Welcome

DOCTORAL SCHOOL / RESEARCH STUDENT ADMIN OFFICE

September 2020



UNIVERSITY OF SUSSEX

About the Doctoral School

The Doctoral School is a University-wide structure supporting doctoral researchers.

With over 1200 doctoral researchers at Sussex, we are keen to help you become a part of the wider research community.

www.sussex.ac.uk/internal/doctoralschool/

- **Training** through our popular <u>Researcher Development Programme</u>
- Wider **research community** beyond your School, to meet other researchers at Sussex
- Funding opportunities for during your doctorate



Doctoral School <u>www.sussex.ac.uk/internal/doctoralschool/</u>

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	Students Staff Schools & services Sussex Direct Canvas
Schools ITS Library Pro	fessional services
Schools and services > Doctoral Schoo	I > Home
> Home	Doctoral School
News and events	
Researcher development	Quick Links
Funding	Funding Training
Your mental health and wellbeir	Handbooks & forms
Help and support	DS external site
	Your career Sussex Research Hive blog
ESRC Doctoral Centre	Doctoral Connections
New doctoral researchers	Welcome to The Doctoral School
AHRC / CHASE	Doctoral researchers play a vital role in Sussex's vibrant intellectual culture. We
Doctoral Researcher Forum	support all doctoral researchers across the University to become part of our research community. The information below can help you make your time here
People and contacts	as productive and stimulating as possible.
Doctoral connections	New researchers are encouraged to explore our welcome pages.
PGR Open Forums	Keep up to date with the latest news on our <u>Doctoral Connections</u> blog and 8 October 2020
Sussey Scholarshin Extension	follow us on Twitter @SussexDocSchool.

If you cannot find what you are looking for get in touch with us at

doctoralschool@sussex.ac.uk.

Sussex Scholarshin Extension pol/scholarship-extension

View all events

Overview

Researcher Development Programme

Our <u>Researcher Development Programme</u> offers year-round training and development opportunities to help you successfully complete your doctorate and prepare for your future.

Operating online currently, we run over 100 workshops each year. **Recommended for new Doctoral Researchers:**

- Introduction to the Library
- Undertaking a literature review
- Literature searching using Scopus and Web of Science
- Becoming an effective researcher
- Working with your supervisor
- Introduction to ethics

www.sussex.ac.uk/internal/doctoralschool/researcherdev

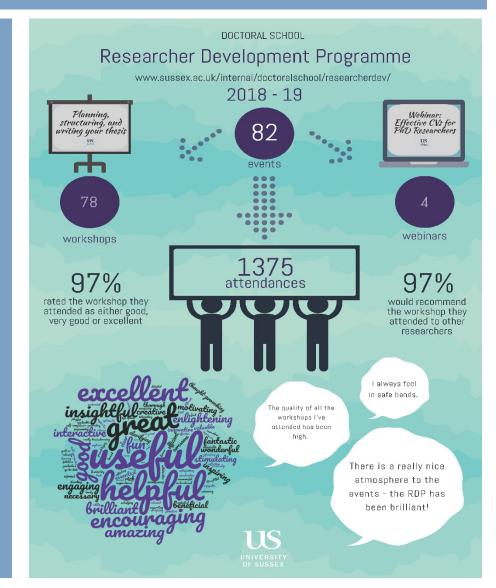
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Researcher Development Programme

"I've been starting to get a bit stressed out but each of the workshops I have been to makes me feel more and more excited about doing my research."

Undertaking a literature review

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Research community



The Doctoral School organises a number of University-wide events throughout the year, which are open to all doctoral researchers:

- Welcome events for new researchers September, February, and May
- Three Minute Thesis and the Festival of Doctoral Research June
- Doctoral Connections blog for latest PhD news and opportunities <u>www.doctoralconnections.com/</u>

Doctoral Connections blog <u>www.doctoralconnections.com</u>

Doctoral Connections

News, events and resources for doctoral researchers at the University of Sussex

Home About Useful links

UEA Online Training Series for PGRs 2020-21: details online now



Search ...

RECENT POSTS

- UEA Online Training Series for PGRs 2020-21: details online now
- The Postgraduate Network is recruiting PGR Ambassadors, apply now
- Looking for volunteering opportunities? Join the Language Café or Buddy mentoring scheme
- Call for papers: (Re)Connect, Excursions Journal issue 11.1
- LPS doctoral researchers discuss professional development at 'virtual away day'

ARCHIVES

September 2020

- August 2020
- July 2020

Funding opportunities

Funding opportunities available via the Doctoral School include:

Doctoral (online) Conference Grants

Doctoral Conference Grants support Sussex doctoral researchers who are presenting their research at conference. You can apply for up to £1,000 during the period of your registration.

