will not be able to complete the process is payment of fees. This can sometimes be problematic for overseas students and also for some UK undergraduates who have applied for support through Student Finance England but for whom we have not yet received confirmation.

Don't worry though: if you haven't managed to complete registration online then click the 'I need help' button at the bottom of the online checklist and you will see information about what to do – this includes a link to details of where and when you can go to register once you get to campus. If you have to do this we still need you to complete all of the other tasks online prior to attending the registration session on campus.

I don't have internet access – what should I do?

Once on campus you should go to IT Services who can inform you where you can access a computer on which to register.

Late registration

If you know in advance that you will be unable to register by Friday 7 October you should write to the Registration Officer, University of Sussex, Sussex House, Falmer, Brighton BN1 9RH, UK, who may be able to grant you exemption from the late registration penalty.

You can register late at the Student Accounts Office, in Sussex House. The Office is closed throughout the registration period while staff are at registration, but it re-opens on Wednesday 5 October.

If you have not made special arrangements and do not register before Friday 7 October, you will be liable to pay a penalty of £50.

Students with special needs

All student are required to register online. Students who have problems accessing IT facilities – which may affect your ability to register online – should contact the Registration Officer, Tim May, on +44 (0)1273 678761.

Terms and conditions

You should be aware that by registering you are agreeing to abide by and accept:

- the University ordinances and regulations at www.sussex.ac.uk/governance/ordsregs
- the Library regulations at www.sussex.ac.uk/library/regulations
- the University regulations for the Use of Computers and Computer Networks at www.sussex.ac.uk/governance/compregs
- the University's general terms and conditions, as set out in our prospectuses:
For undergraduates: www.sussex.ac.uk/study/ug/applying/2011entry/termsandconditions
- For postgraduates: www.sussex.ac.uk/study/pg/funding/termsandconditions

Housing

If you have been allocated University-managed accommodation, you will be sent details of your residence and an accompanying residence handbook by mid-September.



In that mailing you will also be given instructions on where you need to go to collect your key and a last reminder about the need to set up a payment arrangement for your rent before you arrive.

Unless you are attending the Common Professional Examination (CPE) or a pre-session course at Sussex, you will not be able to move into your accommodation until Saturday 24 September.

Undergraduates

If you have been allocated a room on campus, you will be able to collect your keys from the porter at your residence by showing a signed copy of your tenancy agreement. If you are going to be living off campus, please refer to the direction guide and instructions sent to you with your tenancy agreement for how and where to collect your keys.

University accommodation is in high demand so if you will not be arriving by 4.30pm on Monday 26 September you must inform our Housing Office to avoid your room being reallocated.

Postgraduates (including postgraduate Erasmus students)

If you have been allocated a room on campus, you will be able to collect your keys from the porter at your residence by showing a copy of your tenancy agreement. For all off-campus residences, please refer to the direction guide and instructions that will be sent to you with your tenancy agreement for how and where to collect your keys.

In any event you must ensure that you move into your accommodation by 12 noon on Wednesday 28 September. If you fail to do so, your accommodation will be reallocated unless you have informed our Housing Office of your late arrival in advance.

Visiting and Exchange students

If you are a visiting student from abroad for part of, or the full year, and have applied for accommodation, you should receive your tenancy details by the end of August. If you are a visiting student on the Sussex in September programme your tenancy details will be sent to you at your campus address.

University accommodation is in high demand so if you will not be arriving by 4.30pm on Monday 26 September, you must inform our Housing Office to avoid your room being reallocated.



Train and coach arrivals

Living on campus, arriving by train

A minibus service is available from Falmer train station to campus for new students who will be living on campus and arriving by train between the following times:

Saturday 24 September, 9am-8pm
Sunday 25 September, 9am-5pm
Monday 26 September, 9am-2pm

If you arrive at the train station outside of the minibus hours then you should follow the signposts to campus, which is just on the other side of the underpass. It takes on average 10 minutes to walk to your accommodation, and number 25 buses are free to travel across campus. If you have a lot of luggage then there is a bus stop just on the other side of the underpass at the front of campus.

Living on campus, arriving by coach

A minibus service will run between Pool Valley coach station in Brighton and campus between the following times:

Saturday 24 September, 9am-6pm
Sunday 25 September, 9am-6pm

If you will be living on campus and arriving by coach outside of these times, you will need to take a bus to campus (25/28/29/29B/N29) from the Old Steine, or a taxi to York House 24-hour reception.

Living off-campus, arriving by train

If you will be living off campus and arriving by train, there will be a minibus service between Brighton Station and King's Road between the following times:

Saturday 24 September, 9am-6pm
Sunday 25 September, 9am-6pm

Outside of these times you will need to pay for a taxi from Brighton station to 51-53 King's Road, Brighton to collect your keys. There is 24-hour cover at King's Road on 24 and 25 September.

Living off-campus, arriving by coach

Those living off campus arriving at Pool Valley coach station are advised to walk 250 metres along the seafront to the King's Road Residences (51-53 King's Road BN1 1NA), where further information and keys to your accommodation can be obtained.

Please see pages 5 and 35 for information on local taxi firms.

If you are without University-managed accommodation

If you are an undergraduate student who applied for University accommodation for a full year, but have been told that you are to be offered a host family or details of private-sector accommodation instead, you will automatically be placed on a waiting list for University-managed accommodation. You will also receive details of a meeting on Monday 26 September for all students in this position so that you can raise any concerns and receive information about the support arrangements being made for you. There will be a designated residential advisor for students with host families and the Students' Union will also be providing extra facilities.

If you are an overseas or research postgraduate student who has applied unsuccessfully for University accommodation, you will also be placed automatically on our waiting list. You will, however, have to make your own housing arrangements in the meantime.

If you are on the waiting list for University-managed accommodation, our Housing Office will contact you at your University email address as soon as a room becomes available, so make sure you check your email account frequently.

Private-sector accommodation

If you would like to explore what is available in the private rented sector as an alternative to University accommodation, you can use the online housing database, Studentpad, at www.yourstudentpad.co.uk

This also has a message board facility to allow you to get in touch with other new and returning students who may also be looking for housing.

Contact us

If you will be arriving late, or you have applied for accommodation but have not heard anything by mid-September, then please contact our Housing Office:

E housing@sussex.ac.uk
T +44 (0)1273 678220

For more details about all aspects of University housing, please refer to the website www.sussex.ac.uk/residentialservices which is regularly updated with the latest information, or to the Residence Handbook for your residence, which is sent out with the tenancy agreement (and is also available on the website).



About induction

Induction is the timetable of academic and social orientation activities designed to help ease new undergraduate and postgraduate students into university life.



Our aims

Supported by a central induction team, the University's many academic departments and support services work together to offer you a packed timetable of orientation events, and to ensure that there are activities of interest for all of the 5,000-plus new students arriving at Sussex. Our aims in doing so are to help you:

- feel rapidly at home
- have the best possible experience of university life
- settle into your academic studies as quickly as possible.

Your induction timetable

As part of our induction programme there are a number of compulsory activities which you will need to complete or attend in order to be fully part of life at Sussex:

- Registration
- Library induction
- Departmental welcome
- Departmental social welcome
- Sussex specific IT induction
- Academic advisor meeting.

*In September you will be sent either your academic induction timetable or details of where to collect this on arrival. This information will be sent out to students by their area of study. For Visiting and Exchange students information about your academic induction is included with this mailing. Please note: You will **not** be able to collect your timetable over Welcome Weekend.*

Your Freshers' experience

You can expect to receive plenty of information from our teams before and during your first days on campus, and – from 1 September – there will be information available online at www.sussex.ac.uk/induction

Welcome teams

We have four main student helper teams working across campus during Induction Week to help you get around and get involved:

Green team

The University's central welcome team will be wearing bright green tops, and team members will be posted at key locations across campus throughout Induction Week. Their helpdesk will be situated at Bramber House reception during Welcome Weekend and in the Student Life Centre, Chichester 1 foyer, during Induction Week (see map on the inside back cover).

Red team

The University of Sussex Students' Union also have a large welcome team of current students who will be busy distributing information about the Union's range of Freshers' Week events. They will also be working at the events, running everything from campus tours to a wide range of evening entertainment activities. Again, they are easy to spot in their red tops.

Black Team – Residential Advisors (see page 6 for more details).

Blue Team – For international students (see page 6 for more details).

Blog Competition

Write a blog to win £50!

Share your memories and experiences with us by writing a blog throughout Welcome Weekend and Induction Week. Tell us about the highs... the lows... your first impressions... any new experiences... and just what Induction Week has meant for you. There will be two prizes of £50 each, awarded to the best blog from a UK, and a non-UK, student. For more information, plus full entry details, visit www.sussex.ac.uk/induction

International students

Induction events to help settle you into Sussex



International students

The International and Study Abroad Office (ISAO) would like to welcome you to England. We are here to help make your time at Sussex both exciting and rewarding. The international programme is designed to run alongside your academic induction. You should attend activities that are marked compulsory but then feel free to choose whichever events, talks or trips you fancy from our programme. The choice is yours!



In September, all students are emailed either a full academic timetable, or information on where to collect this on arrival.

If you are a Visiting and Exchange (V&E) student, details of your academic programme will be emailed to you and will also be available on arrival.

Meet us

The International Students' welcome team will be based in the Fulton building during arrival weekend between the following times:
Saturday 24 September: 11am-8pm
Sunday 25 September: 10am-8pm

From Monday 26 September we will be back in the International and Study Abroad Office in the Friston building and will be open as follows:

Monday 26 to Friday 30 September: 9am-5pm

T +44 (0)1273 678422
or ext 8422 from campus phones

International welcome programme

You will find up-to-date details of the International welcome programme on the induction website at www.sussex.ac.uk/induction, but here are some of the main events which had been confirmed at the time *Starting with us* went to press:

Saturday 24 September

Supermarket trips, leaving times 2pm, 3pm, 4pm, 5pm

Ideal for those of you who want to meet people and find out about the best places to buy your food at the same time.

