

## ABOUT US

### AUTUMN AND SPRING TERM OPENING TIMES

#### SPORT CENTRE

MONDAY-FRIDAY 8AM-10PM  
SATURDAY 9.30AM-8PM  
SUNDAY 9.30AM-9PM

#### FALMER SPORTS COMPLEX

MONDAY-FRIDAY 7.30AM-10PM  
SATURDAY 9AM-8PM  
SUNDAY 9AM-6PM

### SUMMER TERM OPENING TIMES

#### SPORT CENTRE

MONDAY-FRIDAY 8AM-10PM  
WEEKEND 9.30AM-6PM

#### FALMER SPORTS COMPLEX

MONDAY-FRIDAY 7.30AM-10PM  
WEEKEND 9AM-6PM

For vacation opening times, visit: [sussexsport.com](http://sussexsport.com)



### PEAK TIMES AT OUR FACILITIES

#### FITNESS ROOMS

Monday to Sunday 2.30pm-close at both sites

#### HALLS, COURTS, ASTROTURF AND 3G PITCH BOOKINGS

Monday to Friday 4pm-10pm (3.50pm is the start of peak squash court bookings)

Astroturf and 3G - all day Saturday and Sunday

All other times are off peak

### CONTACT US

Buy memberships from our reception or online at:

<https://onlineshop.sussex.ac.uk/product-catalogue/sussexsport>

Telephone: Sport Centre 01273 678228 or Falmer Sports Complex 01273 877125

Email: [sussexsport@sussex.ac.uk](mailto:sussexsport@sussex.ac.uk)

Web: [sussexsport.com](http://sussexsport.com)



SUSSEXSPORT



# Student Membership 2018-2019

US  
UNIVERSITY  
OF SUSSEX



## Student membership prices

	GOLD	SILVER	BRONZE
Student (year)	£175	£140	£5
Student (4 months)	£100	N/A	N/A

For individual Students' Union sport club membership visit: [sussexstudent.com](https://sussexstudent.com)

### Which option is best for me?

#### Gold membership

- Anytime fitness room use
- Unlimited group exercise classes
- Anytime racket sports court hire
- 14 days advance booking rights for classes and courts
  - Fitness room introduction
- Access to 57 university gyms nationwide with BUCS UNiversal Gym (year Gold only)

#### Silver membership

- Off peak fitness room use
- Unlimited group exercise classes
- Off peak racket sports court hire
- 10 days advance booking rights for classes and courts
  - Fitness room introduction

#### Bronze membership

- Reduced rate pay-and-play fitness room use
- Reduced rate pay-per-class group exercise classes
- Reduced rate pay-and-play racket sports court hire
- 7 days advance booking rights for classes and courts
  - Fitness room introduction

Please visit our website for full membership terms and conditions or ask for a copy:  
[sussex.ac.uk/sport/termsandconditions](https://sussex.ac.uk/sport/termsandconditions)

## Facilities and membership

Our two sports facilities on campus give you the opportunity to have fun, stay healthy, make friends and get active with expert advice and support.

Sign up for one of our great value memberships or use our facilities on a pay-and-play basis. In addition to our fitness rooms and indoor sports halls, we have squash courts, tennis courts, a variety of grass pitches, ATP and 3G pitches, Dance Studio, Dojo and an Outdoor Fitness Area.

[sussex.ac.uk/sport/students](https://sussex.ac.uk/sport/students)

### Club sport and Sports Scholarships

If you want to play sport competitively, we have a packed club sports programme that we run with the Students' Union.

[sussexstudent.com/get-involved](https://sussexstudent.com/get-involved)

If you're a talented student athlete, we offer comprehensive Sports Scholarships that provide a network of support and financial assistance to develop you as a sportsperson and student, with the opportunity for mentoring with world-class athletes.

[sussex.ac.uk/sport/students/scholarships](https://sussex.ac.uk/sport/students/scholarships)



### Active US drop-in social sport

If you're new to sport or want to try something different, check out our Active US social sport timetable. We offer a range of weekly wellbeing activities during term time with no commitment, no membership and no experience needed!

You can also swim for £1 at local pools in Brighton & Hove, Lewes, Newhaven, Seaford and Ringmer with our student swim offer, just take your University of Sussex student ID card with you for every swim.

[sussex.ac.uk/sport/students/activeus](https://sussex.ac.uk/sport/students/activeus)