This weekly email, sent to all University of Sussex staff, contains important news, as well as events and actions for the week ahead.



# This week at Sussex



# Development and wellbeing drop-in event

#### Meeting House | Monday 15 May | 10am until 1pm

Explore the broad range of development options on offer, including free online short courses and professional qualifications. It's also a great opportunity to speak to our Wellbeing Manager about health and wellbeing support.

### Monday 15 May 2023



# Research with Impact forum replay

Watch a recording of the 10 May Research with Impact forum, which covered the work of the Sussex Humanities Lab. <u>Book now</u> for the next Research with Impact forum on Wednesday 7 June which will focus on Sussex Innovations.



#### Student update

Read the most recent student update which includes information about boosting study skills for assessments and the winners of the Education Awards.

#### Learning at Work Week 15-21 May

### **Outdoor fitness class**

Falmer Sports Complex | Monday 15 May | 1pm until 1.45pm

Join this coach-led outdoor fitness class at the Falmer Sports Complex and find out how to make best use of the free outdoor fitness space available all year round.

# Introduction to digital accessibility

Online | Wednesday 17 May | 10.30am until 11.30am Learn how to make your digital content readily available and usable by anyone, including those who may have additional access needs.

# Weightlifting workshop

Falmer Sports Complex | Wednesday 17 May | 2pm until 3pm

This workshop is suitable for all levels and will cover key exercises, the benefits of training and key principles of strength training.

#### Be sustainable at Sussex

#### Online | Thursday 18 May | 11am until 12pm

Learn how to reduce the environmental impact of your commute, work, and home life, and play your part in making Sussex one of the most sustainable universities in the world.

#### **Fitness room introduction**

#### Falmer Sports Complex | Friday 19 May | 1pm until 2pm

Join this introduction to learn the basics of each gym space at the Falmer Sports Complex. You will get supervision, coaching and be able to ask questions.

#### Don't miss out

#### **Challenges to democracy: Power, Protest and Identity**

Jubilee 118 | Tuesday 16 May | 1pm until 2pm

A panel of Sussex experts will explore the complex relationship between democracy, protest and the question of identity through an examination of recent events in the Middle East and Europe.

#### At the Attenborough Centre

#### **Brighton Festival**

<u>Don't miss out on the events taking place at the ACCA</u> as part of Brighton Festival, including '*Suroor*' tonight, Monday 15 May, at 7.30pm, or '*The Rest of Our Lives*' by Jo Fong and George Orange with different sessions all weekend.

#### In the community

#### **Brighton Festival in our neighbourhoods**

<u>Check out the free events happening in Brighton's neighbourhoods</u> which are part of Our Place, a programme of art projects, performances and workshops suitable for all the family. Our Place is part of Brighton Festival and the University is this year's Higher Education partner.

#### Sussex in the media

#### Key stories from the past week

- Dr Darren Baskill from Mathematical and Physical Sciences provides some insight into full moons in a BBC Science Focus article on the Coronation Flower Moon.
- <u>A play based on research from Global Studies is discussed in an Love</u> <u>London Love Culture interview</u> with playwright Raminder Kaur. Based on interviews from the Consortium of Practices of Wellbeing and Resilience among Black, Asian and Minority Ethnic Families and Communities (Co-POWer), *Breadth* is a play about the reality and surreality of the pandemic years. The production is funded by University of Sussex and the Arts Council.
- <u>The Meeting House receives a mention from comedian and Sussex</u> <u>alumna Angela Barnes in an Evening Standard article</u> on Historic England's appeal for hidden histories to be shared and for overlooked places to be celebrated as part of its Missing Pieces Project.

# Celebrating our international community

Our Vice-Chancellor, Professor Sasha Roseneil recently travelled to Mexico where she visited the National Autonomous University of Mexico (UNAM), met with the British Ambassador and hosted an evening reception with our alumni, current and prospective students, partners and friends.

#### Other important news

# New Head of Global Studies

Professor Geert De Neve has been appointed the new Head of Global Studies, succeeding Professor Elizabeth Harrison. Professor De Neve, who has been at Sussex since 1998, will start his new role on Friday 1 September.

### Transport update

<u>Read this week's transport update</u> which includes information about upcoming rail strikes during May and June, and Southern Railway's new timetable, being implemented from Sunday 21 May.

# The Meeting House repair work

The Meeting House is undergoing repair work to ensure its preservation. The

works will last for approximately another week.

Visit the Staff Hub for more news, events and useful information



#### Sent by Internal Communications, University of Sussex