

## Multi Factor Authentication (MFA) User Guide

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## Introduction

Adding additional security verification to your account, simply means that the University wants to take some extra steps to ensure that you are who you say you are when signing in to your Office 365 apps such as Outlook (Email), One Drive and anything else in Office 365.

This is done by using a combination of your user name and password and a phone.

It helps to protect your account by making it harder for other people to access it.

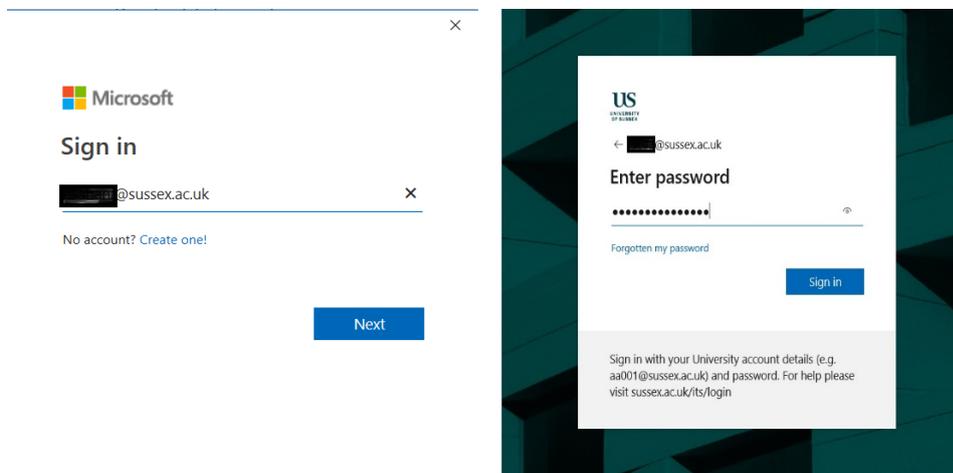
**The first thing you are going to need to do is complete the enrolment process.**

Before we start that process, you'll need to decide on your preferred authentication channel:

- **Mobile phone call, text or mobile app** - If using a mobile phone, choose between receiving a call, a text, or using the mobile app. **We recommend utilising the Mobile App, it tends to be the most convenient** and other methods can be intercepted.
- **Mobile app with a notification or verification code** - If using the mobile app, choose between receiving a notification that you respond to or a verification code.

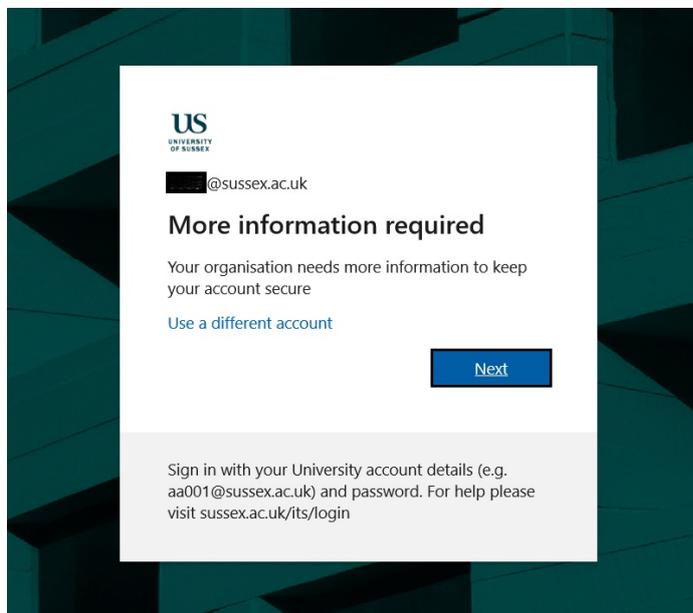
## Enrolling

1. If you are logged in to your email account, log out.
2. Using a web browser, visit <https://outlook.live.com/owa/>
3. Log into the application using your UoS Logon ID (email address) and password.



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4. Click on 'Sign In'
5. You will be prompted to set up your mobile device to approve authentication.



