



FALMER

Bloomsbury in the Sussex Downs: Colin McKenzie talks about Charleston, a house museum deep in the Sussex countryside/**Dangerous beauty: psychosocial impacts of perfect body ideals**/Radio days: Chris Turpin speaks to *Falmer* about his job as Executive Producer of *All Things Considered*/Latest alumni news and events

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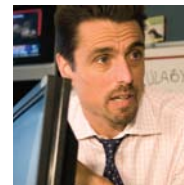
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Dangerous beauty

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There is a great deal of Sussex success to celebrate in this issue of Falmer. And even as we go to press, the very latest news is of Sussex continuing to rise up new league tables – up three places to 15th in *The Guardian*, up six places to 19th in *The Independent's Complete University Guide* and up 14 places to 21st in *The Times' Good University Guide*.

But I hope friends and alumni will allow me to focus my introduction on just one matter – a personal tribute to Dr Mortimer Sackler, whose Foundation supports the new Sackler Centre for Consciousness Science at Sussex, the opening of which we celebrated at the end of April 2010. I do so because I believe this gift encapsulates how philanthropy can transform what universities do; because Sussex with its interdisciplinary richness is well placed to provide the space for new thinking; and because Dr Sackler's own story deserves to be more widely known.

Sadly, Dr Mortimer Sackler died at the age of 93 just one month before the centre's opening. We were delighted, however, to welcome his wife, Theresa Sackler, and their daughter Marissa and son Michael, a recent Sussex graduate. Mortimer Sackler was a remarkable man who throughout his life demonstrated an extensive spectrum of talents and achievements rarely seen in a single individual.

One of three brothers, he was born in Brooklyn in 1916, his parents having emigrated from eastern Europe. Mortimer Sackler and his brothers were never expected to enter the family wholesale grocery business but encouraged by their parents to study medicine. The then quota system for Jewish students prevented his admission to New York University, and his initial training took him to Anderson College of Medicine in Glasgow. A major change in career direction occurred in 1952 when he and his brothers purchased a struggling pharmaceutical company. Under new management the company went from strength to strength with a rapidly expanding portfolio, including novel drugs for asthma and new treatments for severe pain relief.

By the mid 1970s Mortimer and his brothers began to put back some of their business success into science, education and the arts, with their first major donation to the Metropolitan Museum of Art in New York. We are delighted that their support for Sussex stands alongside philanthropic donations to other major research initiatives at King's College and University College London and to Columbia, Cornell and Harvard Universities.

Contributions from alumni and friends of the University can take the great work which we already do and help to make it outstanding. They can support the people, programmes or places at Sussex which enable the brightest students and staff undertake the most far-reaching and life-changing research and scholarship.

The Sackler Foundation has done just this by funding this new interdisciplinary centre, which will give our research in this exciting area a great boost forward. I thank Dr Sackler and his family for having the confidence in us to deliver.



Michael Farthing

Vice-Chancellor's welcome



UNIVERSITY NEWS

Sussex students learn to lead



A new scheme to train the leaders of tomorrow at Sussex was launched in March at an event hosted by the Vice-Chancellor, Professor Michael Farthing, in Falmer House.

The Learning to Lead course, which was partly funded through alumni donations, offered Sussex students a free place on a prestigious leadership training programme. The course gave them the opportunity to develop a real understanding of the skills and techniques of leadership, management and policy research, as well as the chance to explore and test out ways of making an effective contribution to evidence-based debate.

The training, which was delivered in conjunction with international management training consultancy Clemorton, used a mixture of group and individual exercises, role play and experiential learning. Topics included team working, decision making and understanding change management. The programme also included an

away-day to discuss policy debate and development with successful alumni leaders.

Jack Steadman, a psychology student who took part in the scheme, said: 'This training week was fantastic. I learnt a great deal about leadership and management theory and actually got the opportunity to apply this new knowledge during the programme. I now have a far more thorough grounding in leadership and management, and have learnt more about myself as a leader and as an individual. I very much look forward to putting this into practice in the future.'

All the students taking part in the programme have also received affiliate membership of the Institute of Leadership and Management.