Alternative Guide to PG Funding

A guide on applying to alternative sources of funding (normally charities) regardless of subject or nationality.

www.sussex.ac.uk/internal/doctoralschool/funding

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Funding your doctorate

The resources below provide information and opportunities for funding your doctorate and your research at Sussex

PhD Scholarships and funding	~
Research Professional	~
The Alternative Guide to Postgraduate Funding	~

Funding your professional development

The following funds are designed to support your professional development as a researcher at Sussex. Opportunities include funding to present your research at an overseas conference; to deliver a public engagement initiative; and to organise your own professional development activity for researchers.

You can also use the the <u>Alternative Guide to Postgraduate Funding</u> and <u>Research Professional</u> database to find external funding for conferences and travel.

Researcher-Led Initiative Fund	~
Public Engagement Fund	~
Sussex Fund Doctoral Overseas Conference Grants	~
Lyle awards	~
Kindness UK Doctoral Conference Awards	~
Santander Travel Grants	

The Adam Weiler Doctoral Impact Award

Online resource for new researchers www.sussex.ac.uk/internal/doctoralschool/new-doctoralresearchers/induction



Navigating through the webpages for new doctoral researchers

Click on the boxes below or use the left-hand sidebar to skip to the different sections of webpages for new doctoral researchers. Once you have selected a section, you can navigate through the relevant sub-pages using the list on the sidebar on the left.



Mental health and wellbeing www.sussex.ac.uk/internal/doctoralschool/wellbeing

WORKPLACE OR PROFESSIONAL SELF-CARE

- Allow for breaks during the workday
- Plan enjoyable activities for after the workday and at weekends
- Engage with peers and colleagues
- Create a calm environment to complete tasks

- Participate in projects or tasks that are exciting and rewarding
- Practice ability to set limits/boundaries and say "no" to extra responsibilities
- Arrange work space for comfort

SUGGESTED SELF-CARE STRATEGIES

 Negotiate academic and nonacademic needs

 Participate in peer support groups

- Self-care strategies
- RDP workshops on stress,
 resilience and strengths, e.g.
 'Looking out for each other
 during the PhD

• Online peer support groups



'We share research ideas and resources, discuss challenges and offer advice and solutions to one another. My Skype group makes me feel that I am part of a research community and that I am not alone in my PhD journey.'

Imelda, part time PhD researcher

Research Student Admin Office

We are here to help you through the stages of your doctorate at Sussex, your annual registration, your progress and....one day soon....your viva and award.

Contact **RSAO** if you want to,

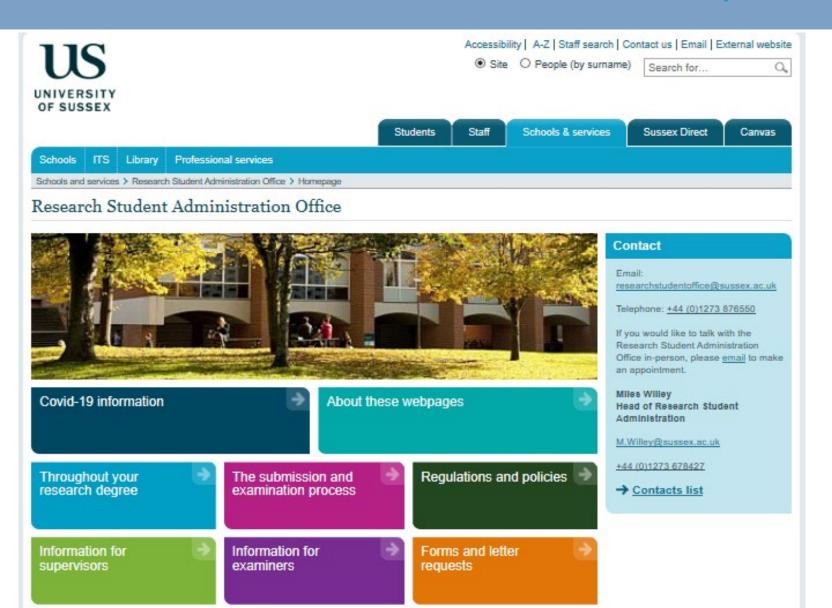
- Ask any general questions about your PhD
- Change mode of attendance
- Change course or degree
- Intermit
- Go on fieldwork
- Extend your visa
- Attend a graduation ceremony
- Require any student correspondence such as Bank Letter, Council Tax letter, To Whom it May Concern Letter etc.