6. Click on 'Next'

## Choosing your Authentication channel

1. You will see a screen where you can choose your authentication channel
2. We strongly recommend that you use the Mobile App as it the safest and most convenient option, rather than office phone.

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### Additional security verification

Secure your account by adding phone verification to your password. [View video to know how to secure your account](#)

Authentication phone **Contact you?**

- Authentication phone
- Office phone
- Mobile app

How do you want to use the mobile app?

- Receive notifications for verification
- Use verification code

To use these verification methods, you must set up the Microsoft Authenticator app.

**Set up** Please configure the mobile app.

Next

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### Selecting the Mobile App Option (Recommended)

If you select the Mobile app option you will have two options:

*Receive notifications for verification* - This will send you a notification with the option to Deny or Approve the sign-in. It is a single tap process, but there can be a short wait to be approved at the login side.

*Use Verification code* – This will allow you to enter 6 digits from the app for authentication at each login.

1. Select whichever option you would prefer.
2. Click on 'Set Up'.

### Selecting the Authentication Phone option

When selecting this option, you will be asked to choose the method for authenticating your second factor eg. Text Message or Phone call.

### Using your mobile phone as the contact method

1. Select 'Authentication Phone' from the drop-down list.

## Additional security verification

Secure your account by adding phone verification to your password. [View video](#)

### Step 1: How should we contact you?

Authentication phone

United States (+1)

Method

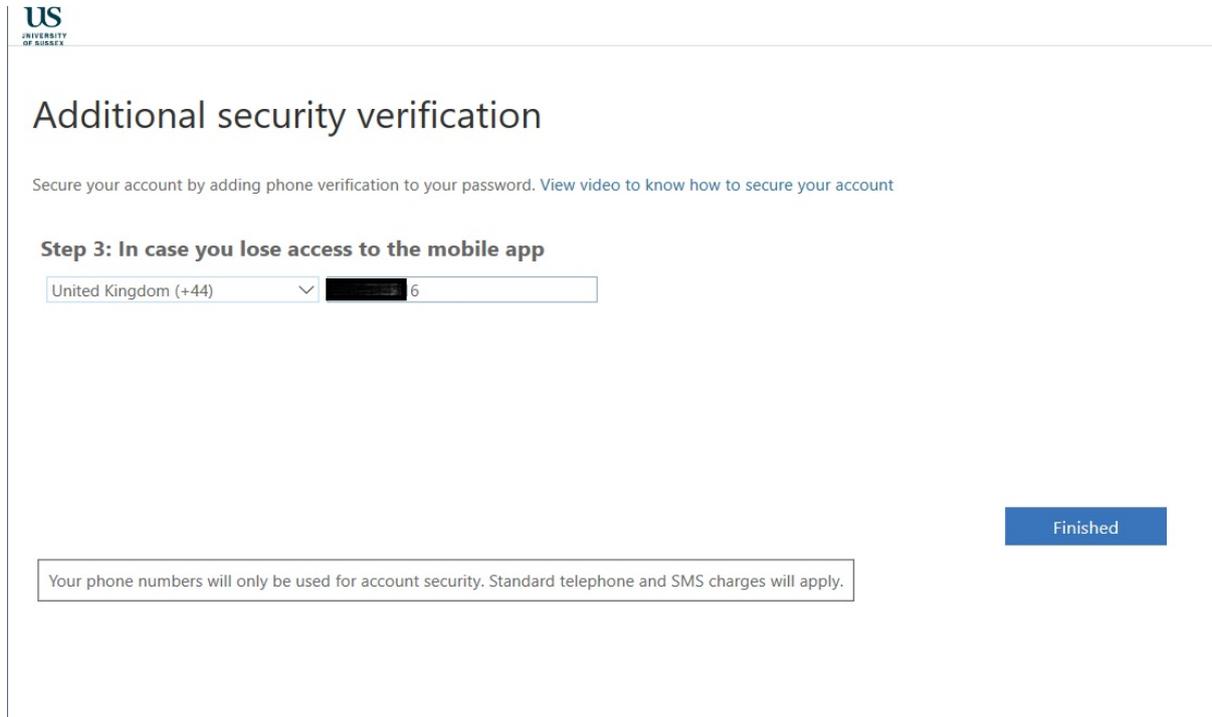
- Send me a code by text message  
 Call me

Contact me

Your phone numbers will only be used for account security. Standard telephone and SMS charges will apply.