Visionary philanthropy creates a new research centre at Sussex

In April the University celebrated the opening of the Sackler Centre for Consciousness, funded by the Mortimer and Theresa Sackler Foundation. Under the leadership of Dr Anil Seth and Professor Hugo Critchley, the Centre will bring together psychologists, neuroscientists, computer scientists and those engaged in the study of artificial intelligence, together with clinicians who have expertise in psychiatry and brain imaging to try and understand further what consciousness is and what it is for. A key challenge for the Centre will be to integrate theoretical research and experimental studies into new treatments for conditions ranging from coma to schizophrenia.

'The University is indebted to the Mortimer and Theresa Sackler Foundation for a most generous gift which has enabled this centre to begin its ambitious programme of work,' said the Vice-Chancellor, Professor Michael Farthing.



Sussex launches new degrees in journalism and media

Next academic year, the University will be launching three new degrees in Journalism and Media: MA in Journalism and Media Studies, MA in Multimedia Journalism and MA in Journalism and Documentary Practice.

The degrees combine advanced academic study with specialist practical training, and are designed for graduates of all backgrounds keen to pursue a career in journalism or related industry, and for those interested in the critical study of contemporary journalism.

Special features of the new degrees include practical training at Brighton's daily newspaper, *The Argus*; specialist training delivered by experienced journalists and opportunities to have stories published in print and online. In addition, alumni will be able to benefit from scholarships and a tuition fee discount.

To find out more information about these new degrees, please visit www.sussex.ac.uk/mfm/journalism

Top lawyers give campus talks

The University's new 'Issues in Criminal Justice' lecture series was launched in the spring term with an inaugural lecture by the former Attorney General, Baroness Scotland QC.

Baroness Scotland's speech marked the merger of the Revenue and Customs Prosecutions Office (RCPO) with the Crown Prosecution Service (CPS), and covered her views on developments in, and challenges for, the prosecuting authorities she superintended and her aspirations for the future.

'This year brings the public prosecution service into a new decade and a new era. The role of the prosecutor has changed and evolved over time, and expectations of prosecution services have, rightly, never been higher,' Baroness Scotland commented.

The series continued with summer term lectures from Professor Jeremy Horder, Criminal Law Commissioner at the Law Commission for England and Wales, and Michael Mansfield QC.

The lectures have been made possible as a result of a generous bequest from the estate of Richard Headridge QC. For more information about the lectures, please email lawlectures@sussex.ac.uk



Cabinet Minister holds Commons talk for Sussex students



Alumnus and former Cabinet Minister Hilary Benn MP (EURO 1971) held a careers masterclass for Sussex postgraduate students at the Houses of Parliament in London earlier this year.

As many as 25 Masters students took up the opportunity to visit the Shadow Secretary of State for Environment, Food and Rural Affairs, as part of the University's new employability initiative PostgradPlus.

Described by one student as 'a fantastic opportunity for so many reasons', the visit was hailed as a success by Linda Buckham, Director of the Careers and Employability Centre. 'We're working together with the Development and Alumni Relations Office to develop opportunities like this. Fostering new employability and career mind-sets will enable Sussex Masters students to thrive in the 21st-century labour market,' Linda commented.

For more information about PostgradPlus, please visit www.sussex.ac.uk/postgradplus

Bee research enters new phase

Scientists at the Laboratory of Apiculture and Social Insects (LASI) at Sussex are now into their second full season of research into honey bee health and well-being.

One of the current projects focuses on breeding hygienic honey bees, which are better at fighting diseases and parasites, in order to help improve the health of the native Black bee. Another project aims to find out where worker bees are foraging by decoding waggle dances. This will provide information to those who steward urban and rural landscapes about which plants and trees are best for honey bees and other pollinators, thus ensuring a plentiful food supply throughout the summer months.

As well as continuing support from Rowse Honey Ltd, Burt's Bees, the Nineveh Charitable Trust and many individuals, recent donations have been received from the Body Shop Foundation, the British Beekeepers' Association and Waitrose, to help ensure that this ground-breaking research continues. Sussex students also raised nearly £3,000 for LASI at the hugely successful RAG Society Bee Ball at Stanmer House in February.