Handbook and Regulations for Doctoral Researchers – <u>www.sussex.ac.uk/rsao</u>



Keep in touch

The Doctoral School doctoralschool@sussex.ac.uk

Research Student Admin Office

Ground Floor, Sussex House (email to book an appointment) 01273 876550 researchstudentoffice@sussex.ac.uk





Welcome to the

Careers and Employability Centre

We're here to support you throughout your time at Sussex



PhD Researchers – Career Provision



Networking

Online Resources

OF SUSSEX

1-1 support

Top Tip – Remember the 3 pillars

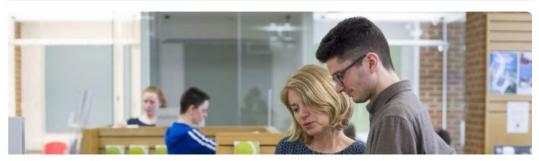
- Research
- Teaching
- Administration





To find out more....

Careers and Employability Centre



PhD researchers

We support PhD researchers during and up to three years after graduation. We can help you explore your career ideas and the pathways available to you both within and outside academia

We work closely with the <u>Doctoral School</u> and our workshops are part of the <u>Researcher Development Programme</u> here at Sussex.

http://www.sussex.ac.uk/careers/services/researchers



Stay in touch

Follow us on social media for the latest news and updates, events details and job listings:



- @SussexCareers



- @SussxUniCareers

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- @SussexUniCareers

Or visit our websites – www.sussex.ac.uk/careers Careerhub.sussex.ac.uk





Introduction to the Library





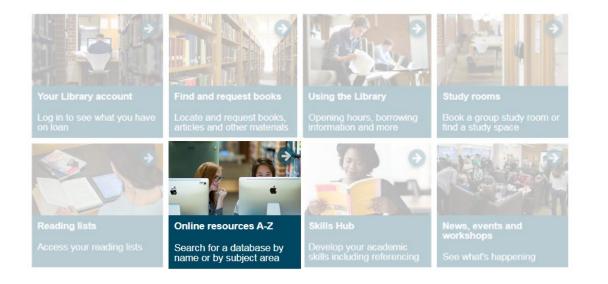
1. The Stuff



Use **Library Search** to look for books and other resources.



Library Subject Guides



guides.lib.sussex.ac.uk/resources

guides.lib.sussex.ac.uk/resources

Online Resources: Home

Home A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Search by title for resources such as Scopus or Westlaw using the A-Z tabs above

Search for resources by subject using the links below

A

American Studies

Anthropology

Art History

в

Biology and Environmental Sciences

Business, Management and Economics

C

Chemistry and Biochemistry

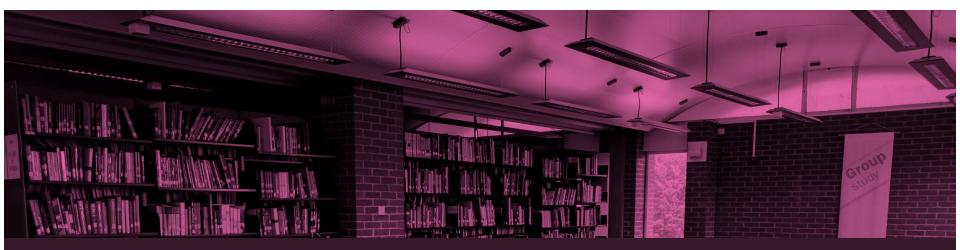
Childhood and Youth Studies

Gender Studies Geography H History I Image, Film and Sound Informatics International Relations N Newspapers O Open Educational Resources (OERs) Official Publications P Philosophy

Physics and Astronomy

Politics

Psychology



2. The Scene



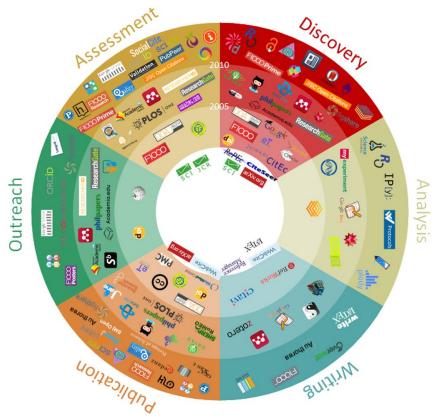
Click & Study

Click and Study Service Book a study space in the Library from 10am-4pm, Monday-Friday >