2. Choose your country from the drop-down list, and enter your mobile phone number.
3. Select the method you would prefer to use with your mobile phone - text or call.
4. Select 'Contact me' to verify your phone number. Depending on the mode you selected, you will receive a text or phone call. Follow the instructions provided on the screen, then select 'Verify'.

## Enter your telephone number as a backup option in case you lose access to the Microsoft authenticator app.



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### Additional security verification

Secure your account by adding phone verification to your password. [View video to know how to secure your account](#)

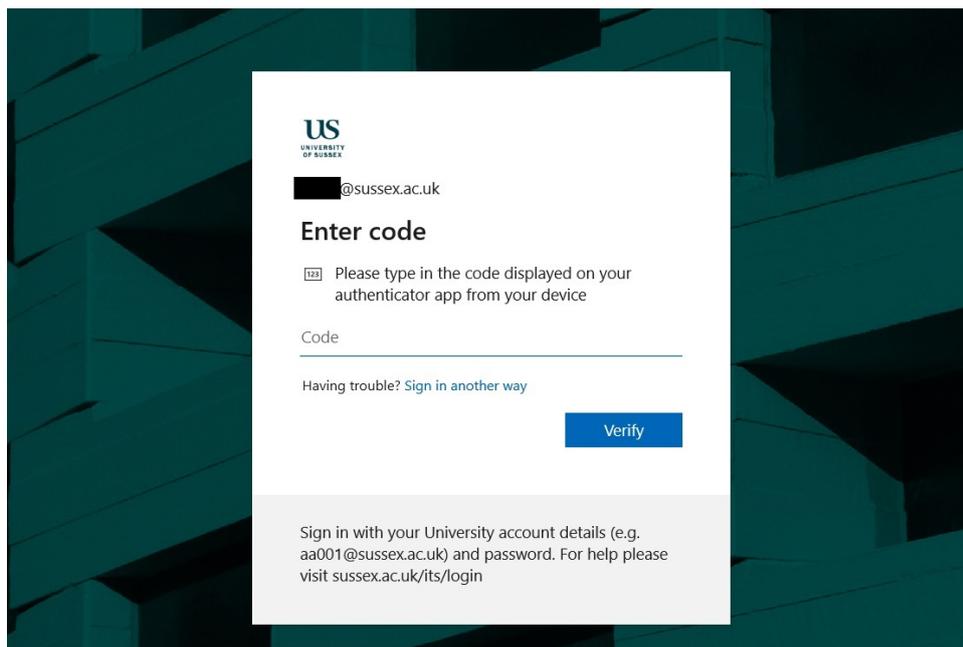
**Step 3: In case you lose access to the mobile app**

United Kingdom (+44)

[Finished](#)

Your phone numbers will only be used for account security. Standard telephone and SMS charges will apply.

1. Choose your country from the drop-down list, and enter your telephone number.
2. Click on 'Finished' on your computer screen.
3. You will be directed to the next screen
4. Enter your passcode from the Microsoft Authenticator app
5. Click 'Verify'



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### Enter code

Please type in the code displayed on your authenticator app from your device

Code

Having trouble? [Sign in another way](#)

[Verify](#)

Sign in with your University account details (e.g. aa001@sussex.ac.uk) and password. For help please visit [sussex.ac.uk/its/login](https://sussex.ac.uk/its/login)

