# Using electronic health records to identify people at risk of future psychological distress

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with

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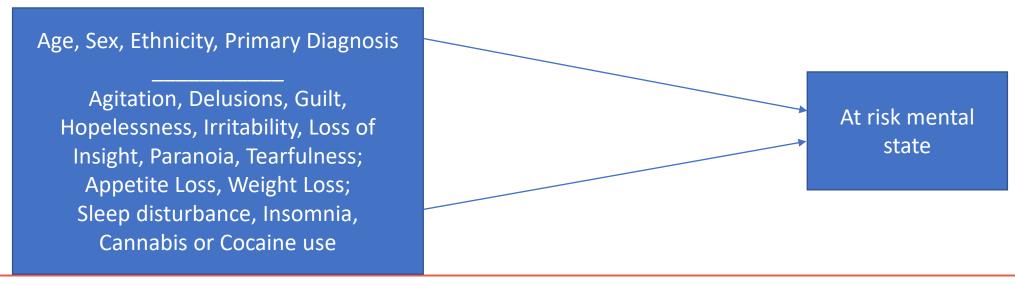


### Study aims:

- To train a risk calculator to identify patients at high risk of psychosis using anonymised SPFT CareNotes data.
- If the calculator is accurate, to use it to identify people at risk, so that they can be offered an early intervention support package.

#### What is the risk calculator?

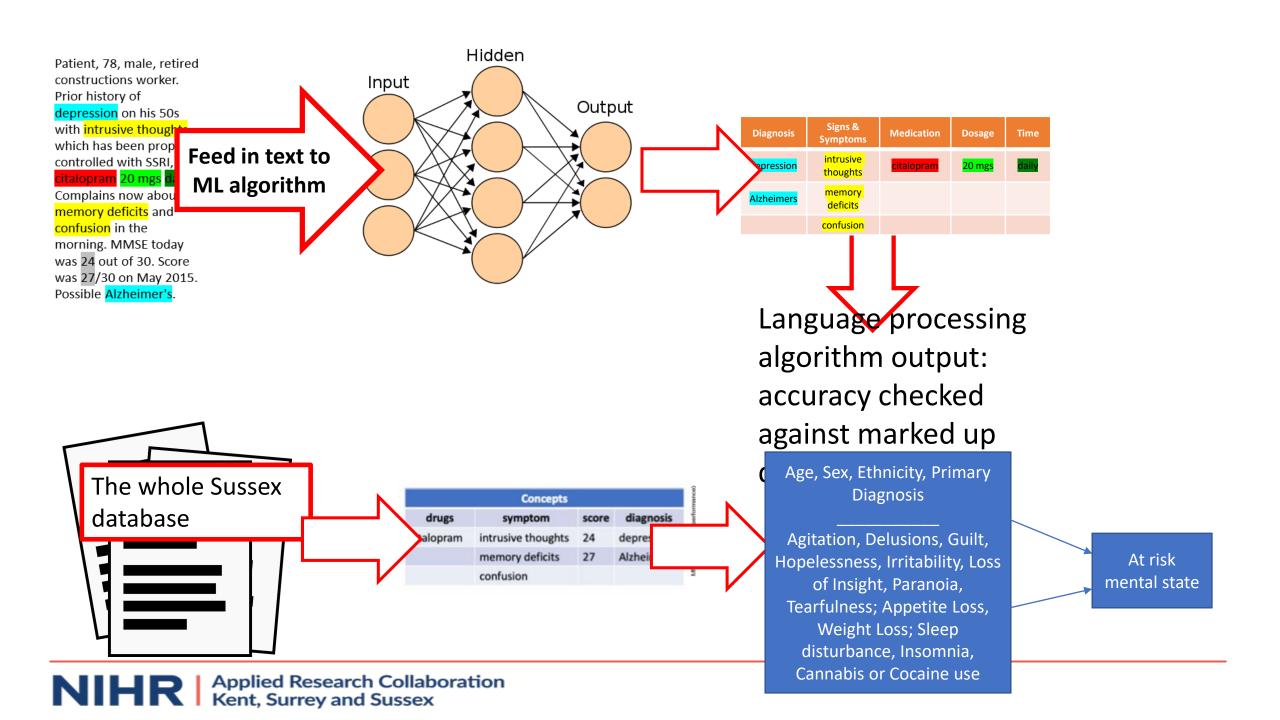
- Developed at KCL by P Fusar-Poli, D Oliver, J Irving and team.



### What is CRIS? (Clinical Records Interactive Search)



Patient, 78, male, retired constructions worker. Prior history of depression on his 50s with intrusive thoughts, which has been properly controlled with SSRI, <mark>citalopram</mark> 20 mgs daily. Complains now about memory deficits and confusion in the morning. MMSE today was 24 out of 30. Score was 27/30 on May 2015. Possible Alzheimer's.



### Accuracy of Akrivia's NLP algorithms (at 14/12/21; still under development)

	Training	Validation	Precisio		
Irving Concept	Samples	Samples	n	Recall	F1
Hopelessness	72	21	90%	86%	88%
Poor insight	106	22	64%	82%	72%
Tearfulness	205	59	97%	100%	98%
Irritability	116	33	91%	94%	93%
Agitation	305	65	91%	91%	91%
Guilt	79	31	90%	90%	90%
Paranoia	217	50	80%	83%	81%
Delusions	214	46	84%	89%	86%
Appetite (loss)	302	70	92%	92%	92%
Weight (loss)	175	49	91%	82%	86%
[Sleep Quality - Good]	381	85	78%	88%	83%
[Sleep Quality - Poor]	1412	351	73%	88%	80%
Substance us - cocaine	78	24	93%	89%	91%
Substance use - cannabis	226	52	94%	91%	92%

F1 Score is an estimation of accuracy: perfect would be 100%

#### Next steps ...

- Find the diagnoses!
  - We need diagnoses both as predictors and as the outcome for patients
  - Sussex diagnosis codes are sparse, may need to extract these from text also.
  - More NLP algorithm development!
- Lived experience panel engagement and steering group
  - Make sure the project works for patients.
- Tailored intervention package future service delivery
  - Led by Kathy.

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### Thank you!

Irving, J., Patel, R., Oliver, D., Colling, C., Pritchard, M., Broadbent, M., ... & Fusar-Poli, P. (2021). Using natural language processing on electronic health records to enhance detection and prediction of psychosis risk. *Schizophrenia bulletin*, *47*(2), 405-414.

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