

IT at Sussex your essential guide to IT Services

2019/20





Get the **SussexMobile** app for fast access to all your important information





Get online

The main wi-fi network at Sussex is called **eduroam**, short for **edu**cation **roam**ing. It's used in universities all over the world.

The eduroam network provides high-speed access in all residences, lecture theatres, study spaces, and in the library.

If you live on campus, use a **wired connection** for a faster and more stable service. You should find a network cable in your room. If not, speak to reception staff in your residence.

How to connect

Connect to a wi-fi network called sussex.ac.uk-wifi-setup or connect your computer to a network port in your room.

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- Your web browser should open automatically. If it doesn't, open your browser.



Follow the on-screen instructions for your type of device.

REMEMBER

When you connect to eduroam, type your username as: ano123@sussex.ac.uk not just ano123

For more information visit sussex.ac.uk/its/wifi

Get the latest news



IT Services publishes news about maintenance and updates that might affect your studies. Subscribe at **sussex.ac.uk/its/subscribe**



Computers

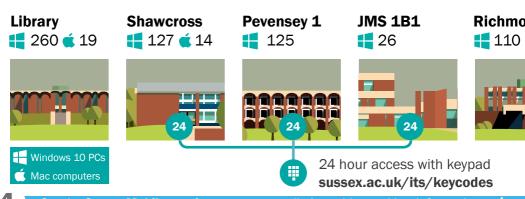
There are more than 1000 computers on campus for you to use, many of them available 24 hours a day.



Log on to PCs and Macs with your IT username and password. These are the details you get when you register. Your username is normally made up of your initials followed by a number, such as **ano123**.

Remember to **log out** when you've finished but don't turn off the computers - they automatically go to sleep when not in use. You can also borrow a Chromebook from the selfservice lockers in the Library. sussex.ac.uk/its/chromebooks

More about student computers sussex.ac.uk/its/computers



Printing

You can print from any student computer or straight from your laptop.

Top up your printing balance with a credit or debit card in Sussex Direct.

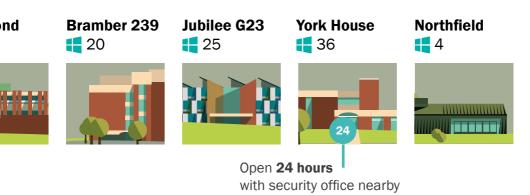
Print, scan or photocopy using our Multi-Function Devices (MFDs). You will need to know your Printing ID Number (PIN). You can check your PIN online.

You can print from at Sussex computer or from your own device.

Find out more: sussex.ac.uk/its/printing

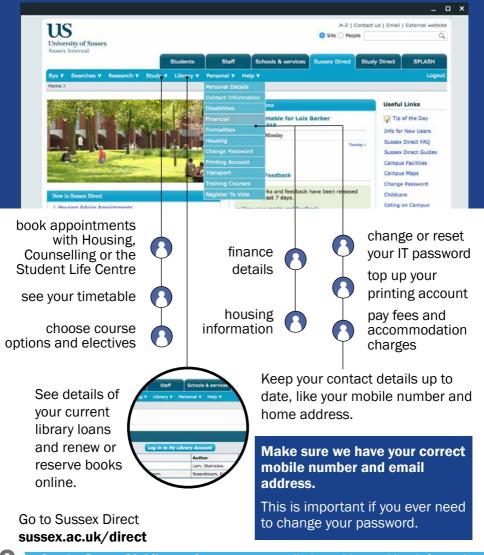
Check your PIN at: sussex.ac.uk/its/pin





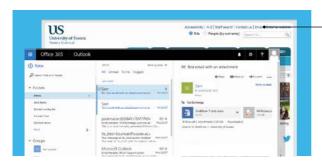
Sussex Direct

See information the University holds about you and keep it up to date.



Email

Your email address is your username followed by @sussex.ac.uk. So if your username is ano123, your email address is ano123@sussex.ac.uk



Click the email link at the top of any Sussex web page and log in with your username and password.

To check your Sussex email account from your phone, install the Outlook email app. You can find a guide to setting up your email on your iPhone or Android device at **sussex.ac.uk/its/mobile-email**

Stay safe online

You are a target for cyber criminals. The Unviersity's security systems will protect you from many threats, but watch out for fake emails.

If we block any of your incoming emails, we will let you know. We'll send you an email with the subject line:

'You have new held messages', This will list any of your emails we've held for you. If you think one is genuine, you can release it to your inbox. You have new held messages

You can release your held messages and permit or blo

You can also manage held messages in your <u>Personal</u> For more information, please see <u>the ITS website</u>.



The best defence is awareness.

For IT security advice, visit sussex.ac.uk/its/security

Software & files

Microsoft Office is available on all student computers, along with more specialised software for particular subject areas. There are also other helpful applications like mind-mapping tools on all student PCs.

Download Microsoft Office for free to use on your own laptop and mobile devices as well as other software like **SPSS** and **Endnote**.



sussex.ac.uk/its/files

them from home.