Meet at the Mantell building bus stop (near the top entrance to the building).

Brighton city centre trips, 12.30pm and 3.30pm

Current students will help you explore Brighton and show you the best shops to pick up a bargain.

Meet at Mantell building bus stop (near the top entrance to the building).

Dinner in Brighton for students living off campus, 6.30pm

For those living off campus, meet our student helper at 6.30pm outside the Marks & Spencer bus stop on Western Road.

An opportunity to meet up with other students and go out for dinner in Brighton. Our student helpers will take you to some of Brighton's cheaper restaurants. Please note that this is an informal event and is simply meant to provide a meeting place and initial introduction. You will need to bring sufficient money to pay for your food and return bus fare. You will also need to find your own way back to your accommodation so make sure you check the bus timetables.

Remember to check the website (www.sussex.ac.uk/induction) for late additions or changes to the programme.

Sunday 25 September

Supermarket trips, leaving times 12 noon, 1pm, 2pm

As before.

Meet at the Mantell building bus stop (near the top entrance)

Brighton city centre trips, 10.30am and 12.30pm

As before.

Meet at the Mantell Building bus stop (near the top entrance)

Student panel, 3.30-5pm

Come and join us for coffee and biscuits and meet other new international students. There will be a question and answer session where you will be able to ask current Sussex students about their experiences and suggestions for making the most of your stay in the UK.

Meeting House Quiet Room

Home from home – nationality evening, 5.45-7.30pm

Come and meet others from your home country or those who share your language, as well as Sussex students who have studied abroad. Please note that we cannot guarantee that all nationalities will be represented.

Meeting House Quiet Room

Monday 26 September

International (including EU) undergraduate degree students welcome talk, 9.15-10.45am (Compulsory attendance for international undergraduate students.)

Presentation by Sara Dyer, Head of International Students' Support and other University representatives.

Chichester Lecture Theatre

Visiting and Exchange student welcome talk, 11.30am-1pm (Compulsory attendance for V&E students.)

Presentation by Sara Dyer, Head of International Students' Support and other University representatives.

Chichester Lecture Theatre

Brighton pub tour, 7pm onwards

Join current students to visit some traditional British pubs. Try some beer or just come along and make some new friends. Cost £3 (on-campus students only, to cover the bus fare, free for off-campus students).

Tickets and information from ISAO



Tuesday 27 September

Working in the UK, 9.30-10.30am (Non-EU students only.)

An introduction to the Careers and Employability Centre resources to help you get part-time work and explore how to develop your skills alongside your studies. Find out about Sussex employers and working in the UK regulations whilst you are a student. Session delivered by Andrea Wall (Employer Liaison and Events Manager).

Careers and Employability Centre, Library

Banking in the UK, 11am-12 noon

Find out about how to open a bank account in the UK and other useful information on banking.

JMS Lecture Theatre

Boundary Walk, 12.30-2pm

Enjoy the beautiful countryside around the campus on our Boundary Walk. It's free, it's a great way to keep fit, and there is always something interesting to see. With Martyn Stenning.

Meet at the Meeting House steps

Working in the UK, 2-3pm (EU students only.)

As above. With Andrea Wall (Employer Liaison and Events Manager).

Careers and Employability Centre, Library

Study skills, 3-4pm

An overview of the study skills support available to you during your time at Sussex. With Alison Chisholm, English Language Support Officer.

Arts A103

Wednesday 28 September

Lloyds TSB bank, 9.30-4.30pm

Representatives from the bank will be on campus opening bank accounts for eligible international students.

Friston 120 seminar room

HOST video and information session, 10.30-11.30am

Find out about the HOST Scheme, a national organisation that enables international students to spend weekends or holiday periods with families around the UK.

Silverstone 121

Keeping safe in the UK, 11.30am-12.30pm (Advisable attendance for those who have not previously studied in the UK.)

For many of you, this will be your first time living away from home in an unfamiliar country. This session, led by Roger Morgan (Head of Security at Sussex) with representatives from Sussex Police, will give you practical advice about living in the UK. They will highlight some of the issues you need to be aware of to keep yourself safe and protect your family, accommodation and belongings. Get your property marked for free as well.

Arts A103

Study skills, 12.30-1.30pm

As Tuesday 27. With Alison Chisholm, English Language Support Officer.

Arts A103

Study skills, 1.30-2.30pm

Repeated, as above.

Arts A103



Thursday 29 September

International postgraduate welcome talk

Presentation by Sara Dyer, Head of International Students' Support and other University representatives.

Chichester Lecture Theatre

9.30-11am for Postgraduates from the Schools of Business, Management and Economics; Education and Social Work; Global Studies; Law, Politics and Sociology; English; History, Art History and Philosophy; Media, Film and Music.

11.30am-1pm for Postgraduates from the Schools of Engineering and Design; Informatics; Life Sciences; Maths and Physical Sciences; Psychology; and BSMS.

Police registration appointment booking session, 9.30am-12.30pm

All students who are required to register with the police must come along today to book an appointment in order to do so. Appointments will be held over the next 1-2 months; you will be given a time and date to register.

Meeting House Quiet Room

Lloyds TSB bank, 9.30-4.30pm

Representatives from the bank will be on campus opening bank accounts for eligible international students.

Friston 120 seminar room

The Students' Union welcome to international students, 1-3pm

Meet representatives from the Students' Union Advice Centre who will let you know what the Union does, what it can offer you, and how you can get involved. Refreshments provided.

Reception desk, Falmer House

Working in the UK, 2.30-3.30pm (EU students only.)

As Tuesday 27. With Andrea Wall (Employer Liaison and Events Manager).

Careers and Employability Centre, Library

Project V introduction, 3-4pm

Find out about interesting opportunities for volunteering in the local area.

Falmer House, Room 126

Working in the UK, 3.30-4.30pm (Non-EU students only.)

As Tuesday 27. With Andrea Wall (Employer Liaison and Events Manager).

Careers and Employability Centre, Library

Families' 'meet and mingle', 4-6pm

All international students and their families are invited to come along to this afternoon for drinks and biscuits and to meet other families living on and off campus.

East Slope Families Room

Fun trivia night, 6pm start

Which is the most common colour to appear on the flags of the world? Think you can answer questions like this? Then come and take part in our trivia quiz. We will get you into teams to test your general knowledge. Prizes, fish and chip supper and refreshments will be available. Tickets £5 from ISAO.

Meeting House Quiet Room

Friday 30 September**Banking in the UK, 10-11am**

Find out about how to open a bank account in the UK and other useful information on banking.

[A1 Lecture Theatre](#)

Bank of China, 11-12pm

Representatives from the bank will give a presentation on opening a UK account with Bank of China.

[A1 Lecture Theatre](#)

Bank of China account opening, 12-5pm

Representatives from the bank will be available to open new accounts for interested students.

[Friston 120](#)

Travel tips, 2-3pm

Get some informal tips and advice on travelling around Brighton (including cycling), the UK and Europe. Come and ask your questions to our experienced student representatives.

[Friston 108](#)

Walking tour of Brighton and visit to the Royal Pavilion, 2pm

Join our guided tour of this fascinating city. The tour ends with a visit to the Royal Pavilion (entrance included). A great chance to see the amazing interior of this beautiful palace.

[Tickets £7 from ISAO](#)

Welcome meeting for new Chinese students, 4-5pm

Come and meet the Chinese Students' Support Officer Julie Zhu and fellow Chinese students.

[Fulton A Lecture Theatre](#)

Welcome meeting for new Japanese students, 4-5pm

Come and meet the Japanese Students' Support Officer, Mark Taniguchi and fellow Japanese students.

[Fulton 104](#)

Welcome meeting for new South Asian students, 4-5pm

Come and meet the South Asian Students' Support Officer, Laila Kadiwal, and fellow South Asian students.

[Fulton B Lecture Theatre](#)

Sunday 2 October**International students' welcome party, Brighton Dome, Church Street, 6.30-9.30pm**

To celebrate the start of your studies at Sussex, we invite you to come and meet other new international students. Join the Pro Vice-Chancellor, Mayor of Brighton & Hove, and University representatives for this special welcome to the UK. Entry is strictly by ticket only. Please collect a ticket and further information from the ISAO before 4pm on Friday 30 September. However, please note that numbers are strictly limited due to venue capacity, so we recommend that you collect a ticket as soon as you can. Free transport will be available from campus to the Brighton Dome, and back to campus after the event. Dress code casual.

Tuesday 4 October**Boundary Walk, 12.30-2pm**

Enjoy the beautiful countryside around the campus on our Boundary Walk. It's free, it's a great way to keep fit, and there is always something interesting to see. With Martyn Stenning.

[Meet at the Meeting House steps](#)

Saturday 8 October**Trip to London, leaves at 8.30am**

A day-long trip which includes a guided tour of some of the main sights in our fascinating capital city. In the afternoon you'll have some free time to go shopping, do some sightseeing or visit a museum.

[Tickets £15 from the ISAO](#)

Tier 4 passport copying and ID card collection

If you've entered the UK on a Tier 4 Student Visa the University is required to take a copy for our records and you will need to attend a passport copying session as a condition of your registration at Sussex. Passport copying sessions will be held in [Bramber House, Level 2](#) at the following times (although you should try to go to the session which is appropriate for your school and level – see www.sussex.ac.uk/sas/documents/reg-timetable-current.pdf for the registration timetable):

Wednesday 28 September 9.15am-4.30pm
(new undergraduates and visiting and exchange students)

Thursday 29 September 9.15am-4.30pm
(new postgraduates)

Friday 30 September 9.15am-4.30pm
(new postgraduates)

Monday 3 October 9.15am-4.30pm
(new postgraduates)

Tuesday 4 October 9.15am-12 noon
(all undergraduates and postgraduates who haven't yet attended)

Please bring the following **original** documents to the passport copying session:

1. Your passport
2. Your visa, leave stamps or immigration status document showing your permission to stay in the UK
3. Your biometric identity card (if you have one).

