Sussexsport - Temporary use of Artificial Pitches – Updated Autumn Term 2020

These instructions are to be used until <u>further notice</u>, when using the Artificial Pitches at the Falmer Sports Complex. They are designed to ensure the safety and well-being of all customers and staff. Failure to adhere to these instructions will affect your ongoing booking with Sussexsport.

The main contact on the booking will be responsible for ensuring that all participants on their booking follow these instructions.

Arrival / Departure

- To ensure social distancing is maintained, all users must not arrive more than 10 minutes before the start of their booking. Participants arriving earlier than this MUST remain in their vehicle until 10 minutes before their booking time.
- Users may congregate in designated areas 10 minutes before their booking, to organise teams and do admin, to ensure maximum use of the pitch booking. Current Government distancing rules MUST be observed while waiting.
- Designated areas will be indicated, ensuring waiting does not occur near walkways to and from the pitch.
- After your booking has finished, all participants must leave the pitch immediately, and leave the premises promptly. There should be no congregating after activity on the premises.
- Travel to and from the venue should follow current Government distancing guidelines.
- If no car park spaces are available, then the overflow car park on Eastern ring road (at the bottom of the hill to the complex) must be used. Pedestrians should use the LEFT HAND SIDE of the road to walk to the pitches, and the LEFT HAND SIDE to return to the cars, creating a one way system.
- All car park and access signs MUST be observed.

Pitch Access

- Only the designated (main) entrance may be used for each pitch. Full size 3G users MUST NOT use the ATP entrance and walk across the ATP.
- Once accessing the pitch, there will be clearly marked areas for belongings to be left. Ensure that all your groups belongings are kept to one area, to allow other areas to be used by other groups, either before or after your session.
- You must not enter the pitch until the time of your booking. At the end of your booking, you must exit the pitch as quickly as possible.
- Use the hand sanitisers before and after using the pitches

Change Over Time

- When waiting for your session, you must wait outside of the pitch area, until the time of your session (for example, 7pm, NOT 6.55pm to start for 7). Upon entering the pitch, please call out that it is time, to inform the playing group to finish, and proceed to an EMPTY marked zone for belongings.
- The playing group must finish immediately, and proceed to their belongings in their designated zone. All belongings should be picked up and players should exit the pitch, before changing footwear/clothes away from the pitch.
- Ensure all belongs are taken at the ed of the session. All rubbish MUST be disposed of in the appropriate bins provided.

Payment

- If your normal payment method is via monthly invoice then this will carry on as normal
- If you normally pay weekly or in advance at reception, where possible, please pay BEFORE your session. Because the gym entry is now bookable timed sessions, if you try to pay after your session, you may be caught in the gym queue, who will be prioritised entry before you can pay, as their session is now also on a time limit.
- Paying before your booking will ensure that you will avoid these gym queues.
- No payments are to be made in cash or cheque credit or debit card payments only. Contactless / Apple Pay should be used where possible.

Toilets/Changing Facilities

- There will be no changing facilities or showers available. The main building will not be accessible, except to make payments or to get assistance from a staff member eg. Enquiries or first aid)
- Gender neutral toilets will be open in the building (Labelled team changing rooms), clearly signposted.
- Water fountains/vending machines are out of action, please ensure you bring your own drinks as needed.

First Aid Procedures

- Normal procedures apply, please come to reception for 1st Aid assistance.

Covid-19 Track and Trace

- If you or any of your players develop symptoms of Covid-19, then you must report this to Andy Stone (<u>a.d.stone@sussex.ac.uk</u>).
- If other user groups report any symptoms on a night that you played, you may be contacted to confirm who attended on the night in question. You must then inform all participants from the specified date
- Sussexsport will provide a track and trace form for the group leader to maintain. This will ensure personal details are not retained where not needed.
- In line with Government guidelines, these details will need to be kept for 3 weeks, and then can be deleted.

Sport Specific NGB Guidelines

- All activities will need to follow the relevant sports National Governing Body (NGB) Guidelines for that activity. Please read the relevant guidance to ensure your sessions meets these guidelines.
- American Football https://www.britishamericanfootball.org/news/guidance-on-outdoor-training---qanda#.XyKawvZFw2w
- Football http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720
- Hockey http://www.englandhockey.co.uk/news.asp?itemid=49469&itemTitle=KEY+UPDATE%3A+Hockey%27s+Return+to+Play+guidance+moves+to+Step+4§ion=22
- Lacrosse https://www.englandlacrosse.co.uk/news-1/2020/7/31/return-to-play-guidance-update-31-july
- Rugby https://www.englandrugby.com/participation/running-your-club/coronavirus

<u>Other</u>

- During this period, Sussexsport are unable to lend any equipment (footballs etc) so please ensure that you bring sufficient equipment for your session.
- If you have any questions or concerns about your sessions, then please in the first instance (for immediate help) seek the duty manager who will be on site, or for ongoing concerns, please contact Andy Stone (<u>a.d.stone@sussex.ac.uk</u>).

PLEASE NOTE: NO LOST PROPERTY WILL BE RETAINED – ANY ITEMS LEFT OVER WILL BE REMOVED AND DISPOSED OF AT THE END OF THE NIGHT. IT IS THE PLAYERS RESPONSIBILITY TO LOOK AFTER THEIR OWN BELONGINGS.