If you would like to know more, or make a donation, please visit the LASI website at www.sussex.ac.uk/lasi or contact Sue Hepburn on 01273 872657 or at s.j.hepburn@sussex.ac.uk



Glyndebourne premiere for student's youth opera

A youth opera with music by University of Sussex research student Julian Philips had its world premiere at Glyndebourne opera house in March.

Julian Philips, currently in his final year of a DPhil in Musical Composition, was commissioned by Glyndebourne to write the score for the opera *Knight Crew*. The opera story is based on a novel by Brighton writer Nicky Singer, which places the legend of King Arthur and the Knights of the Round Table in a contemporary urban setting.

'My residency at Glyndebourne has been an extraordinary opportunity to engage with opera in theory and practice. I've been able to absorb myself in this complex art-form and develop my own creative response,' Julian said.

The commission follows on from Julian's three-year term as Glyndebourne's first composer-in-residence. His residency culminated in a new work, *The Yellow Sofa*, which was performed at Glyndebourne in 2009.

Knight Crew is the latest work from Glyndebourne's education department, which aims to reach out and involve wider audiences in opera and music-making.



Technology for the blind wins student enterprise competition

Richa Misra, a University of Sussex Technology and Innovation Management MSc student, has won £500 for her business idea 'Walk de Talk', a personal navigation system for partially-sighted people.

Richa was presented with first prize at an awards dinner at the Brighton Old Ship hotel in March. Her navigation system includes spoken warnings about the objects people may encounter while out walking along the street.

'I'm so pleased the judges could see the potential in my idea,' Richa commented. 'I've carried out extensive market research and it's clear that there is a real gap in the market for a system like this. It's great to be able to apply my knowledge and experience of software engineering to developing this tool. The £500 and all the help and support that's included in the prize will really help me get the business to the next stage.'

Richa is the second winner of Enter-priZe, the University of Sussex's annual business ideas competition. The competition, which was open to all students, received almost 300 entries.

Sussex project to boost reading in Africa

University of Sussex researchers have linked up with research teams in six African countries to study how primary school teachers can be helped to teach better reading and mathematics skills.

Dr Jo Westbrook, Dr Kwame Akyeampong and Dr John Pryor from the Centre for International Education in the School of Education and Social Work are leading the Teacher Preparation in Africa project alongside Research Fellow Dr Kattie Lussier.

Funding for the 15-month-long project comes from a grant of over a million dollars from the William and Flora Hewlett Foundation.

The Sussex researchers are working with six in-country research teams in Ghana, Kenya, Mali, Senegal, Tanzania and Uganda to investigate what trainee teachers in teacher training colleges know and understand about how young children learn to read and calculate.

They will also look at how new teachers actually teach reading and mathematics in primary schools, and what teachers gain from further professional training to develop their knowledge and practice.

Dr Westbrook visited Uganda and Tanzania earlier this year to launch the research with the in-country teams and met with key stakeholders in the education sector who will be part of each country's advisory National Reference Group.

These preliminary interviews revealed some interesting first observations around reading in particular.

'Some wealthier children in urban areas in Uganda and Tanzania who attend English medium schools may be reading Harry Potter. But most children learn to read in their mother tongue or in a mixture of mother tongue and English/Kiswahili which can be far more difficult. They read whatever few materials are available in the local language,' explained Dr Westbrook. 'There are several projects run by local NGOs to try to encourage reading for pleasure, such as community libraries in Uganda, or fundraising for school library books written in local languages that can be borrowed by the children. However, although teachers appear to know about how to teach the basics in early reading skills, getting their students to read and to comprehend longer texts is more difficult,' she added.

Research findings will be shared with government planners, teacher education commissioners and curriculum developers in the participating countries to inform decisions about improving teachers' understanding of how to enhance the reading and mathematics experience of children in those countries.

