Your and Your Training Needs Analysis

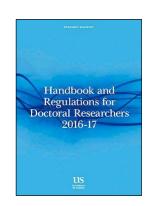
Dr Catherine Pope, Researcher Development

What we'll cover

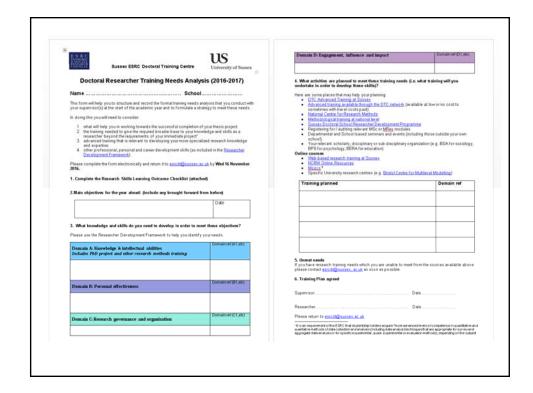
- What's the purpose of a Training Needs Analysis?
- How do I identify my training needs?
- What training is available?
- Q&A

The Regulations

"You must complete a Training Needs Analysis with your supervisor at the start of each year. By reflecting on your training needs you can identify areas for development and then target specific workshops and courses offered by the Doctoral School that focus on these areas. Your Training Needs Analysis should be considered by the panel assessing your academic progress as part of your annual review."



www.sussex.ac.uk/rsao/regulations/

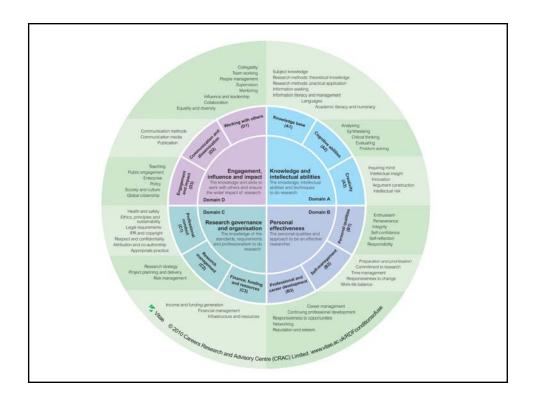


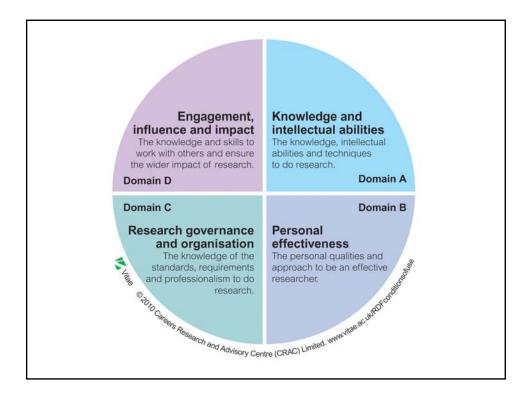
	US University of Sussex	What activities are planned to meet these training needs (indectake in order to develop these skills)?	i.e. what training will you
Doctoral Researcher Training Needs Analys Name	sis (2016-2017)	Here are some places that may help your planning. • <u>Suscess Doctoral School Researcher (pre-showers Propar</u> Departmental and School based seminars and events (no school) CHACE our training and events <u>minor chace as sh</u> Training planned	chiding those outside your own
 what will help you in working brands the successful completion or the advanced training needed to give the required broader base to as a researcher beyond the requirements of your immediate prijes of their portionation, personal and curred evolupment shall give Constituting Trainments's places complete the form electronically and return it to africts polycuses. Main objectives for the year shared: 	your knowledge and skills ct luded in the <u>Researcher</u> I		
Z. What knowledge and skills do you need to develop in order to me Please use the Researcher Development Framework to help you'dently Domain A: Knowledge & intellectual abilities Includes PRD project and other research methods bridning		4. Unmer needs 8. Type have research training needs which you are unable to mee please cortect deschaptifications. ACAS 5. Training Plan agreed 5. Training Plan agreed Supervisor. Bresarcher	Date
Domain B: Personal effectiveness	Domain ref (B1,etc)	Please return to <u>ahrchgpdbrussex ac.sk</u>	
Domain C: Research governance and organisation	Domain ref (C1,etc)		
Domain D: Engagement, influence and impact	Domain ref (D1_etc)		

ACTIVITY IN PAIRS

WHAT SKILLS DO YOU NEED AS A DOCTORAL RESEARCHER?