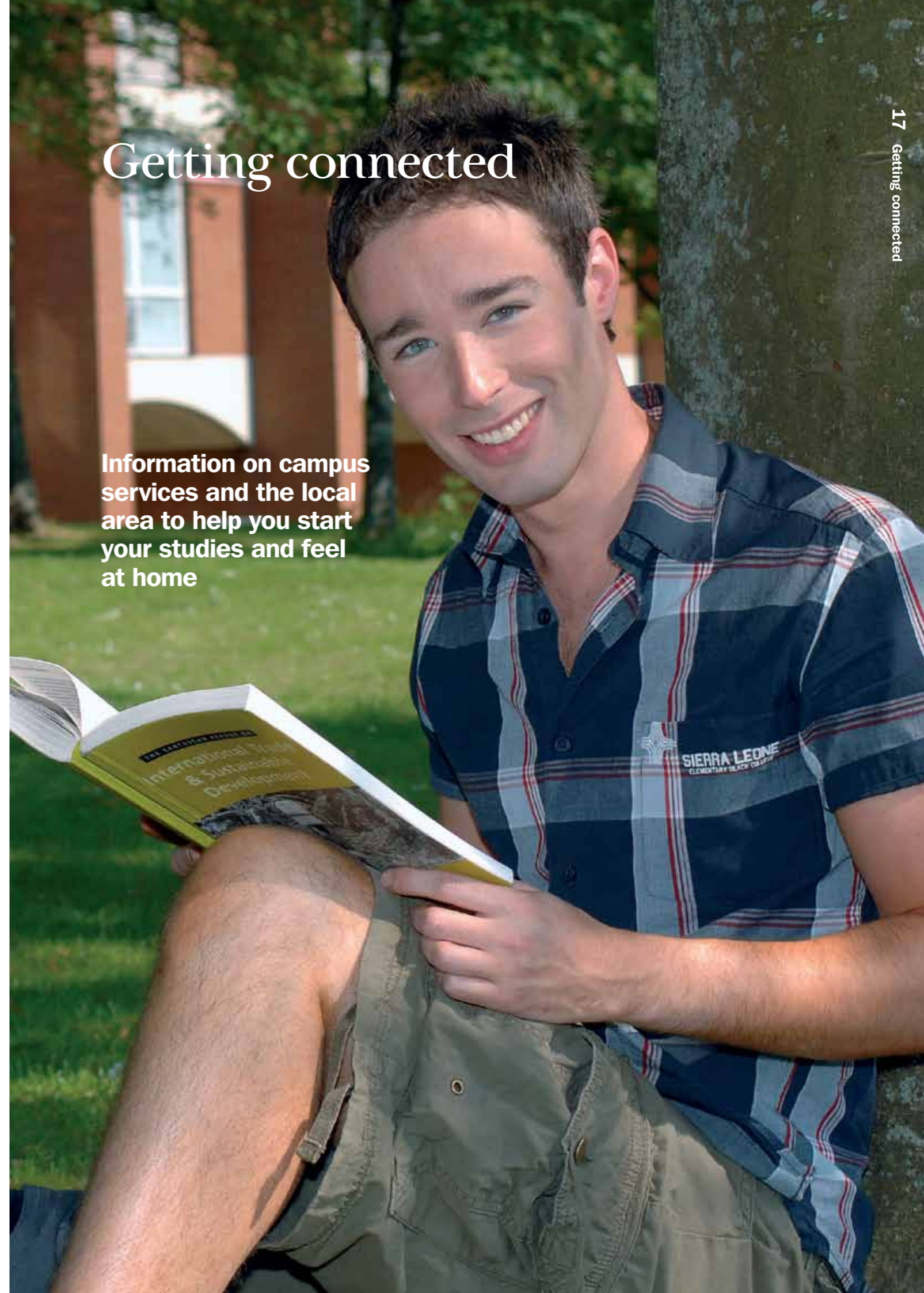
You will be able to collect your University ID card at this session but, please note, that your ID card will not be released until you have completed the passport copying process.

If you hold a Tier 4 visa but you are unable to attend one of the above sessions, after midday on Tuesday 4 October you should take your documents to the International & Study Abroad Office (Friston building) or the Student Progress Office (Sussex House). However, it is essential that you do this by 4pm on Friday 7 October as the University must tell the UK Border Agency (UKBA) if students holding a Tier 4 visa to come to Sussex do not arrive. If you have not provided your details we will assume that you have not arrived and report you to the UKBA.



Getting connected

Information on campus services and the local area to help you start your studies and feel at home



IT Services

We provide a range of IT services to help you study successfully. To find out more about Sussex-specific facilities, make sure you attend your scheduled induction, *Using IT @ Sussex*.



Getting started

An online introduction to the University's IT Services can be found by visiting www.sussex.ac.uk/its/welcome

When you register with the University you will receive a computer username and password that will give you access to all the computing facilities you will need for your course, including your own Sussex email address and file storage.

Using a computer at University

IT Services provides nearly 450 student computers giving access to the latest versions of Microsoft Office, specialist departmental software, printing across campus and the web which you can use for research, accessing learning resources and online course sites.

Using your own computer

If you are thinking about purchasing a computer before coming to University, Sussex-specific advice about compatibility and software can be found online (see above).

You will be able to connect your computer to the University campus network using a wired connection in the residences and WiFi across many other areas of campus.

Virus protection

When using your own PC on our network, it is essential that you have virus protection software installed and that you keep it regularly updated. We recommend that you use Microsoft Security Essentials, support and advice about which is provided on IT Services webpages.



Learning support

Students with specific learning needs or disabilities can take advantage of the adapted PCs in various locations around campus.

Start of Term events

Using IT@Sussex

You will be scheduled to attend one of IT Services' introductory sessions during Freshers' Week (please check your timetable for the exact time as attendance is compulsory). These sessions provide vital information about IT services specific to Sussex so it's very important that you attend.

The sessions cover:

- using your Sussex filespace
- printing at Sussex and how to credit your printing account
- accessing your Sussex email on and off campus
- changing your password and setting email options
- using Sussex Direct – your personalised and secure gateway to University information
- using Study Direct – the system that is used to deliver e-learning
- using Sussex Mobile – a web app for your mobile phone
- where to find help with IT-related enquiries
- information about other free IT training courses
- useful hints and tips.

Drop-in help sessions

If you're living on campus you will be given information to help you connect your computer to the residential network. However, if you are unable to connect, you are welcome to attend one of our 15 minute drop-in sessions in IT Services, Shawcross:

Saturday 24 September 2-4.30pm

Sunday 25 September 10am-4.30pm

Monday 26 - Friday 30 September 9.30am-5pm

You'll need to bring your laptop and power supply with you to the session.

The Library

The Library supports the University's learning, teaching and research. At the heart of campus, it offers 24-hour weekday access during term time.

The Library holds over 800,000 books and provides access to over 20,000 journals. The Electronic Library provides access to online full-text journals and newspapers, as well as references to thousands of journal articles and other online material.

Your Library induction

As part of the academic induction timetable provided by your area of study, you will be invited to attend a Library induction session. This will cover:

- how to access print and online information
- how to use the Library and borrow items from collections
- our Special Collections
- how we can help you
- online subject guides to help you with your course of study at www.sussex.ac.uk/library/subjects
- InfoSuss, our information literacy skills tutorial, www.sussex.ac.uk/library/infosuss
- the services we provide for researchers, including infoPlus, our online information skills tutorial for research postgraduates www.sussex.ac.uk/library/infoplus

What next?

- during Induction Week tours of the Library are available. For more information about dates and times, go to the Information hub in the Library or visit the Library website www.sussex.ac.uk/library
- look out for the Library stall at the Freshers' Fair
- ask us a question using our instant messaging service
- look on the webpages for researchers at www.sussex.ac.uk/library/research
- look at our online guides at guides.lib.sussex.ac.uk
- keep up to date with Library news by following us on Facebook and Twitter www.facebook.com/sussexlibrary www.twitter.com/sussexlibrary



Supporting enterprising students

Our Student Enterprise team organise a range of extra-curricular activities throughout the academic year, to help you to hone your entrepreneurial skills such as ideas generation, creativity and team-working. Students from any year or degree are welcome!



Jonathan's perspective

'Starting a business was something I'd considered the whole time I spent at university but never actually got on with doing. Enterprise activities at Sussex gave me the confidence to start making stuff happen and the connections to find my first customers. I've now been in business five years and haven't looked back. The co-working space I founded in central Brighton now supports a community of over 100 independent workers while operating successfully as a social enterprise. My software services business has worked with organisations including the BBC and Oxfam. This year I'm going Chile for six months to work on my new web technology product. I know that I would not be where I am today doing what I am doing if it wasn't for my participation in Sussex's enterprise activities.'

Jonathan Markwell
Sussex Alumnus
and Founder
of Inuda



Enterprise Thursdays

Enterprise Thursdays are a series of fun events with inspiring speakers and they are open to all students, staff, alumni and the local business community. Enterprise Thursdays provide a great opportunity for you to gain some fantastic transferable skills including networking, problem solving, communication and tips on public speaking. At the same time they will help to broaden your learning experience and provide you with valuable CV building material. These free events bring you real life stories from the world of business, charity and social enterprise and run during the Autumn and Spring terms.

Win £££s!