Click and Collect Service Request items showing as available in the Library; to collect from 10am-4pm, Monday-Friday

Click & Collect

Research Tools



- Literature databases
- Data repositories
- Word processing
- Analysis software
- Cloud storage solutions
- Reference managers



3. The Support



Research Support



Your Library account

Log in to see what you have on loan



Find and request books

Locate and request books, articles and other materials



Using the Library

Opening hours, borrowing information and more



Support for researchers

What's on offer to doctoral researchers and academics



Making your research available

SRO, FigShare & Elements



Special collections

Archival, manuscript and rare book collections

sussex.ac.uk/library/research

Research Support

Book one-to-one support	>	Access the Researcher Development Programme		
Add your research to Elements	>	Find out about Open Access for researchers		
Register for your ORCiD	→	Manage your research data		
Discover Sussex Research Hive	→	Learn about seminars and events		
Suggest a journal to purchase	→	Suggest a book to purchase		
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sussex.ac.uk/library/research

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sussex.ac.uk/library/research

www.sussex.ac.uk/library

Contact us

library@sussex.ac.uk



We greatly value your feedback, if you have any comments or suggestions please get in touch.







Thanks for listening



Meet the Research Hive Scholars

Aanchal Vij



Devyn Glass



Louise Elali



sussex.ac.uk/internal/doctoralschool/researcherdev

Doctoral School

Researcher development

For the latest information on how coronavirus may impact your research, see the University's <u>Autumn 2020 advice page for doctoral researchers and supervisors</u>, which will be updated as the situation continues to develop.

In addition, the Student Hub has specific <u>advice for international PhD students</u> (scroll down to Research Students section) and guidelines have been issued for anyone approaching a <u>Distant (Online) Viva</u>.

Our Researcher Development Programme provides year-round training and development opportunities to help you successfully complete your doctorate, and prepare for your future.

99% of our face-to-face workshop participants would recommend our programme to other researchers.



sussex.ac.uk/counselling



Sussexsport



sussex.ac.uk/sport



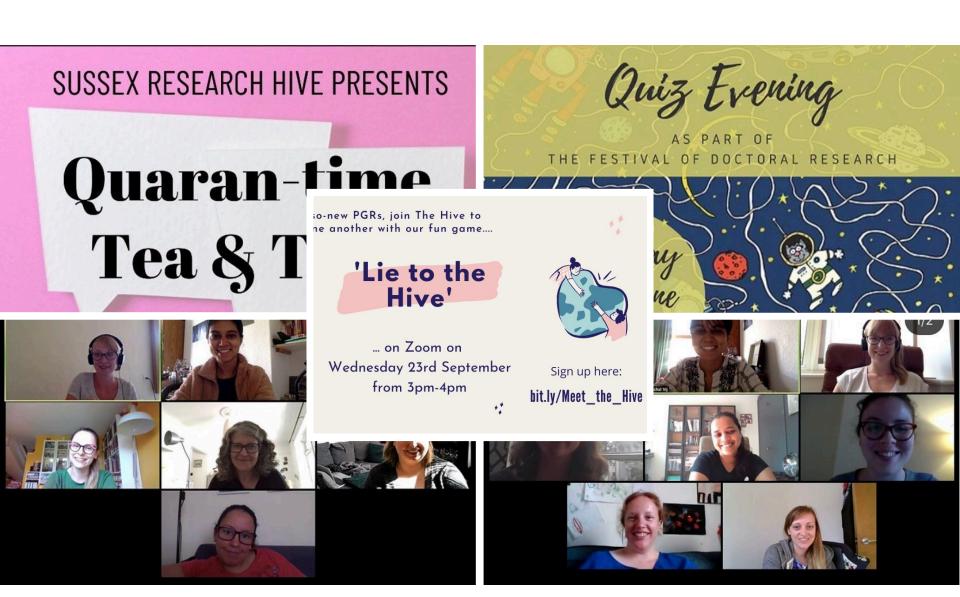
slack

sussexreshive Message

74 posts 228 followers 121 following

Sussex Research Hive SAGE Research Hive in Sussex Library, community and work space for doctoral researchers. Follow us on twitter on @sussexreshive.