Art Historian reveals photo link to Henry Moore sketches



Above
Two Sleepers in the Underground, 1941,
by Henry Moore

A key World War II drawing by the celebrated artist Henry Moore was inspired not by the sculptor's own experiences but by photographs, University of Sussex art historian **David Mellor** (ENGAM 1967) revealed, as a major retrospective of Moore's work opened in London in February.

The much-anticipated Henry Moore exhibition, which runs until August at Tate Britain, features 150 stone sculptures, wood carvings, bronzes and drawings. Moore is famous for his abstract sculptures of human forms, many of which are on public display outdoors.

During World War II, Moore was on the cusp of international fame as an artist. One of his gouache and ink Shelter Drawings of that period, depicting Londoners sheltering from the Blitz, was supposedly inspired by a night-time journey made by Moore on the London Underground in 1940 and helped to forge his reputation as a critically acclaimed and popular artist.

Confirmed as Britain's Official War Artist in 1940, the drawings gained symbolic status in the battle for hearts and minds against the Nazis. They were displayed in the National Gallery in London and featured in an exhibition to encourage the Americans to join with the Allies against Hitler.

Professor Mellor, a renowned contemporary art scholar and curator who wrote an essay for the catalogue that accompanies the exhibition, has identified magazine photographs that served as the blueprints for the Shelter Drawings. His discovery challenges Moore's own account of how he came to produce the drawings.

According to Moore, he produced the first of the whole series of drawings, *Women and Children in the Tube*, on 12 September 1940, following a trip on London Underground's Northern Line on 11 September.

However, Professor Mellor discovered that the work was actually based on a photograph that appeared in the *Picture Post* magazine in October 1940, which was used to illustrate an article on mothers made homeless by the Blitz. His drawing *Morning after the Blitz* was similarly influenced by another photograph in *Picture Post*. The poses in the photographs are identical to those in Moore's drawings. Several other images have been identified as having their origins in magazine photographs.

Professor Mellor, who specialises in 20th-century art forms such as photography, made the connection while researching his essay on Moore for the current exhibition.

'All artists working after the invention of photography have used the medium to some extent – it adds grit to their creative process. What we didn't know was that the moving image which Moore drew – of homeless nursing mothers and infants – had its origin in a popular photo-reporting magazine and didn't come simply from his own observations. This in no way lessens the achievement of this key drawing. On the contrary, it makes it more complex and leaves us with an image

bearing the direct imprint of the circumstances of the Blitz,' he explained.

The exhibition, curated by **Christopher Stephens** (History of Art 1991), offers a fascinating re-appraisal of Moore's legacy as one of the UK's greatest art pioneers. Henry Moore died in 1986 aged 88, having established The Henry Moore Foundation to encourage public appreciation of the visual arts.

Applications to Sussex up by 32 per cent

Applications to study at the University of Sussex in 2010 have increased by a record-breaking 32 per cent on last year, according to the Universities and Colleges Admissions Service (UCAS).

The figure puts Sussex 12 percentage points above the national average increase – 19.7 per cent – for degree-level applications, and among the highest performers of the research-intensive universities of the 1994 Group, of which Sussex is a member. The Brighton and Sussex Medical School (BSMS) has also seen a 21.6 per cent increase.

The Vice-Chancellor, Professor Michael Farthing, attributed this growth in part to an emphasis on responding to student demand for high-quality programmes and an enhanced student experience. 'While we cannot increase our intake of home and EU students, which are capped by the government, this growth in demand reflects the quality of the experience we offer students. We will continue to ensure we focus on and improve that still further in future,' he said.

Dangerous beauty: psychosocial impacts of perfect body ideals

MORE CONFIDENT

MORE GLAMOROUS

MORE SUCCESSFUL

Looking good and healthy grooming are important for confidence and well-being, but we seem to be increasingly gripped by an unhealthy obsession with perfect body ideals. Dr Helga Dittmar, Reader in Psychology at the University of Sussex and an expert on the impact of the media on body image, explains the dangers of contemporary perfect body ideals.