Enter-prize, the University's annual ideas competition, gives you the chance to create new ideas; attend workshops to build upon those ideas with others; win up to £500 in prizes; and get additional support to help you progress your ideas further. Winners and runners-up are all invited to a black tie awards dinner in the final stage. Teams and individuals can apply – look out for the jazzy beer mats during Induction Week!

Want to Make a Difference?

The University of Sussex Students in Free Enterprise (SIFE) society invites participation from students who want to make a difference in their local community or through international projects. SIFE Sussex now have several established projects:

- **Community Opportunity:** which works with the Samalani school for orphans in Malawi
- **Inspir8:** working with disengaged youths from local High Schools



- **Chiwa:** a new project working with mothers in Mexico
- **Miyala:** an innovative project that creates jewellery from recycled pieces in order to fundraise for the other community projects.

Extra Help

Additional opportunities and support for exploring self-employment include interactive workshops at different points during the year, and support and advice for students entering national and international enterprise competitions.

The enterprise team are also available for one-to-one sessions with any students who are interested in starting up a business, charity or social enterprise. We can offer advice and support and point you towards sources of funding, mentoring and legal advice. In addition, the campus-based Sussex Innovation Centre, provides both physical and virtual environments for start-up enterprises, together with a full support package.

For more information on all the above, visit www.sussex.ac.uk/enterprise
T 01273 877800
Tweet: @eThursday



Careers and employability

Do you stand out from the crowd? The Careers and Employability team look forward to working with you from the first moment you come to Sussex!

Why so soon?

If you want to be employable when you complete your studies then it's in your best interest to use the service as soon as possible!

Our team of career professionals can help you to enrich your student experience and develop strategies and the evidence to wow employers or postgraduate study and training providers in the future. We help you to find opportunities suited to your skills, knowledge and interests. You'll find us in the Library and our services include:

- **Help with job hunting** – group and individual discussions to help you hone your approach whether this is for part-time work, internships and work experience or graduate jobs
- **Web and on-line vacancy pages** – featuring part-time jobs, internships/work experience, finalist and graduate vacancies
- **CV preparation and advice** – and help with researching potential employers
- **Information** – on different types of work, career pathways, employers, further training and study
- **The Employability and Career Accelerator programme** – a full programme of events and training opportunities, such as leadership and skills workshops - designed to introduce the Sussex Plus initiative and put you in touch with employers and professionals, from workshops to help you secure that first interview or help you develop your skills, to fairs and employer talks about graduate opportunities.



Sussex Plus: a success story to help you become employable in the 21st century

Whether you think you want to be the Chief Executive of a global corporation, set up a charity or a social enterprise, become a scientific researcher and write a ground-breaking book, find a way to travel the world with your work and be a journalist or stay in Sussex and make a difference to the local community ...it all starts with an idea in your mind. But how can you make these dreams a reality? You need to get involved with Sussex Plus and do something new!

The Sussex Plus initiative will help you turn your experience at University to your career advantage, develop a range of skills by getting involved with the amazing opportunities across the University, with the Student Union and the local community.

Sussex Plus enables you to plan your personal development and review your learning so that you understand and feel confident about communicating your skills, knowledge and experience in the future.

Sussex Plus is for undergraduates and Masters students and encourages you to create a webfolio, which is like an online CV, but with so much more. You can scan in certificates and links to web pages. Include photos, details of projects you've completed, skills developed. Bring together your academic achievements, part-time work, volunteering, extra-curricular activities and life experience. Many Sussex students have used their webfolio to give them a competitive edge when applying for jobs, internships and work experience.

The Careers and Employability team looks forward to working with many more individual students, specific courses and programmes on Sussex Plus in 2011-12.

Where to find us

Careers and Employability Centre, The Library
T 01273 678429
E careers@sussex.ac.uk
www.sussex.ac.uk/careers

Stephen's perspective

'I like Sussex Plus because it allows you to create an interactive, dynamic CV to share with employers. The software is very easy to use and allows for customising and creativity, which helps to make each webfolio memorable rather than the standard black and white CV on two sides of A4. I found the suggestions and self-help guides very useful, because - while I'd extensively covered my academic and work life - I hadn't even thought about my personal life! It made me realise the gaps in my experience, and how much I could utilise from my life to sell myself to prospective employers. I would recommend it to all my friends.'

Stephen Greenaway
MEng Robotics



The Students' Union

From the moment you arrive at the University of Sussex, the Students' Union will kick-start your university life with a whole range of activities and events with our celebrated Freshers' Week.



The Students' Union is an independent organisation, democratically-run by students for students. The Union facilitates students in organising sport, societies, volunteering and media as well as supporting students through any problems and helping with campaigns.

The annually elected Students' Union officers ensure that there is student representation throughout the University community so that the student voice is heard. Membership of the Union is free and all students are members.

During Freshers' Week, the Students' Union Welcome Team will be running around in red tops to help you settle in and make sure you don't miss out on any of our Freshers' Week activities.

Freshers' highlights

There will be a huge range of events throughout Freshers' Week but the ones not to be missed are:

- Freshers' Fair: all the clubs, societies and volunteering opportunities in one venue, to make it easy for you to sign up for lots of activities. This year you'll also have the opportunity to pick up loads of free stuff from local companies – everything from free food to haircuts.
- Freshers' Ball: mark the end of Freshers' Week at the Freshers' Ball. With a number of headline acts, you're guaranteed to get your university years off to an unforgettable start.

Socialising

Headline events aside, do make sure you also explore the venues on campus.

- East Slope Bar: the perfect place for a laid-back drink and bite to eat – check out the Thai menu – and in the daytime, the patio makes it a great place to watch the world go by between lectures.
- Falmer Bar: the shortest of walks from the Library and a great place to grab hot meals on campus.
- Falmer House common room: newly-refurbished, this is a relaxed space with comfortable couches and study spaces.

Shops

The Students' Union also runs the Falmer House Shop and Bramber House Co-operative. Between them they sell everything you need to help you get through university, including an extensive range of groceries, best value quality stationery and the famous Sussex hoodies and T-shirts.

The best thing about using these bars and shops is that all the profits go back into the Students' Union to help provide things like advice services and campaigns, as well as funding for sports clubs and other student activities.

Ariel's perspective

'I first came to Sussex not really knowing what to expect, but it turned out to be better than I could have imagined. Campus was great fun and it was nice to get to know a new city.

I didn't know beforehand how much there was to get involved in aside from my studies, but the Freshers' Fair during my first week was a great introduction to what else Sussex has to offer.

'Since then I've been involved in writing for the student media and running the student magazine, 'The Pulse'.

'My tutors were friendly, inspiring and experts in their fields. They encouraged originality and ambition from me and created seminars in which people could exchange ideas and knowledge in a comfortable space.

'My mind was not only expanded in the seminar room. The political awareness of students on campus is impressive and the grassroots campaigns created by students have been really inspiring. They have spread a unique atmosphere of lively debate that has helped foster an intellectually stimulated and socially aware community at Sussex. A community that I am proud to be a part of.'

Ariel Cohen
Communications
Officer 2011-12



How to get involved in Freshers' events

You'll be sent some pre-arrival information so keep a look out for this in your letterbox. You can also check out the Union website www.sussexstudent.com, where you'll find a full schedule of events and links to other useful sources of information.

In addition, the Welcome Team (the ones in red tops) will be distributing flyers and posters throughout Freshers' Week to make absolutely sure you know what's going on.

If you have any questions about the Students' Union Freshers' Week events, email the Welcome Team at welcometeam@ussu.sussex.ac.uk

And if you're just too excited and can't wait to start making friends, join the official Facebook group through www.facebook.com/thestudentsunion and chat to fellow freshers, and Students' Union officers.

Advice and Representation

The Students' Union has its own Advice and Representation Centre which provides free, independent and confidential information, advice and representation for all students. If you need to talk to someone about a practical issue such as money, housing, employment – or if you have a complaint – the Centre should be your first stop. In addition to face-to-face advice services, the Centre has comprehensive information on the Union website, a phone you can use to make free calls to Student Finance England and a PC with a database of educational trusts and charities to which you may be able to apply for additional funding. If you feel there's a problem brewing, don't hesitate to get some advice.

The Students' Union also works to improve the university learning experience and helps to ensure that students get the best facilities, support and treatment possible. The Student Reps scheme ensures that student concerns, views and opinions are heard and acted upon, offering students the chance to have a genuine impact within the University.

If you have any questions about the Students' Union or Freshers' Week, check out our website at: www.sussexstudent.com or email the Students' Union at welcometeam@ussu.sussex.ac.uk

See you in September!



Where to eat

With so much to do in the first few weeks, you'll want to avoid creating too much washing-up in your new home. Here are details of where to eat out or grab ready-made snacks on campus.



Eat in

Eat Central

Bramber House, Ground floor:

The Deli Bar

Daily fresh made sandwiches, and an evening made to order menu service
Monday to Friday, 10am-11pm
Saturday 8am-8pm
Sunday 10.30am-6pm

Chef's Centre

Monday to Friday, 7.30am-3.30pm
Saturday, 8am-6pm
Sunday, 8am-6pm

Grab and Go

Pre-packed sandwiches, muffins, fresh fruit, drinks
Monday to Friday, 10am-11pm
Saturday 8am-8pm
Sunday 10.30am-6pm

Dine Central

Bramber House, First floor:

Chef's Kitchen

Lunch service
Monday-Friday, 11.30am-3.30pm

Bar Central

Coffee bar
Monday-Friday, 10am-5pm

Arts Piazza Café

Located at the front of Arts A
Barista coffee and speciality teas plus a wide selection of sandwiches, panini, wraps, salads, cakes, pastries, fruit and yoghurt pots.
Monday to Friday 8.30am-4pm
Saturday and Sunday 11am-4pm

Bridge Café

Pevensey 2, Level 1
Quiches, salads, sandwiches, big rolls plus a good vegetarian selection.
Monday to Friday 9am-4pm

Chichester Café

Chichester 1, Ground floor
Sandwiches, baguettes, hot and cold beverages.
Monday to Friday 8.30am-4pm

Dhaba Café

Arts C, Ground floor
Hot snacks, big rolls, salads, quiches plus a good vegetarian selection.
Monday to Friday 9am-4pm

Doctor's Orders Café

Brighton and Sussex Medical School, Ground floor
Sandwiches, rolls and toasted paninis.
Monday to Friday 8.30am-3.30pm

Library Café

The Library
Hot snacks, jacket potatoes with various fillings, baguettes, sandwiches and bagels. Vending machines for hot and cold drinks plus snacks out of hours.
Monday to Thursday 9am-8pm
Friday 9am-4.30pm
Saturday 11am-4pm

East Slope Bar

Great authentic Thai menu with a range of tasty starters, mains and daily specials – all freshly cooked to order.
Saturday 24 and Sunday 25, food served all day until late.
Monday to Saturday 12 noon-9.30pm
Sunday 12 noon-9.30pm Sunday roast dinners and more
Extended service throughout Induction Week.

