This email is being sent to all staff



This is Sussex

Our news, our stories, our people Friday 24 March 2023





Brighton Festival <u>Erin James, Sussex's Stuart Hall</u> <u>Fellow, to perform at Brighton</u> <u>Festival</u>



Student experience Your student update: Choosing optional modules, cheap bus fares and more



Our community Advice and guidance for the 2023 elections



Our community <u>City council candidates to set out</u> <u>their vision at the University's</u> <u>hustings</u>

Sussex Centre for Research on Kindness



The <u>launch event</u> of the Sussex Centre for Research on Kindness took place on Thursday 23 March in Arts A. <u>See a gallery</u> of images from the event.

Your wellbeing



The University's new <u>Employee</u> <u>Assistance Programme</u>, provided by Spectrum.Life, offers up to eight structured counselling sessions, alongside a medical helpline and legal support.

<u>Help is available</u> 24/7, 365 days a year if you're worried about finances, feeling anxious or stressed, worried about your physical health or suffering from low confidence.

Industrial action



We ask colleagues to complete an <u>industrial action declaration form</u> to confirm any strike days taken. The next payroll cut off date is Wednesday 12 April; all industrial action taken in this round must be declared by Friday 12 May.

Creating a better campus



Take part in the annual <u>food and</u> <u>drinks survey</u> and help make a change to the food on campus. The survey takes around five minutes and you can add your email address to be entered into a draw to win a £50 Eat Central gift card.

UNIVERSITY OF SUSSEX

Investing in a Better Sussex: Our Capital Programme + beyond

22 February 2023

<u>Watch the replay</u> of the Capital Programme webinar to hear from the leadership team about how IT improvements, the new Student Information System and estates projects are helping to making our campus better for everyone.

Engage for change



Join the <u>Policy@Sussex event</u> 'Behind the scenes of policy engagement' to hear from Sussex academics about how they are bridging the gap between academia and policymaking.

Brighton and Sussex Medical School



The documentary 'My Dead Body' has <u>been nominated</u> for a Royal Television Society Award in the Science and Natural World category, due to be announced next week. Its director, Sophie Robinson, has also just been shortlisted for a BAFTA Craft award.



Join Professor Barbara Philips for her inaugural lecture exploring drugs prescription in high stakes environments. <u>Book your place</u> no later than 48 hours beforehand | Chowen Lecture Theatre | Wednesday 29 March | 18:30 until 19:30

Cost of living



<u>Reward Gateway</u> offers great discounts on brands and retailers through a range of instant vouchers, gift cards and cashback options. Read our <u>tips and tricks</u> on how to make best use of the platform.



It's Debt Awareness Week, and charity <u>StepChange</u> is raising awareness of free and impartial debt advice. Read the <u>Money Saving Expert</u> <u>guide</u> to learn about where to start and how to get free personalised help.

Your development



The Organisational Development team has scheduled additional Achievement and Development Review workshops in April to help you prepare, whether you are a reviewer or reviewee. View the schedule and <u>book your place now</u>.

Transport



Read our <u>weekly update</u> on campus works impacting roads, access and transport, including the closure of Pavilion Road on Wednesday 29 March.

Don't miss out



The Curriculum Reimagined project, which aims to improve our curriculum so we can provide the best learning community for our students and staff, is hosting an open meeting on <u>Monday 27 March</u>.



Professional Services staff can register now to attend the PS Bigger Picture next Wednesday, 29 March, from 1.30pm - 2.30pm in the Jubilee Lecture theatre. The event will also be <u>livestreamed</u>.

Must-read research and other campus news

Student experience

Surveys of postgraduate taught students and PGRs coming soon

Data protection

How to avoid and report personal data breaches

Mass Observation Archive <u>Call for participation in the 2023 Coronation project and the national call for</u> <u>diaries on 12 May</u>

Career Lab internships

If you have a passion for the communications industry and you want to get going, it's definitely worth a go

Student experience

<u>"The Connector community means a lot... it makes me feel like I belong to</u> <u>Sussex."</u>

Other recent staff news

Coming up

<u>Chamber Choir Concert: Mozart's Requiem</u> 27 March 2023 | 18:30 until 19:30 | Chapel, Meeting House

<u>A Writing Meditation on Menopause</u> 29 March 2023 | 12:00 until 14:00 | Meeting House

<u>45 Minutes of Music - organ recital</u> 29 March 2023 | 12:00 until 12:45 | Chapel, Meeting House

<u>A Conversation About Periods for Every Body</u> 30 March 2023 | 13:00 until 14:00 | Meeting House

<u>Nkabom: A little medicine, a little prayer</u> 31 March 2023 | 11:00 until 13:00 | Room 1B3, Pevensey 1 Other staff events happening next week

Snapshot



Giovanni Battista Lombardi's *The Veiled Lady* in Eastbourne's Towner Gallery. The gallery will host the <u>Turner Prize</u> this year and Sussex is proud to be its <u>education partner</u>. We're looking forward to offering staff and students the chance to visit the exhibition later in the year.

About This is Sussex

The weekly *This is Sussex* is produced by the Internal Communications team and is intended for all current staff and postgraduate researchers at the University of Sussex.

For advice on ways to tell people about your news or story ideas, please email <u>internalcomms@sussex.ac.uk</u>.

Sent by Internal Communications, University of Sussex