THE RESEARCHER DEVELOPMENT FRAMEWORK





Domain A: Knowledge & Intellectual Abilities



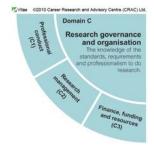
- Subject knowledge
- Research methods
- Information seeking
- Information literacy & management
- Languages
- Academic literacy & numeracy
- Critical thinking
- Problem solving
- Innovation

Domain B: Personal Effectiveness



- Preparation & prioritisation
- Time management
- Work-life balance
- CPD / career management
- Networking

Domain C: Research Governance & Organisation



- Health & Safety
- Ethics
- IPR & copyright
- Legal requirements
- Project planning
- Risk management
- Funding

Domain D: Engagement, Influence & Impact



- Team working / collaboration
- Communication media
- Communication methods
- Publication
- Teaching
- Public engagement
- Enterprise

AUDITING YOUR SKILLS

INDIVIDUAL ACTIVITY

WHAT HAVE YOU DONE SO FAR?

Identifying evidence

- Written research reports or published papers
- Presentation slides
- Abstracts and summaries
- Audio recordings from interviews
- Photographs from field trips
- Data analyses you have conducted
- Video evidence of performance
- Conference programmes in which your talk is listed
- Funding applications you have written
- Blog posts or other articles you have written
- Materials you have created for any teaching you have done
- Certificates for courses you have taken

EMPLOYABILITY & THE RDF

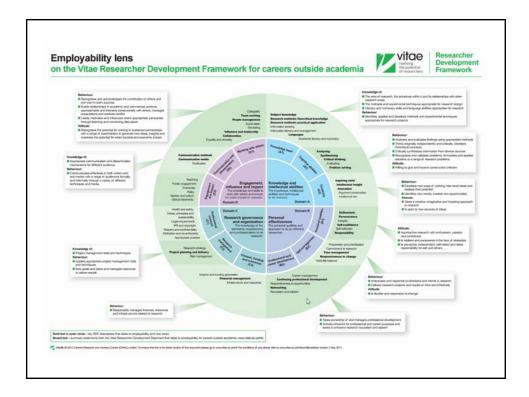
Transferable Skills

Dr Maggie Aderin-Pocock MBE

"It took me a while to realise the call for my PhD wasn't just the technical knowledge that I picked up, but it was also the transferable skills which you don't really see at the time."

ACTIVITY IN PAIRS

WHAT PHD SKILLS ARE ATTRACTIVE TO EMPLOYERS?



What employers say ...

"The lens fits well with an overall researcher competency framework, and could help employers when devising interview strategies in order to tease out the right behaviours/knowledge/attributes they require of a successful researcher." Joanne McCawley, HR Advisor, TATA Steel

"The terminology of 'competences' is used throughout the Royal Bank of Scotland framework, and is in line with the Researcher Development Framework. It is easy to map the content of the Researcher Development Framework with the Royal Bank of Scotland competence framework." Royal Bank of Scotland

The STARR approach

- **Situation** present the situation that you were involved in
- Task What was the objective that you set out to achieve?
- Action What did you do? How did you approach the task?
- Result What was the outcome of your action or actions?
- Reflect Look back on what you achieved; what worked well? How could you have improved the outcome?



INDIVIDUAL ACTIVITY

USE THE STARR APPROACH TO TALK ABOUT A RECENT TASK

Other RDF Lenses

- Information literacy
- Public engagement
- Teaching

YOUR TRAINING NEEDS

Reflecting on your evidence

- For which areas of the RDF are you able to identify plenty of supporting evidence?
- Which areas of the RDF will require more evidence at some point in the future?
- Are there any areas of the RDF that are not covered at all?