Falmer Bar

Falmer House, Ground floor
Hot lunches, bar snacks/burgers, and a great range of daily specials.
Saturday 24 and Sunday 25 September food served all day
Monday to Friday, food from 12 noon-8.30pm
Saturday 12 noon-5pm

Falmer Deli

Breakfasts, freshly made sandwiches, panini and salads
Monday to Friday 9am-4pm

On the go

Students' Union Shop

Falmer House
Great range of 'grab and go' snacks, sandwiches, bagels, salads and coffee. Stationery and Sussex clothing/hoodies. Off-licence.
Open Saturday 24 and Sunday 25, 1pm - 9pm and Monday-Friday, 8am-9pm

The Co-operative Food Store

Bramber House
Extended fresh produce and chilled range. Butchery and in-store bakery. Snacks, sandwiches and drinks. Large Fairtrade range. Post Office. Off-licence.
Open 7am to 11pm, seven days a week

The **co-operative** food

Wellbeing and support

Information on personal wellbeing and study support



Support for you – and for your studies

We understand that starting any new course of study can seem quite overwhelming – even for postgraduate students who are embarking on higher degrees – so we put great effort into ensuring that your first (and future) terms go well and leave you feeling positive and confident.

Student Life Centre

Based at the heart of campus in Chichester 1, the Student Life Centre Team can help you make your way through University successfully, whoever you are and whatever problems you may encounter.

- Feeling alone or struggling to settle in?
- Something bothering you that you need to talk through?
- Confused by University facilities, rules and procedures?
- Concerned about personal issues, need someone to talk to in confidence?
- Unsure how to get where you want to be in your life?

Student Life Advisors

The Student Life Advisors have the knowledge and experience of all aspects of the University so we can give guidance to ensure that you can resolve your difficulties. Student Life Advisors provide one-to-one advice and support on a wide range of issues and where you need expert help, we can refer you to other services quickly and smoothly.

Whatever the situation, the Student Life Centre will try to help or ensure we direct you to someone else who can!

Based in Chichester 1, you can contact the Centre in a number of ways:

Open Monday to Friday 9am-5pm, for you to drop by or make an appointment to meet a Student Life Advisor at a specific time that suits you via Sussex Direct. Alternatively, you can contact the Centre by phone, text or email.

T 01273 87 6767

Text 'slcentre' to 88020

E studentlifecentre@sussex.ac.uk

www.sussex.ac.uk/studentlifecentre

Student Funding Team

Also based in the Student Life Centre, our Student Funding Team are available to contact about any funding queries, as well as general help and advice on funding and money matters including budgetary advice in our Money Doctors workshops.

You can ask us about:

• Student Finance England

Information such as the application process, amount you should be receiving and general advice and guidance. We also offer a SFE free phone so you can speak with SFE directly to resolve problems.



• Scholarships and Bursaries and US Federal Loan process

Information, guidance and application forms for all undergraduate scholarships and bursaries including the Sussex Bursary and Chancellor's Scholarship, and all taught Postgraduate Scholarships.

• Discretionary support to students in financial difficulty

Including the Vice Chancellor's Loan for students in short term financial difficulty, and the Access to Learning Fund and the Alumni Hardship and Opportunities Fund for students in more severe financial difficulty.

Student Advice and Representation Centre

The Students' Union have their own team offering free, independent and confidential information, advice and support on a range of academic and non-academic issues. For more information see page 23.

Student Mentors

Student mentors are second year and third year undergraduates and postgraduate students who are here to help you succeed in your studies and to make the most of your time here at Sussex. They run informal study support workshops covering seminar/presentation skills or revision and exam techniques. There are mentors from each school and they have been trained to offer students advice and support on a range of issues:

- If you're feeling lost and unsure during the early months of university life
- If you want to talk through how to manage your time or improve your study skills

- If you want to be referred on the most appropriate source of support
- If you need help finding your way around the library or any part of the Sussex website.

Contact details for student mentors can be found at www.sussex.ac.uk/mentors

Study Success at Sussex (S3)

S3 is an interactive website especially designed to help you with your academic skills (essay writing, referencing, report writing, critical thinking and lots more). The site includes online tutorials, video guides and tips from students and staff.

If this is the first time you have studied in the UK or you're new to the university of Sussex you might like to visit our section on preparing for university which includes:

- A-Z of University jargon and terms
- Teaching and learning at Sussex
- Preparing for seminars
- People to talk to
- Communication at Sussex

As a university student you will be expected to manage your time and plan your written work carefully. S3 can help with:

- Time management
- Planning drafting and proofreading
- Links to the online essay checking tool called 'Turnitin' (see more info below)

Visit S3 now to make sure you're prepared for studying at Sussex at www.sussex.ac.uk/s3

Training in tutoring and demonstrating for doctoral researchers.

You may have a role as an Associate tutor or Demonstrator as part of your studentship, or you may be offered this opportunity by your School at some stage during your time at Sussex. Preparation and support for these roles is provided by the Associate Tutors Training Programme, which is run by the Teaching and Learning Development Unit. It is University policy that all doctoral researchers who are employed as Associate Tutors and Demonstrators attend this training if they have fewer than three years previous teaching experience. The training may be available before your teaching duties start, but is usually taken up in the first term that you teach.

Full details of the programme and a registration form can be found at

www.sussex.ac.uk/associatetutors

Please email enquiries to tdu@sussex.ac.uk.

Turnitin

Turnitin is a service provided exclusively for students at Sussex to help with checking references and quotations in written work. The service will appear automatically on your list of Study Direct sites: as 'Turnitin – essay checking tool' if you are an undergraduate or a post-graduate student on a taught programme, as 'Turnitin for doctoral researchers' if you are – you've guessed it – a doctoral researcher. Both these sites are designed for you to use successfully quite independently, and to answer your routine questions about referencing, but you should always take specific questions to your tutor or supervisor.



Royal Literary Fellows

The University hosts two professional writers who offer one-to-one tutorial sessions to help with drafting and organising written work. There is a high demand for this service, so you are usually limited to one tutorial only, and a draft of the work you want some help with must be provided before your session is confirmed. You can find out more about the Fellows, and how to book a session, here www.sussex.ac.uk/tdu/studentsskills/rif

Professional Development for Researchers

The Doctoral School cultivates an interdisciplinary environment in which doctoral researchers engage with their own professional development and with each other. Activities cater for all levels of expertise and experience, with access to resources, workshops and events provided through a single portal.

The Doctoral School aims to enhance research and professional skills, to enable researchers to complete their doctoral journey successfully, and to prepare researchers for whatever career path may lie beyond the doctorate.

For further details visit

www.sussex.ac.uk/researcherdev

Check out our blog at

www.doctoralschool.wordpress.com

Follow @SussexDocSchool on Twitter:

[www.twitter.com/sussexdocschool](https://twitter.com/sussexdocschool)

Have a look at our facebook page:

www.facebook.com/sussexdocschool

Dyslexia, Disability, Mental Health & ASD Support

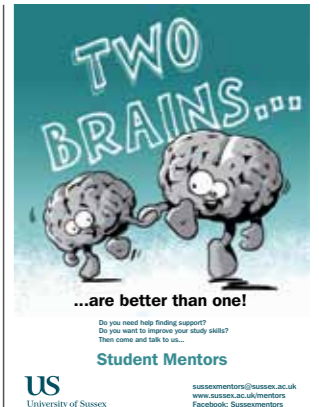
The Student Support Unit is the base for the University's dyslexia, disability, mental health and ASD support services, offering advice and assistance to students with additional support needs.

Based in Pevensey 1, North-South Road.
Open 9am to 5pm, Monday to Thursday,
9am to 4pm on Fridays.

T +44 (0)1273 877466

E studentsupport@sussex.ac.uk

www.sussex.ac.uk/sas/1-4-3-1.html



US
University of Sussex

sussexmentors@sussex.ac.uk
www.sussex.ac.uk/mentors
Facebook: Sussexmentors

Safety, security and personal conduct

At Sussex, you will be joining a diverse and welcoming community who live and work on a well-supported campus. This section outlines the 24-hour services that you can call on, as well as the expectations that we have of you as a new member of the University.

Emergency telephones

There are a number of emergency telephones throughout the University that are easily recognisable. Telephones that are outside on campus will be lit up with either a blue flashing light or white light with the word 'emergency' illuminated. There is a telephone inside every building, normally by the main entrance, which is clearly marked.

24-hour security services

For any emergency, incident or accident on campus call the emergency hotline on extension 3333 or – from a mobile or external line – 01273 873333. Do not dial 999 (emergency vehicles are met by security personnel and guided to the required location. If security are unaware one has been requested a delay will occur in reaching the person requiring assistance). The emergency hotline is staffed 24 hours a day, all year round.

