ABOUT US

AUTUMN AND SPRING TERM OPENING TIMES

SPORT CENTRE

MONDAY-FRIDAY 8AM-10PM SATURDAY 9.30AM-8PM SUNDAY 9.30AM-9PM

FALMER SPORTS COMPLEX MONDAY-FRIDAY 7.30AM-10PM SATURDAY 9AM-8PM SUNDAY 9AM-6PM

SUMMER TERM OPENING TIMES

SPORT CENTRE

MONDAY-FRIDAY 8AM-10PM WEEKEND 9.30AM-6PM

FALMER SPORTS COMPLEX MONDAY-FRIDAY 7.30AM-10PM WEEKEND 9AM-6PM

For vacation opening times, visit: sussexsport.com







PEAK TIMES AT OUR FACILITIES

FITNESS ROOMS Monday to Sunday 2.30pm-close at both sites

HALLS, COURTS, ASTROTURF AND 3G PITCH BOOKINGS Monday to Friday 4pm-10pm (3.50pm is the start of peak squash court bookings) Astroturf and 3G - all day Saturday and Sunday

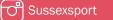
All other times are off peak

CONTACT US

Buy memberships from our reception or online at: https://onlineshop.sussex.ac.uk/product-catalogue/sussexsport Telephone: Sport Centre 01273 678228 or Falmer Sports Complex 01273 877125 Email: sussexsport@sussex.ac.uk Web: sussexsport.com

SussexUniSport





Student Membership 2018-2019

SUSSEXSPORT



SUSSEXSPORT MEMBERSHIP

Student membership prices

	GOLD	SILVER	BRONZE
Student (year)	£175	£140	£5
Student (4 months)	£100	N/A	N/A

For individual Students' Union sport club membership visit: sussexstudent.com 👋

Which option is best for me?

Gold membership

- Anytime fitness room use
- Unlimited group exercise classes
- Anytime racket sports court hire
- 14 days advance booking rights for classes and courts
 - Fitness room introduction
- Access to 57 university gyms nationwide with BUCS UNIversal Gym (year Gold only)

Silver membership

- Off peak fitness room use
- Unlimited group exercise classes
- Off peak racket sports court hire
- 10 days advance booking rights for classes and courts
 - Fitness room introduction

Bronze membership

- Reduced rate pay-and-play fitness room use
- Reduced rate pay-per-class group exercise classes
- Reduced rate pay-and-play racket sports court hire
- 7 days advance booking rights for classes and courts
 - Fitness room introduction

Please visit our website for full membership terms and conditions or ask for a copy: sussex.ac.uk/sport/termsandconditions 🌤

SPORT AT SUSSEX

Facilities and membership

Our two sports facilities on campus give you the opportunity to have fun, stay healthy, make friends and get active with expert advice and support.

Sign up for one of our great value memberships or use our facilities on a pay-and-play basis. In addition to our fitness rooms and indoor sports halls, we have squash courts, tennis courts, a variety of grass pitches, ATP and 3G pitches, Dance Studio, Dojo and an Outdoor Fitness Area.

sussex.ac.uk/sport/students 🍆

Club sport and Sports Scholarships

If you want to play sport competitively, we have a packed club sports programme that we run with the Students' Union.

sussexstudent.com/get-involved 🍆

If you're a talented student athlete, we offer comprehensive Sports Scholarships that provide a network of support and financial assistance to develop you as a sportsperson and student, with the opportunity for mentoring with world-class athletes.

sussex.ac.uk/sport/students/scholarships 🐇







Active US drop-in social sport

If you're new to sport or want to try something different, check out our Active US social sport timetable. We offer a range of weekly wellbeing activities during term time with no commitment, no membership and no experience needed!

You can also swim for £1 at local pools in Brighton & Hove, Lewes, Newhaven, Seaford and Ringmer with our student swim offer, just take your University of Sussex student ID card with you for every swim.

sussex.ac.uk/sport/students/activeus 👋