Identify your opportunities

- What's offered by Sussex?
- Online courses
- Talk to other researchers

Researcher Development Programme

Domain D: Engagement, influence, & impact

Workshops

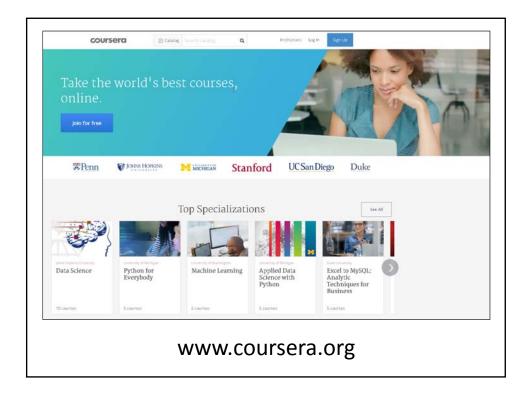
Building your web presence using social media
Communicating your research to the media
Designing research posters
Open access publishing
Intro to Prezifyinding images
Preparing for your viva (by cluster)
Presentation design
Understanding publication metrics

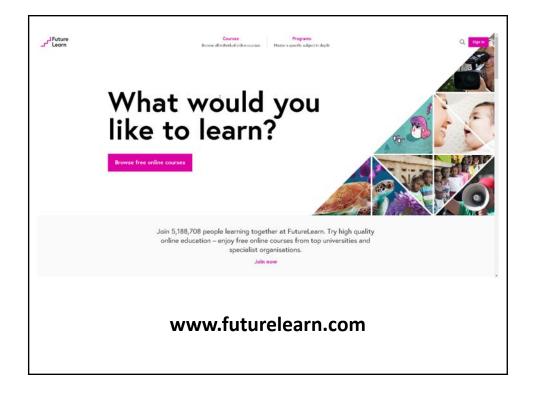
Online
Creating a blog
Domain C: Research governance & organisation
Workshops

Exploring ethical Issues in your research
Getting your bosses online profile
Preparing for a conference
Getting your bosses online profile
Preparing for a conference
Getting your bosses online profile
Preparing for a conference
Getting thou a conference
Getting ethical Issues in your research
Getting ethical approval
Managing your research data
Postgraduate funding: considering the alternatives

Online
Research Integrity (by cluster)

Domain C: Researcher
Making progress in your doctorate
Practical assertiveness for researcher
Using technology to manage your research
Online
Starring your doctorate at Sussex





OVER TO YOU ANY OTI	HER IDEAS?		

PLANNING YOUR TRAINING

Planning

- 1. Set your development goals
- 2. Find and select opportunities for development
- 3. Plan to achieve your development goals

EXACT model for goal-setting

- Explicit with a single focus, and expressed in as few words as possible
- Exciting the goal should inspire you, and be framed in a positive way, encouraging you to take action
- Assessable a clear way of defining what success will look like, so that you will know when you have achieved your goal
- Challenging to encourage you to stretch yourself in the process of working towards the goal, and thus contribute to your development
- Time-framed ideally within six months. If a goal has a longer timeframe, you may be able to break it down into smaller goals on shorter time-frames that together will contribute to achieving a long-term aim



Formal development opportunities

- Training course, with or without certification
- Professional development workshops
- Self-managed study, including e-learning
- Seminars and conferences
- Webinars
- Reading articles, reports, manuals etc.
- Teaching and presenting

Informal development opportunities

- Supervised (or unsupervised) practice
- Observation
- Advice from your supervisor or mentor
- Discussions with other researchers
- Work shadowing
- Online events/videos
- Coaching, mentoring and peer-review

Creating your professional development plan

- Review your goals
- Discuss with somebody else
- Prioritise them
- Plan some timescales
- Reflect on your learning & development

INDIVIDUAL ACTIVITY

USE THE EXACT MODEL TO PLAN YOUR NEXT TRAINING ACTIVITY

EXACT model for goal-setting

- **Explicit** with a single focus, and expressed in as few words as possible
- Exciting the goal should inspire you, and be framed in a positive way, encouraging you to take action
- Assessable a clear way of defining what success will look like, so that you will know when you have achieved your goal
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What will you take away from this session?

Thank you & best of luck!

Do please contact us if you have any queries

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@SussexDocSchool

www.sussex.ac.uk/internal/doctoralschool/researcherdev/