Our 24-hour security team, based at York House, can also be called on their non-emergency line on extension 8234 or 01273 678234 for the following services:

- first aid
- call out to campus residences in case of a disturbance or late-night noise problem
- advice on how to protect your personal belongings, your bicycle and your personal safety
- lost and found property.

Although our students consider campus to be a safe and unthreatening environment, our security team are always available to escort you across campus or to and from Falmer train station if you feel vulnerable out of daylight hours. To use this service, simply contact 24-hour security on 01273 678234 to agree a time and meeting point.

If you would like to be escorted from Falmer train station to campus, you are welcome to ring on arrival at the train station if you do not know your arrival time in advance – however, please be aware that you will then need to wait for at least 15 minutes while a security team member is sent out to you.

24-hour reception desk

If you are living in campus accommodation and cannot contact the duty porter for your immediate residences area, our 24-hour reception desk in York House can be contacted at any time of the day or night on extension 7020 (from student residence phones only) for assistance with the following:

- help with access if you have locked yourself out of your room
- support with electrical, water or heating problems in your flat or room.

Equality and diversity

As a student at Sussex we are expecting you to play your part in supporting the University in our commitment to promoting equality and diversity, providing an inclusive and supportive environment for all of us.

For our full equality policy, plus lots more information on campus-based and local area diversity groups please go to the equality website at www.sussex.ac.uk/equalities/policies

Living in University-managed residences

If you will be living in University-managed accommodation, you will receive a detailed pre-arrival handbook from our Residential Services team, which outlines – among many other things – all of the safety procedures and personal conduct policies that you will be expected to abide by as a Sussex student. Please make time to read that handbook carefully and keep it with you in your new home.



Looking after your health and wellbeing

We have a range of on-campus facilities to help you to look after your physical, mental and emotional wellbeing while you study.

Health and Wellbeing

We care about your health and wellbeing while you're at university and encourage you to access information and support both on and off campus.

Top tips for keeping well:

- Get registered with either our Health Centre on campus or with a local GP
- Get vaccinations for Meningitis, Mumps and Measles before you arrive
- Get to know your flatmates so that you can support each other
- Practice safe sex by signing up for a C-Card to collect free condoms on campus
- Plan your shopping and eat well. Use the Tuesday fruit and veg market on campus
- Experiment with the cheap recipes on our website
- Get down to Sussexsport and sign up for the many sports/classes available
- Manage your diet, alcohol intake and tobacco use. Have fun, but look after yourself!

E healthandwellbeing@sussex.ac.uk
www.sussex.ac.uk/studentlifecentre/wellbeing

The Health Centre

The Health Centre on campus provides medical care under the National Health Service (NHS). This is available to all Sussex students living in the Brighton area or on campus, who have registered with the Centre on arrival – including students from overseas who are studying a full-time programme of six months or more.

Doctors Surgery

- Appointments with NHS doctors and nurses
- Telephone consultations and emergency home visits available.

Dentist

- NHS treatment available
- Appointments with dentist and hygienist.

Pharmacy

- Prescription service
- Over-the-counter medicines.

Psychological and Counselling Services

Staff at PCS provide a free and confidential service to all Sussex students. Issues may range from academic difficulties to emotional, sexual, family and mental health concerns, as these may arise during the normal stress of student life.



Everyone contacting the Unit is offered an initial 30 minute interview at which problems and therapy options are discussed. Individual and group counselling, as well as cognitive behavioural therapy, eating disorder and substance misuse programmes, are included in the range of interventions offered. Workshops on Stress Management, Understanding Depression and Being Confident run throughout the year.

For more information, please contact us:
T +44(0)1273 678156
E counsellingreception@sussex.ac.uk
www.sussex.ac.uk/sas/1-4-6

Sport, fitness and wellbeing – with Sussexsport

Sussex has excellent sports facilities, offering a wealth of opportunities. We cater for diverse interests and levels of ability. Getting involved in sport is a good way to try out new things, improve your skills and make new friends while you are doing it.



Sussexsport's facilities are available to all Sussex students. Access to these facilities is via either membership or pay and play. Memberships operate on a gold, silver and bronze basis and offer great value for money. The membership categories include the following:

Gold membership

For regular users who want free access to the fitness rooms, group exercise classes and racket sports facilities. You get unlimited fitness room use, a fitness room introduction, two fitness programmes, two personal training sessions, unlimited group exercise classes, 10 per cent discount on courses, court hire for all racket sports, and up to two-weeks advance bookings including online.

Silver membership

Users get unlimited fitness room use, a fitness room introduction, unlimited group exercise classes, and ten days advance bookings including online.

Bronze membership

For users who want discounted access to our sporting facilities but are not as interested in fitness room access or group exercise classes. You get discounted access to facilities, fitness room introduction, and up to one week advance bookings including online.

Non-members

You can still access our facilities and classes as a non-member by paying full prices when you book. You will also need to pay a guest fee if playing sports with a member.

Sports facilities

Sport and exercise facilities are located on two main sites – the Sport Centre at the south end of campus and the Falmer Sports Complex. Facilities include:

Sport Centre

- Two sports halls
- Dance studio/Dojo
- Fitness room with Life Fitness Circuit Series
- Four glass-back squash courts
- Therapy room

Monday to Friday, 9am to 10pm
Saturday, 9.30am to 6pm
Sunday, 9.30am to 9pm
T +44 (0)1273 678228

Falmer Sports Complex

- Newly refurbished state-of-the-art air-conditioned fitness room
- New strength and conditioning room
- A floodlit artificial turf pitch
- Grass soccer, rugby and cricket pitches
- Six hard tennis courts

Monday to Friday, 7.30am to 10pm
Saturday and Sunday, 9am to 6pm
T +44 (0)1273 877125

Classes and courses

Sussexsport offers one of the largest dance and movement programmes in the south east, with more than 60 classes a week in activities such as yoga, pilates, ballet, streetdance, circuits, salsa, spin, trapeze, contemporary dance, body conditioning, complete toning, aerobics and mountain biking. In addition, we offer coaching lessons in squash, badminton and tennis. For further details and a comprehensive list of the activities on offer, visit www.sussexsport.com

The Café Bar at the Falmer Sports Complex is suitable for functions and parties, and the therapy room at the Sport Centre offers a sports injury clinic, sports and relaxation massage, and a wide range of other complementary therapies. A fitness Induction is optional to use the fitness rooms; these can be booked at the Falmer Sports Complex reception. All students receive preferential booking rights and subsidised rates for facilities.

All bookings for sports programmes and facilities can be carried out at the Sport Centre and Falmer Sports Complex reception, but identity cards must be shown to gain access to the facilities.

Sussexsport also offers students and staff a series of services to improve or maintain their health and wellbeing. These include nutrition workshops, weight management courses, and specific events such as the 28 days later fitness programme, along with the annual boundary fun run and guided walk.

For more information, email t.cooper@sussex.ac.uk or visit www.sussexsport.com



Sports bursaries

To ensure we know who our talented sports men and women are, Sussexsport is keen to hear from all students who have played or currently play at county level or above. If this is you, then please contact Luke Terrill at the email below so we can try to provide you with as much sporting advice and help as possible during your time here.

Sports bursaries are offered to talented students who have reached national representative standard in their chosen sport. Students will receive access to a comprehensive support package including:

- free use of facilities
- fitness testing
- fitness programmes
- sports injury support
- links to external clubs
- student mentoring
- financial support
- car parking privileges.

For a Sports bursary application form or for further information about sport at Sussex generally, please contact Luke Terrill:

T +44 (0)1273 678228
E l.o.terrill@sussex.ac.uk

Student sports clubs

If you take sports seriously, you may want to join one or more of the specialist clubs organised through the Students' Union. Sports are the largest and one of the most active student groups on campus, supporting a combination of over 30 different teams and sports clubs. Most clubs provide coaching and instruction and take part in British Universities and Colleges Sport (BUCS) competitions as well as local Sussex leagues. Our basketball, volleyball, football, fencing and ultimate frisbee teams have all achieved a measure of success in recent years.

For a comprehensive list of active sports clubs and teams, check the Union website at www.sussex.ac.uk/studentsunion

Intra-mural/inter-residences sport

Intra-mural/inter-residences sport is designed to promote 'participation through sport' to help develop friendships between fellow students within your own and other halls and areas of study. Students of all abilities are encouraged to participate, as well as those, for a variety of reasons, unable to play regular inter-university sport. Activities include indoor 5-a-side football, outdoor

6-a-side football, squash leagues, badminton leagues, and one-off tennis, rounders, dodgeball and futsal tournaments.

For more information, please visit www.sussexsport.com

Martial arts

The martial art clubs listed below train in the Dojo which is situated at the Sport Centre. All these clubs are open to University of Sussex students. Further details on each of the clubs are listed below.

Shaolin Kung Fu

Shaolin Nam Pai Chuan Kung Fu (North South Fist) is an ancient style of Kung Fu that has its roots in the traditional martial arts practised over 2,000 years ago. Training will help you to become fitter and more fluid and co-ordinated in your movement, while at the same time providing valuable self defence experience. You will also study Chi-Gung breathing exercises.

Kickboxing

Kickboxing is a sport that combines both western boxing and eastern martial arts. Becoming a member of this club will offer you the opportunity to increase your fitness; build your confidence; learn practical self defence and increase your co-ordination and flexibility. Regular gradings are available so that you have the opportunity to progress through the grading system.

Integrated martial arts

This club pursues self defence as a priority for both men and women. Training is in the ability to; generate rapid massive impact with the arms and legs with Muay Thai kickboxing drills; to clinch and control an opponent; use relaxed and effortless movement for locks, use throws and escapes; use ground fighting skills and pressure points. The club will help to strengthen every muscle in the body, legs and arms and provides aerobic, anaerobic and plyometric exercise, while developing flexibility and co-ordination.