“ The perfect body ideal for girls and women has been very slender for some time, but is now reaching a new extreme with size zero models, whose dress size is typically below eight. ”

Above right
Dr Helga Dittmar

What could be more timely and pressing than investigating the pursuit and appreciation of beauty as an integral part of our personal and social lives? Perfect body ideals are more highly profiled than ever in contemporary consumer culture: the right body size, youthfulness, and a flawless appearance are heralded as central to a positive sense of identity, recognition by others, and a successful, happy life.

Yet, these ideals of perfect beauty are dangerous: they are biologically inappropriate, unachievable for the great majority of people and, given routine enhancement through digital imaging techniques, often highly artificial. I am the lead author of a report that was submitted to the UK's Committee of Advertising Practice on 9 November 2009 calling for changes in advertising policy. Concern has risen to such a level that we now find newspaper articles calling for a ban on airbrushing ads because of the detrimental effect they have on girls' self-esteem.

I would like to explain to you why I believe that we need to worry about the perfect body ideals profiled in consumer culture, and provide assistance to people – particularly young people – so

that they can be resilient to strong appearance pressures that have become the norm.

The perfect body ideal for girls and women has been very slender for some time, but is now reaching a new extreme with size zero models, whose dress size is typically below eight. In terms of Body Mass Index (BMI, a measure of weight relative to height), guidelines by the World Health Organisation suggest that a BMI of 18 or below is biologically underweight, with size zero models at starvation level with a BMI of 15 or 16. These ultra-thin models are heavily used in advertising, but also in the new media of music videos and computer games (think Lara Croft), and we have adapted to such an extent that our 'lens' has shifted so that curvaceous beauty ideal Marilyn Monroe now looks fat to us. This ultra-thin ideal is also marketed to children, in the form of dolls. The best-selling doll globally, Mattel's Barbie, has been heavily criticised for her unrealistic body proportions: if she were a flesh-and-blood woman she would not be able to menstruate, and experts in anthropometry report that her waist would be 39 per cent thinner than that of anorexic patients. We carried out an experiment in



local schools, where we exposed young girls to images of different dolls. Girls aged five and a half to seven and a half reported lower body esteem and a greater desire for a thinner body after exposure to images of thin dolls (Barbie), compared to girls who saw images of dolls with a healthy body size (Emme) or no dolls. Thus, detrimental effects of exposure to perfect body ideals start occurring early in childhood.

Detrimental effects of idealised portrayals of beauty on girls and women have been seen as a cause of concern for some time, but this is no longer a predominantly female issue. Perfect body ideals for boys and men are now also heavily profiled in consumer culture, idealising muscularity: broad shoulders, big muscles and a six-pack stomach. Thus, the male ideal of muscularity is fast becoming as unachievable for the overwhelming majority of men as the female ideal of ultra-thinness is for women.

Alongside this change, we find that there is a growing number of boys and men who suffer from body dissatisfaction, as well as negative thoughts and feelings about their bodies and appearance. Body dissatisfaction is highly significant for physical and mental health,

“ It is a real challenge for children and adolescents to grow up in a consumer culture that puts so much emphasis on body perfect ideals and presents appearance as the yardstick for happiness, popularity and a positive identity. ”

and thus our well-being, because it is the most potent and consistent precursor of a whole range of unhealthy body-related behaviours. These include unhealthy dieting regimes and problematic eating behaviours (starving, bingeing and purging), clinical eating disorders (anorexia, bulimia), cosmetic surgery, extreme exercising, and unhealthy muscle-enhancing behaviours in boys and men (such as taking steroids or other supplements).

Body discontent is also linked to depression, anxiety, sexual dissatisfaction and low self-esteem. Body dissatisfaction is so widespread in mass consumer societies like the UK that it has been called a ‘normative discontent’. Thus, any factor that causes or increases body dissatisfaction exerts an important influence on well-being, and idealised body perfect images in consumer culture are particularly powerful.

