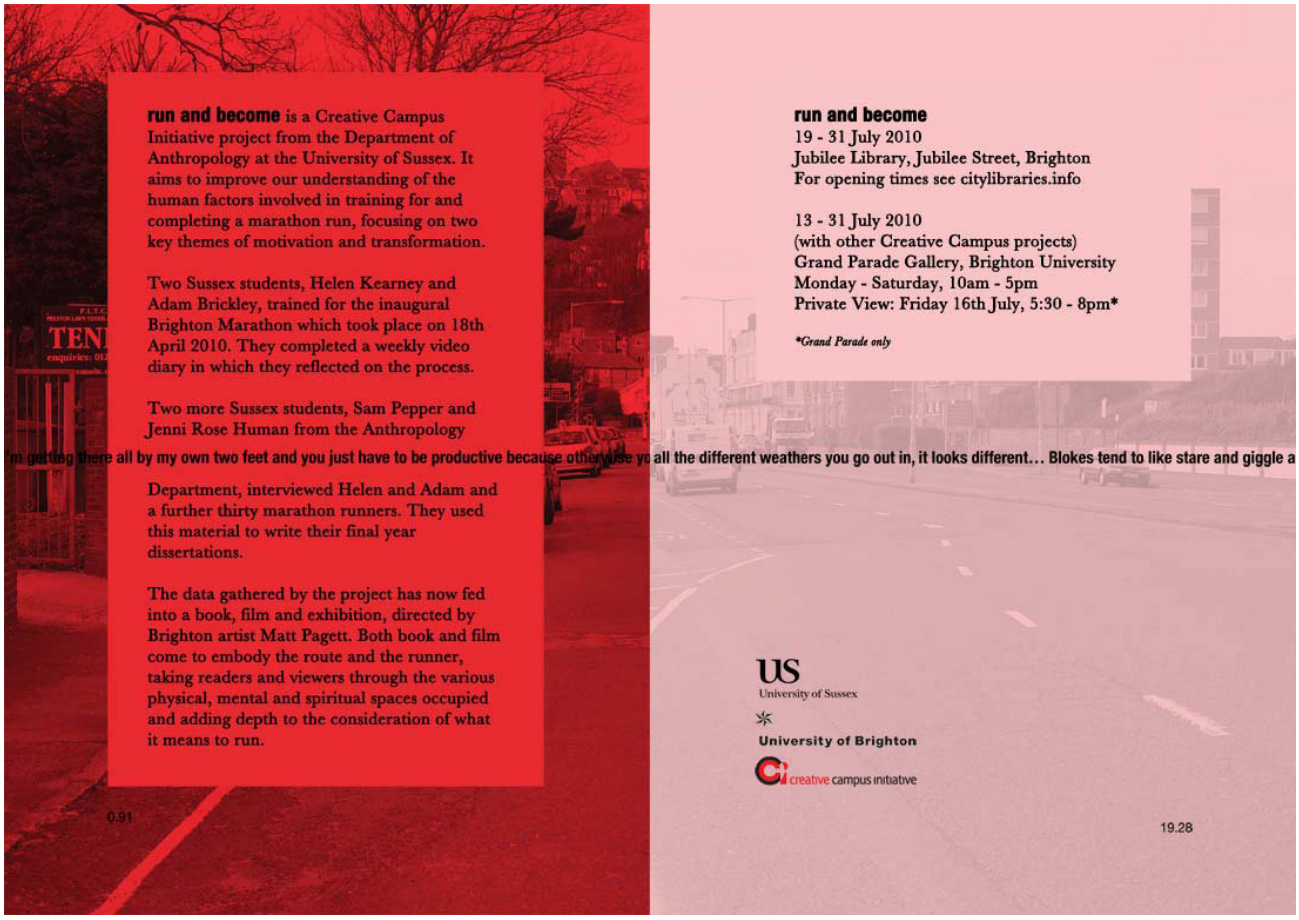
Run and become: The Exhibition



run and become is a Creative Campus Initiative project from the Department of Anthropology at the University of Sussex. It aims to improve our understanding of the human factors involved in training for and completing a marathon run, focusing on two key themes of motivation and transformation.

Two Sussex students, Helen Kearney and Adam Brickley, trained for the inaugural Brighton Marathon which took place on 18th April 2010. They completed a weekly video diary in which they reflected on the process.

Two more Sussex students, Sam Pepper and Jenni Rose Human from the Anthropology Department, interviewed Helen and Adam and a further thirty marathon runners. They used this material to write their final year dissertations.

The data gathered by the project has now fed into a book, film and exhibition, directed by Brighton artist Matt Pagett. Both book and film come to embody the route and the runner, taking readers and viewers through the various physical, mental and spiritual spaces occupied and adding depth to the consideration of what it means to run.

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run and become
19 - 31 July 2010
Jubilee Library, Jubilee Street, Brighton
For opening times see citylibraries.info

13 - 31 July 2010
(with other Creative Campus projects)
Grand Parade Gallery, Brighton University
Monday - Saturday, 10am - 5pm
Private View: Friday 16th July, 5:30 - 8pm*

**Grand Parade only*

'm getting there all by my own two feet and you just have to be productive because otherwise yo all the different weathers you go out in, it looks different… Blokes tend to like stare and giggle a

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