## Installing Microsoft Authenticator App

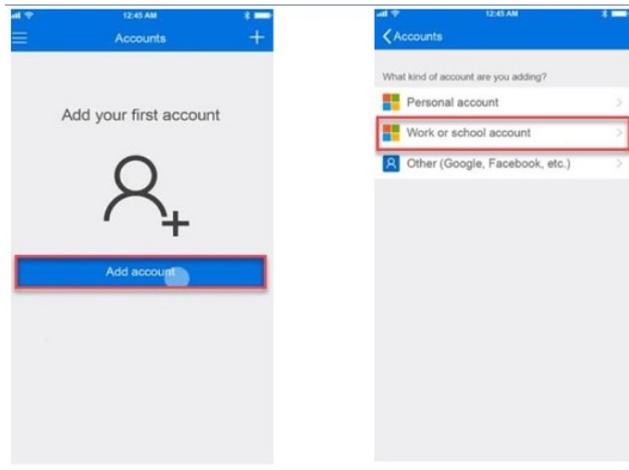
1. Install the Microsoft Authenticator application on your mobile device:

[Microsoft Authenticator for iOS Devices](#)

[Microsoft Authenticator for Android Devices](#)

[Microsoft Authenticator for Windows Phone or Mobile Devices](#)

2. Open the app and select 'add profile', then 'work or school account'



3. Allow access to your camera to scan the QR code, or select or enter code manually.
4. Return to your computer screen
5. You will see the following page

### Configure mobile app

Complete the following steps to configure your mobile app.

1. Install the Microsoft authenticator app for [Windows Phone](#), [Android](#) or [iOS](#).
2. In the app, add an account and choose "Work or school account".
3. Scan the image below.



If you are unable to scan the image, enter the following information in your app.

Code: 429 790 455

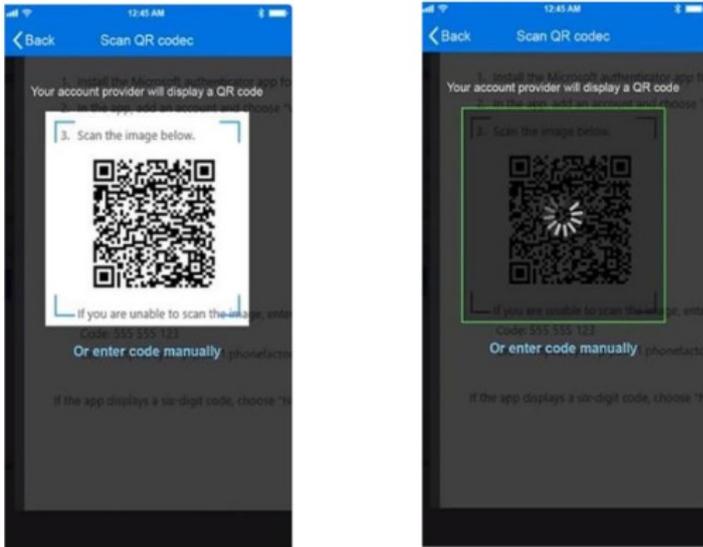
URL: <https://mobileappcommunicator.auth.microsoft.com/mac/MobileAppCommunicator.svc/387512482>

If the app displays a six-digit code, choose "Next".

Next

Cancel

6. Using your mobile app scan the QR code displayed on your screen.
7. You will then see a 6 digit number appear in the app on your mobile device.



8. Click 'Next' on your computer screen.

### **Add an account manually**

If you want to add an account to the mobile app manually, instead of using the QR reader

1. Select the Enter account manually button.
2. Enter the code and the URL that are provided on the same page that shows you the barcode. This info goes in the Code and URL boxes on the mobile app.

When the activation has finished, select 'Contact me'.

This step sends either a notification or a verification code to your phone.

Select 'Verify'.

**Congratulations!** You are now enrolled.

## **Using Multi Factor Authentication**

You'll need to use MFA to be able to access to Office 365 applications, such as Outlook and One Drive. If you are using VPN to connect then you will NOT need to use MFA.

1. Sign in to Office 365 using your email and password as you normally do.
2. When prompted, choose your preferred authentication factor method to verify your identity
3. After successful verification, you can access to your applications.

After a period of inactivity you'll be asked the reauthenticate.