Felix's perspective

'Before buying a gold membership, I found myself going to the gym on a monthly basis. Now that I have the gold membership I go on a daily basis – just having a break from work at uni and cycling for 35 minutes, then doing muscle exercises for the remaining 25 until the hour is up. I find myself fitter than before and waking up with a better feeling after having pushed myself physically. It is not only a way to get fit, to get my heart fit, but also to feel less tense in myself and let stress out. The Gold membership is totally worth it.'

Felix Roscam-Abbing
LLB Law with
Contemporary
European Studies



Sussex 50 Cup

To help celebrate our 50th anniversary – and our wonderfully diverse campus population – the University and the Students' Union are organising an international sports competition for national teams.

There will be street cricket and volleyball competitions and each team will need to contain a majority of members from the nation they're representing.

Matches will be played throughout the year, leading up to a grand finale in the summer term.

We'll be holding taster sessions in the first few weeks of term so if you'd like to get involved – or just find out more – come along to the Freshers' Fair or drop-in to the Students' Union activities office in Falmer House.

We look forward to meeting you!



E sussexsport@sussex.ac.uk
www.sussexsport.com
www.facebook.com/sussexuniversitysport

Shopping for food

There are a range of food services, specialist food stores and supermarkets both on campus and in the local area.

The Co-operative Food Store (campus)

Bramber House
Open:
Seven days a week 7am to 11pm

Lidl
T 0870 4441234
45 Arundel Road, Brighton BN2 5TB

Open:
Monday to Saturday 8am-10pm
Sunday 10am-4pm

By bus: service 23 runs between the University and Royal Sussex County Hospital on a frequent basis. From the hospital it is a five-minute walk down Eastern Road to the store.

By car: as you exit the campus, follow directions for Woodingdean (B2123). Continue through Woodingdean to Rottingdean. At the traffic lights near the seafront, turn right onto Marine Drive and continue on the A259 (signposted Brighton). Continue past the Marina and turn right onto Arundel Road. After a short distance, Lidl is visible on your left.

Sainsbury's
T 01273 674201
93 Lewes Road, Brighton BN2 3QA

Open:
Monday to Saturday 8am-10pm
Sunday 11am-5pm

By bus: services 23 and 25 run between the University and Sainsbury's on a frequent basis.

By car: as you exit the campus, follow directions for Brighton City Centre (A270). Sainsbury's is located about two miles south of the University, on the A270, on the right hand side of a complex junction (signposted as the Vogue Gyrotory). The supermarket is clearly signposted but getting into the correct lane can be tricky.

Sainsbury's
T 01273 696539
27 New England Street, Brighton BN1 4GQ

Open:
Monday to Friday 8am-10pm
Saturday 9am-10pm
Sunday 11am-5pm

By bus: services 28, 29 and 29B run between the University and Sainsbury's on a frequent basis. You will need to alight the bus at St Peter's Church and walk up Cheapside – which runs up alongside the Hobgoblin pub – turning right at the traffic lights into New England Road.

Tesco

T 0845 6779420
Brooks Road, Lewes BN7 2BY

Open:
Monday 8am-midnight
Tuesday to Friday 6am-midnight
Saturday 6am-10pm
Sunday 10am-4pm

By bus: service 28 runs from the Lewes Road bus stop near the mini-roundabout at the traffic exit from campus. The service runs regularly during the day, Monday to Saturday and provides a direct route between the University and Tesco. The journey takes about 20 minutes.

By train: Lewes is very easy to reach by train, as it is just one stop from Falmer. The Tesco store is a 15-minute walk from Lewes railway station.

By car: as you exit the campus, follow directions for the A27 to Lewes. Turn left at the second roundabout which takes you towards Lewes from the north, through the Cullifail Tunnel. Bear left towards Lewes town centre and, after a very short distance, the supermarket is visible on your right.

Asda
T 01273 606611
Brighton Marina BN2 5UT

Open:
Monday 7.30am
Then open 24 hours a day through to Saturday 10pm
Sunday 10.30am-5pm

By bus: service 23 runs between the University and Brighton Marina on a regular basis.

By car: on leaving the campus from the roundabout at the top of Knights Gate Road take the second exit, at the next roundabout take the second exit onto the B2123 signposted to Woodingdean and Rottingdean.

Follow this road until you reach a set of traffic lights in Rottingdean near the sea front. Turn right onto the A259 towards Brighton. This road will take you to the Marina, which is approximately 3 miles further on, on the left hand side of the road. There is parking in the multi-storey car park.



Useful contacts

Sussex has over 2,000 academic and support staff who work to support the university experience of our students. This section provides a guide to some of the key teams you may want to contact before and after you arrive.



University switchboard

T +44 (0)1273 606755
Open 9am-5.30pm
Monday to Friday

For queries relating to admissions and registration:

Admissions Office

Our reception area in Sussex House is open from 10am-4pm Monday to Friday in term time. Please note the office closes for lunch between 1-2pm.

Undergraduate admissions:

T +44 (0)1273 678416
Lines are open Monday to Friday
10am-1pm and 2-5pm
F +44 (0)1273 678545
E ug.applicants@sussex.ac.uk

Postgraduate admissions:

T +44 (0)1273 877773
Lines are open Monday to Friday
10am-1pm and 2-5pm
F +44 (0)1273 678545
E pg.applicants@sussex.ac.uk

International and Study Abroad Office

Located in the Friston Building, contact this office for all international student enquiries other than those related directly to admissions and registration.

Our term-time opening hours are 10am-4pm, Monday to Friday. See page 14 for our opening hours over Welcome Weekend and Induction Week.

T +44 (0)1273 678422
F +44 (0)1273 678640
E international@sussex.ac.uk

Personal and financial support services:

Nursery and Pre School facilities

The University runs childcare facilities for staff and students, taking children aged four months to five years.

T +44 (0)1273 678356 for initial enquiries
www.sussex.ac.uk/childcare

Council Tax

You can work out whether you are likely to be eligible for Council Tax exemption and how to apply for it by going to

www.sussex.ac.uk/sas/counciltax

Meeting House and Chaplaincy

Information on the University's centre for spirituality, social action, counselling, music and prayer is available at www.sussex.ac.uk/chaplaincy

Residential Services

The Housing Office is located in Bramber House. Opening hours are as follows:
Saturday 24 and Sunday 25 September 10am-6pm
9.30am-4.30pm weekdays (closed for lunch 1-2pm every day except Wednesday)

T +44 (0)1273 678220
F +44 (0)1273 678696
E housing@sussex.ac.uk

www.sussex.ac.uk/residentialservices

Student Accounts

This is the office to contact for queries relating to fees and payment methods. At busy times priority is given to telephone callers rather than in-person visitors to Sussex House.

T +44 (0)800 0194979

Lines are open Monday to Friday

10am-1pm and 2-4pm

F +44 (0)1273 877367

E studentaccounts@sussex.ac.uk

www.sussex.ac.uk/finance/students

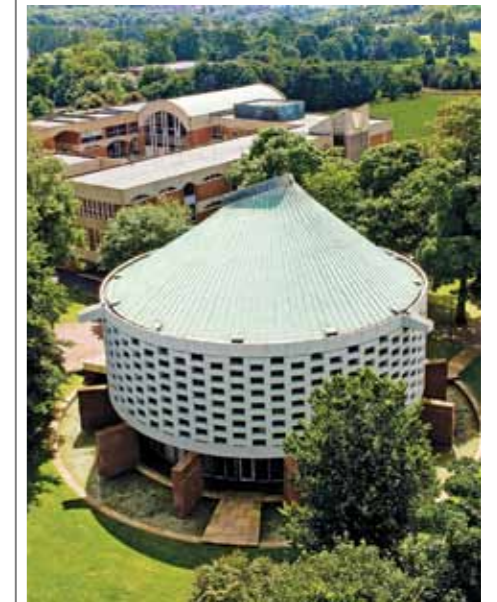
Sussex Regional ACCESS Centre

Sussex Regional ACCESS Centre is an accredited centre for carrying out needs assessments for students applying for the Disabled Students Allowance. Specialist IT training is also available. Based in Lancaster House.

T +44 (0)1273 678497

E srac@sussex.ac.uk

www.sussex.ac.uk/srac



Brighton

The city of Brighton & Hove really does have everything: sun, sea, brilliant clubs, great places to eat, fabulous shops and a truly cosmopolitan atmosphere. And, since students form 15 per cent of the population, you can be confident that you'll find plenty to satisfy your needs. This is your beginner's guide to getting out and about in your wonderful new city.



Culture

If you're a culture vulture, Brighton is definitely for you. Highly creative, the City has a truly diverse cultural scene with a wealth of theatres, galleries and cinemas.

Theatre Royal Brighton

New Road BN1 1SD
T 08448 717650

Two centuries old, with a resident ghost, this is the venue for pre-West End premieres and big shows.

The Dome/Corn Exchange/Pavilion Theatre

New Road BN1 1UG
T 01273 709709

All being well, you'll be guaranteed your own spot on the stage at the Dome when you successfully complete your degree and attend our graduation ceremony. Before then, this is the place to go for dance, music and comedy events.

Komedia

Gardner Street BN1 1UN
T 0845 293 8480

If you're into cutting-edge cabaret, award-winning comedy and an eclectic mix of live music, there's bound to be something to interest you at Komedia.

Duke of York's Picturehouse

Preston Circus BN1 4NA
T 0871 902 5728

The oldest purpose-built cinema in Britain, showing art-house and foreign films alongside quality mainstream blockbusters. Also serves great coffee and cakes!

Brighton Museum and Art Gallery

Royal Pavillion Gardens BN1 1EE
T 03000 290900

With a range of galleries featuring fashion and style, 20th Century art and design, and world art the Museum and Gallery will appeal to all ages.