sussexresearchhive.wordpress.com





SUSSEX STUDENTS' UNION

A super-speedy rundown

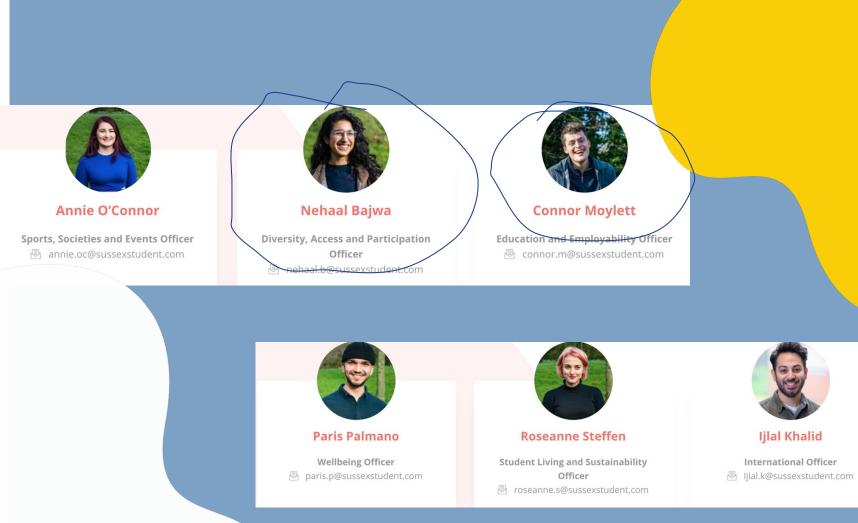
Overview

Who We Are Democracy Services Why it matters (we think).

What is an SU then?



- Democratic
- Independent
- Student-led
- Hard-won!
- Of political importance (sometimes)





One of you could soon be the PGR part time officer?!



Platforms for Decision-Making

Referenda Direct vote of 450 students - binding, can pass policy	Members' Meetings Meeting of 450 students with a vote - binding, can pass policy	Elections (Student Reps, Full-Time/Part-Time Officer Students voting - binding
Union Council Highest decision-making body, a wide range of student representatives overseeing the Union	Executive Committee 10 elected representative Officers Day-to-day decisions	Trustees FT Officers, 3 Students and 3 externals - responsible for overseeing Union governance
Enlitened app,, Surveys, Polls, Focus groups Reflects students' opinion and influences decisions	Committees, Steering Groups, Working Groups Reports up to one of the groups above	Campaigns Organising and lobbying strategically to create real change







Services

- Shops & Bars
- Advice
- Student lettings

But I'm a PGR why should I care about the SU?



Some of our priorities this year include: - SARA - Renters Union - Political Education Come get involved!



Contact us

WEBSITE sussexstudent.com

EMAIL ADDRESS fulltimeofficers@sussexstudent.com

PHONE NUMBER (01273) 456 7890

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Introduction to International Student Support

International Student Support

> UNIVERSITY OF SUSSEX

Who we are

We are a team of international student support specialists including immigration and visas

Helen Quin - International Student Support Officer Eileen Laffan - International Student Support Assistant

Kirsten Ferrari - International Student Support Assistant Jo Chee - International Student Advisor

Jennifer Raper - International Student Advisor

James Gordon - International Student Advisor



Nicola Short - International Student Assistant Advisor

What we do

- Specialist confidential immigration and visa advice
- Meet and Greet services from the airports
- Adapting to UK social and academic culture
- Advice on opening UK bank account, council tax, healthcare, childcare and travel
- Virtual trips and events including One World Sussex
- Collaboration with the Students' Union Buddy Scheme



Top tips

- Attend the 'Protecting your Tier 4 visa status' session run by our Immigration and Visa team - details TBC
- Keep your BRP safe at home and whilst travelling –it costs a lot of money and time to replace
- If you want to get a job, make sure your visa allows you to work and that you work under the <u>permissions and conditions that</u> <u>your visa allows</u>

Also, it can take a long time to obtain a National Insurance Number, so if you need one, <u>apply as soon as possible</u>



How to contact us

website: student.sussex.ac.uk/international/

email: international.support@sussex.ac.uk

facebook: InternationalStudentSupportUniversityOfSussex instagram: intlsupport.sussex