Canvas is the University's online study platform, designed to enrich and support your study.

Account	Home	Module syllabus Jump to today			< August 2		018	>	
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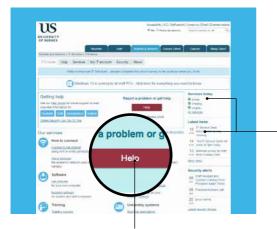
You'll find resources and activities including lecture slides, discussions, assignments and course reading lists within each Canvas module.

When you first log in you might want to update your profile and customise your notification settings. You can enable email alerts and set up a profile picture. These settings are located in the Account area of the main menu.

Some assessments are submitted online. Check the Assignments area in your Canvas modules.

Help with Canvas is available 24 hours a day, 7 days a week. Click on the Help button on the main menu and access help, either by online chat or a dedicated telephone number. For help relating to submission of online assignments please email **itservicedesk@sussex.ac.uk**

Help You're not on your own. If you're having trouble with IT, we can help.



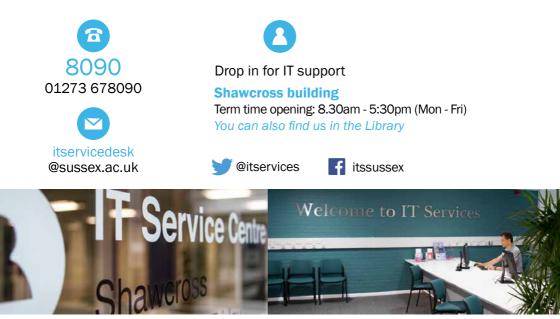
See our website for help guides and answers to your IT questions.

www.sussex.ac.uk/its

Check the current status of services and stay up to date with all the latest news and developments affecting IT at Sussex, or keep in touch with us on social media.

You can get help, report faults or requests services online. You can also track the progress of any enquiries that you have logged with us.

Alternatively you can contact us by:



Training

Microsoft Office Beginner to advanced courses in Word, Excel, PowerPoint, OneNote. Mind Mapping Organise, explore and present ideas, plan projects. Improve your IT skills with our free courses.

Adobe Creative Cloud

Professional editing software including Photoshop, InDesign, Illustrator and Premiere Pro



See the training website for full details and to book your place on our courses: sussex.ac.uk/its/training

Join the training mailing list to keep up to date with the latest training news.

Policies

As a Sussex student, you have agreed to certain policies and codes of behaviour. This includes the use of IT at the University.

Act responsibly

Abide by the law and the University of Sussex's regulations and policies and observe the regulations of any third parties whose facilities you access.

Infrastructure

Don't put the institution's IT facilities at risk by introducing malware, interfering with hardware or loading unauthorised software.

Behaviour

Don't waste IT resources, interfere with others' legitimate use or behave towards others in a way that would not be acceptable in the physical world.

Passwords

Don't allow anyone else to use your IT credentials, don't disguise your online identity and don't attempt to obtain or use anyone else's.

Information

Safeguard personal data, respect people's information and don't abuse copyright material. Don't download or share copyrighted material via peer to peer software.

Security

Follow our Top 10 Tips for IT Security. See the back of this booklet and at **sussex. ac.uk/its/security**

For full details please visit sussex.ac.uk/infosec/policies

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Top 10 IT Security tips



Sussex is a high-value target Cyber-criminals see you as a valuable, vulnerable target. Attacks and campaigns can be clever and persuasive. Don't ever say "it'll never happen to me".

Protect sensitive data

Is your data safe? Encrypt your mobile device and any sensitive data you are sharing over the internet.





Beware phishing emails and calls Cyber criminals will try to convince you to give away your personal details. Look out for suspicious

emails or phone calls. They might request personal information or ask for your password.

Don't leave computers or devices unlocked

Keep your devices physically secure, including your computer(s), phone and any data storage media (memory sticks/hard drives/CDs). Always lock your computer when you're not using it.





Keep your software up-to-date Check all your devices: the operating systems, web browsers and other applications must be kept up-to-date to benefit from the latest security updates. Turn on automatic updates where possible.

Take care when you follow links

Avoid visiting unknown websites or downloading software from untrusted sources. If attachments or links in email are unexpected or suspicious for any reason, don't click on them.





Secure your mobile device Is your phone safe? Make sure it's locked with a password or PIN and keep this private. Update the operating system when prompted and install security software and encryption where possible.

Use strong passwords

Do you know how to make a genuinely secure password? Do not use the same password for multiple accounts and never share your password. Install and use a password manager.





Use anti-virus and anti-malware software

Install security software from a known and trusted source. See the IT Services website for recommendations.

Back up your data

Use cloud-based systems to back up your data where possible. OneDrive is provided by IT Services. If you use physical storage media, store this separately from your computer.



Find lots of security advice at sussex.ac.uk/its/security

Student handbook 2019 2020