Brighton Festival

The highlight of the cultural year is the annual Brighton Festival. Held in May, it's England's biggest arts festival, attracting hundreds of performers to its three-week stint. This is your chance to catch internationally renowned musicians, dancers, poets and writers. Complementing the mainstream festival is the Brighton Fringe, a heady mix of comedians, artists, speakers and street performers who spill out into the parks and onto the streets, entertaining the City night and day.

Something for everyone

And when the Festival finishes there's always the London to Brighton Bike Ride, the Veteran Car Run, Paddle Round the Pier, the Brighton Marathon, the Pride Festival, the Brighton Comedy Festival and the Burning the Clocks parade.



Food

Whether you're a gourmet or a fast food addict you'll find plenty to suit your palate in Brighton. There are over 400 restaurants – more than anywhere in the UK outside London – but here are just a few popular time-honoured destinations:

Preston Street

Running vertically between the seafront and Western Road (the main high street which runs through Brighton into Hove), Preston Street is lined on both sides with restaurants and take-aways offering cuisine from around the world.

Market Diner

19 Circus Street BN2 9QF
T 01273 608273

Getting through this all night cafe's infamous 'Gutbuster' fry-up has become a rite-of-passage for generation after generation of Sussex students.

Terre à Terre

71 East Street BN1 1HQ
T 01273 729051

Nationally renowned vegetarian restaurant, serving stylish and innovative food in a relaxed, modern environment.

Fresh air

There's Brighton beach and the pier of course, but you're only a short bus ride away from some of the most beautiful countryside England has to offer. Devil's Dyke is a great place to enjoy breath-taking views of the South Downs, while nearer to campus Stanmer Park has acres of open space and a traditional tearoom that should go down well with your family when they visit.

Nightlife

When the sun sets, Brighton's legendary nightlife kicks in. The City boasts over 200 pubs and bars. Start at the seafront's Fortune of War for a great winter warmer to celebrate your first term at Sussex.

When the pubs close, or if they're just not your thing, then plenty of life can be found until the early hours in Brighton's clubs. Home of Nick Cave and Bat for Lashes, the music scene is a way of life in Brighton and with clubs like Oceana, Audio and the Honeyclub, you won't be short of somewhere to go for some serious dancing. And don't worry about missing out on anything – you'll be handed flyers at every street corner.

Places to stay

Being based near Brighton you can expect more frequent visits from friends and family than students at most other British universities. The best hotel availability search engine for the City can be found at www.visitbrighton.com but remember that the University maintains a list of approved hotels and guest houses with which we have negotiated special rates for our students' family members. This list can be found at www.sussex.ac.uk/aboutus/findus/wheretostay

Shopping

When you're in need of retail therapy Brighton can satisfy even the most jaded credit card addict. Big name stores can be found in Churchill Square shopping centre, but if you're looking for something slightly off-beat, visit the North Laine, a laid-back area of independent clothes shops, cafés and record shops (not to be confused with the up-market Lanes area with its cobbled alleyways of exclusive fashions and expensive antiques).

Local travel

Regular number 25 buses run seven days a week between Brighton and the campus, as do trains between Brighton station and the Falmer stop at the edge of campus.

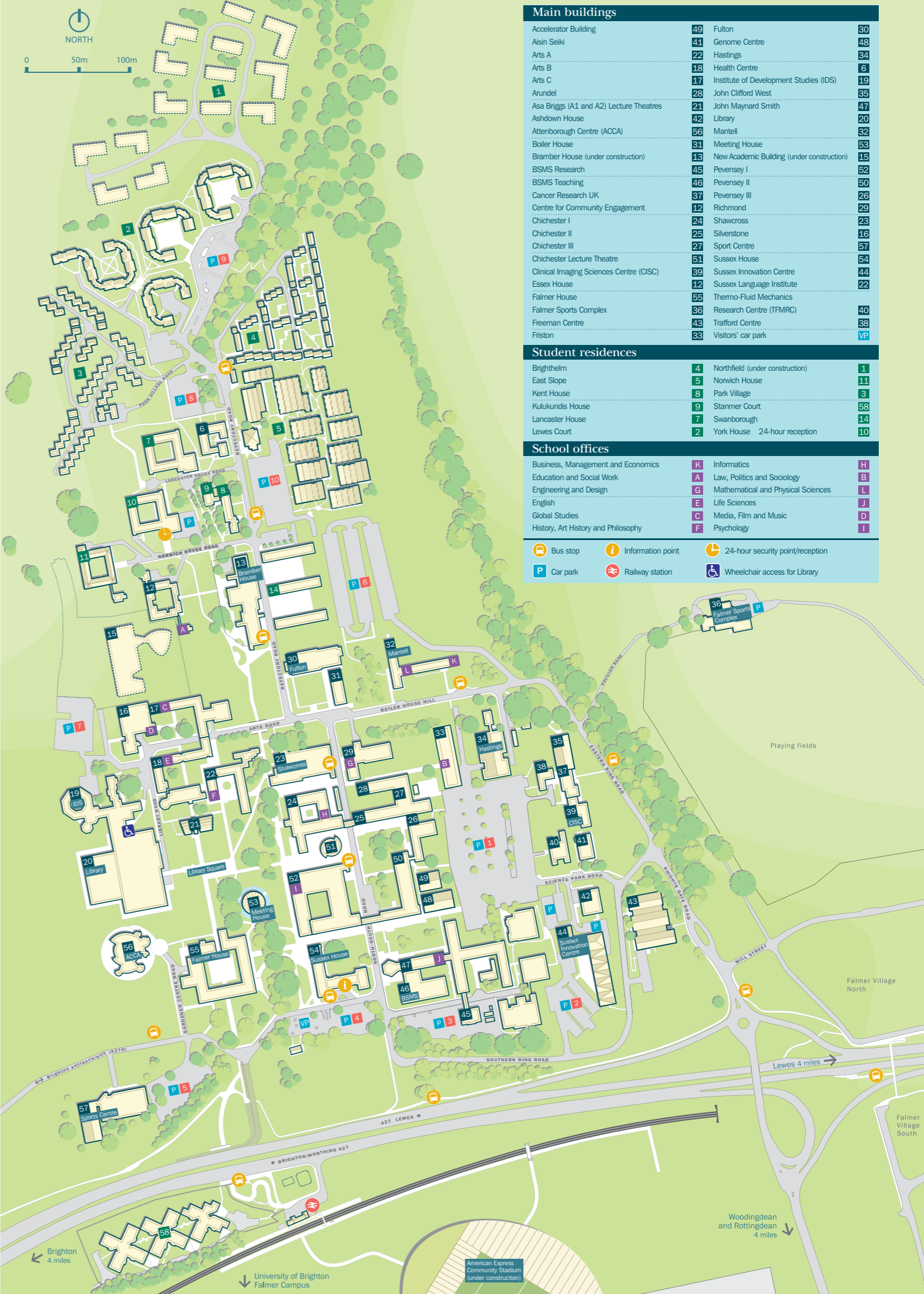
Brighton Streamline Taxis offer good rates between Brighton and campus, and can be called on 01273 747474.

(For more information on local transport, please see page 5.)



Brighton map

Now you have some ideas for where to go, here's a map to help you find your way.



Main buildings			
Accelerator Building	49	Fulton	30
Asin Seiki	41	Genome Centre	48
Arts A	22	Hastings	34
Arts B	18	Health Centre	6
Arts C	17	Institute of Development Studies (IDS)	19
Arundel	28	John Clifford West	35
Asa Briggs (A1 and A2) Lecture Theatres	21	John Maynard Smith	47
Ashdown House	42	Library	20
Attenborough Centre (ACCA)	56	Mantell	52
Boiler House	31	Meeting House	53
Bramber House (under construction)	13	New Academic Building (under construction)	15
BSMS Research	45	Pevensey I	52
BSMS Teaching	46	Pevensey II	50
Cancer Research UK	37	Pevensey III	26
Centre for Community Engagement	12	Richmond	29
Chichester I	24	Shawcross	23
Chichester II	25	Silverstone	16
Chichester III	27	Sport Centre	57
Chichester Lecture Theatre	51	Sussex House	54
Clinical Imaging Sciences Centre (CISC)	39	Sussex Innovation Centre	44
Essex House	12	Sussex Language Institute	22
Falmer House	55	Thermo-Fluid Mechanics	40
Falmer Sports Complex	36	Research Centre (TFMRC)	40
Freeman Centre	43	Trafford Centre	38
Friston	33	Visitors' car park	VP

Student residences			
Brighthelm	4	Northfield (under construction)	1
East Slope	5	Norwich House	11
Kent House	8	Park Village	3
Kulukundis House	9	Stanner Court	58
Lancaster House	7	Swanborough	14
Lewes Court	2	York House	10
		24-hour reception	

School offices			
Business, Management and Economics	K	Informatics	H
Education and Social Work	A	Law, Politics and Sociology	B
Engineering and Design	G	Mathematical and Physical Sciences	L
English	E	Life Sciences	J
Global Studies	C	Media, Film and Music	D
History, Art History and Philosophy	F	Psychology	I

	Bus stop		Information point		24-hour security point/reception
	Car park		Railway station		Wheelchair access for Library

Student Recruitment Services

University of Sussex

Sussex House,

Falmer Brighton

BN1 9RH UK

T +44(0)1273 876787

E induction@sussex.ac.uk

www.sussex.ac.uk

Celebrate with us Vice-Chancellor's Welcome Reception

Saturday 24 September 2011
2-2.45pm, 3.15-4pm, 4.30-5.15pm

or

Sunday 25 September 2011
2.30-3.15pm

The Vice-Chancellor and senior officers of the University are looking forward to welcoming you and your guests to Sussex.

(See page 6 for further details)

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