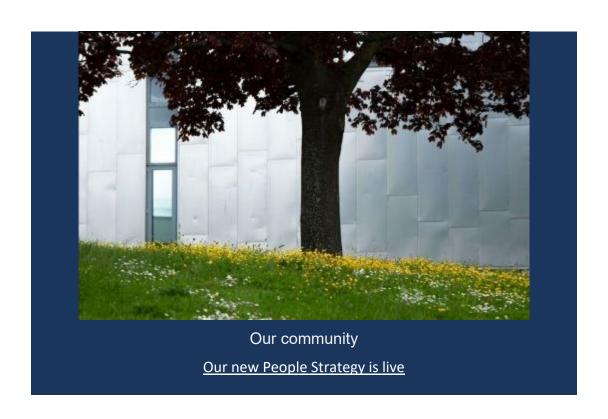


This is Sussex

Our news, our stories, our people Friday 3 February 2023





Reminder

Still time to book for the 7

February VC Open Forum



Student update

The latest on NSS, cost of living

and Startup Sussex



Sussex Food

New Sussex Food ranges for Term

Two



Research with Impact
Register now for 8 February
Policy@Sussex showcase

Industrial action



Next week, industrial action is planned to take place on Thursday 9 February and Friday 10 February. We ask colleagues to complete an industrial action declaration form to confirm any strike days taken.

You can choose when to declare but all deductions must have been made by the May payroll. The next payroll cut-off date is Friday 10 February.

Check your virus protection



Following a recent cyber security incident, all staff are required to check their virus protection. Other improvements to protect our cyber security will be introduced soon, so please look out for updates.

Cost of living



As part of our cost of living support to staff, we've commissioned some financial awareness webinars to help support colleagues during this continued period of financial stress. Book now for:

Budgeting and keeping track

Tuesday 7 February 11:00 until 12:00

Credit, Borrowing and Debt

Thursday 9 February 11:30 until 12:30



To help you protect yourself and others, staff are welcome to purchase Covid-19 Lateral Flow Tests and then reclaim the cost from the University through expenses.

Read the latest updates about the <u>cost of living support</u> available to our students.

Inclusive Sussex



Today's (3 February) Rights & Anti-Colonial Justice <u>book talk</u> covers the Black Atlantic Abolitionist Movement. Taking place in Arts C333 from 15:00-17:00, the event will feature José Lingna Nafafé from the University of Bristol.



The Black at Sussex: Journeys in Music event on Friday 17 February will centre around music that is politically conscious, uplifting, and connects people and discourses, as well as coalitions across continents and generations. Free with pre-booked ticket | 18:30 | Mandela Hall.



During 2022, as part of the <u>Digital</u>

<u>Holocaust Memory Project</u> colleagues
in the Sussex Weidenfeld Institute of
Jewish Studies helped co-create
recommendations for digital
interventions in Holocaust memory
and education.



LGBT+ History Month is celebrated across the UK every February. We're launching an 'LGBT+ Stories at Sussex' project later this month, and flying the Pride flag over Sussex House in February. Find out how Sussex will be marking the month, and what support is available for staff and students.

Your development



In this week's Organisational
Development <u>update</u>, find out about
upcoming workshops for current and
aspiring managers, and our
Mentoring Community of Practice



National Apprenticeship Week takes place from 6-12 February and the theme is 'Skills for Life'. Find out about the <u>range of events</u> that you can attend to learn more about apprenticeships as a means of professional development.



Join us on campus for our Masters

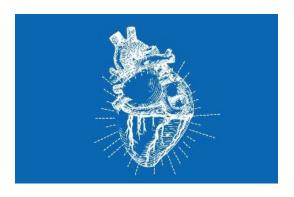
Open Day on Saturday 11 February to find out about where postgraduate study could take you. Sussex staff are entitled to a 20% discount off the standard tuition fees for our full online Masters-level courses.

Sustainable Sussex



Win a free £20 bar tab every Friday until 18 February by downloading BetterPoints, joining EcoGo and completing a baseline survey. Our EcoGo rewards programme earns you discounts and offers on campus and in Brighton for walking, cycling or taking public transport to campus.

Don't miss out



Join BSMS for their first Valentine's night event since 2020, as their anatomy team explore the scientific wonders of the heart. Book now as tickets are selling fast. Tuesday 14 February | 18:30 | Komedia, Brighton

Must-read research and other campus news

Psychology

Get involved in the Sussex Centre for Research on Kindness

Investing in a Better Sussex February highlights

Spirit of Sussex Award

Spotlight: Kirsty Durkan

Engage for Change

Our partner Zhejiang Gongshang University delivers Chinese Language and Culture course to Sussex students

Student experience

"We were given a lot of autonomy and room for creativity" - Graduate

Connector

Business School

<u>Conflicts of interest in UK food regulation "puts public health at risk" – new research</u>

Educational Enhancement

Call for participation for the first Education Festival at Sussex

Transport

Campus works impacting roads, access and transport

Other recent staff news

Coming up

Celebrating Neurodiversity Webinar with QA

Monday 6 February 11:00 until 11:45

How to Delegate Effectively

Thursday 9 February 10:00 until 11:30

Menopause Awareness for Managers

Thursday 9 February 12:00 until 13:30

Challenging Conversations Workshop

Thursday 9 February 12:00 until 13:30

Snapshot



Horses sheltering from the wind near the <u>Jack and Jill windmills</u> near Clayton

About This is Sussex

The weekly *This is Sussex* is produced by the Internal Communications team and is intended for all current staff and postgraduate researchers at the University of Sussex.

For advice on ways to tell people about your news or story ideas, please email internalcomms@sussex.ac.uk.



Sent by

Internal Communications, University of Sussex