The weight of evidence documents a detrimental effect of exposure to these images. There are over 100 published scientific studies on the impact of ‘perfected’ consumer culture images on girls and women, and recently there are also scientific studies that document the impact of the muscular ideal on boys and men. Not every single person is vulnerable to detrimental media effects, but negative effects do occur in the clear majority. Higher order data analyses that can assess the link between exposure to perfect body ideals and body dissatisfaction across all studies containing relevant measures (meta-analyses) show that, on average, exposure to these ideals is linked with greater body dissatisfaction in both women and men. In women, this is also linked with more unhealthy eating beliefs and behaviours. Since the weight of evidence documents clearly that body perfect ideals have a detrimental effect on girls and women, as well as boys and men, attention has turned to identifying factors that make certain groups of people particularly vulnerable. The most important are age (adolescents appear more vulnerable than adults), heavier body weight, and especially the

internalisation of body perfect ideals as personal goals.

Exposure experiments have the great advantage of documenting that body perfect images are a direct, immediate cause of body dissatisfaction and unhealthy behaviours, but they cannot offer information about long-term effects. However, it stands to reason that, if negative effects occur after a single exposure, they are likely to lead to cumulative harm when repeated frequently, and current estimates suggest that people are exposed to as many as 3,000 advertisements a day. Research on long-term effects is not as well developed (yet) as survey and experimental work, but there is evidence from a study with five to eight year-old girls that watching appearance-related TV predicted a decrease in appearance satisfaction one year later. A 15-month subscription to a fashion magazine increased body dissatisfaction, dieting, and bulimic symptoms among adolescent girls who had low levels of social support.

Given this evidence, could there be any reason for using body perfect ideals in the media and advertising? Advertisers have claimed that ‘thin models sell better’, but I am not aware of any published evidence to support this claim. On the contrary, research examining perceived advertising effectiveness demonstrates that healthy size models (UK dress

“ Girls aged five and a half to seven and a half reported lower body esteem and a greater desire for a thinner body after exposure to images of thin dolls (Barbie), compared to girls who saw images of dolls with a healthy body size (Emme) or no dolls. ”

EUROPEAN MONOGRAPHS IN SOCIAL PSYCHOLOGY

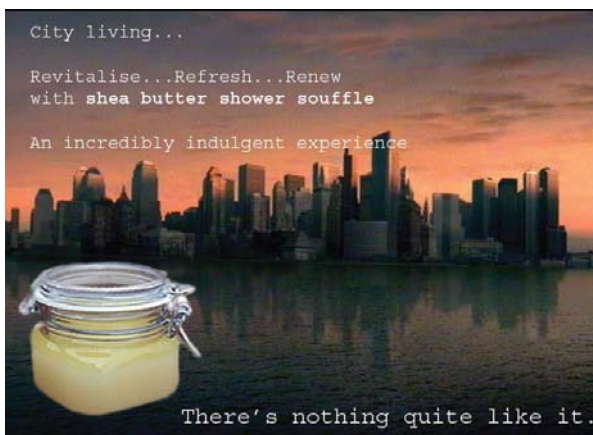
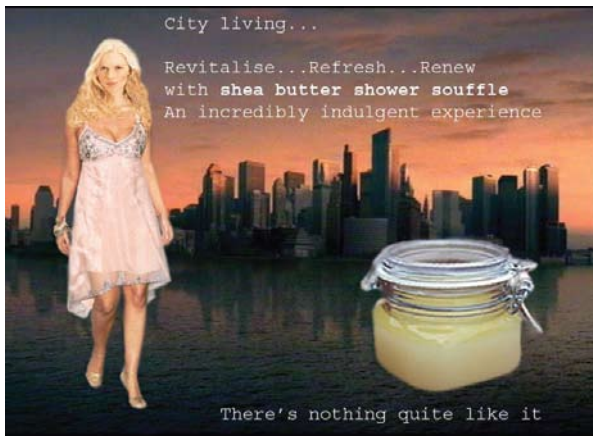


Consumer Culture, Identity and Well-being

The Search for the ‘Good Life’ and the ‘Body Perfect’

Helga Dittmar

With contributions from Emma Halliwell, Robin Banerjee, Ragna Garðarsdóttir and Judita Jankovic



Above
Images used in
research study
on advertising

Opposite page
Front cover of *Helga*
Dittmar's latest book

size 14) are just as effective in advertising products as ultra-thin models, as long as they are equally attractive. Above are some examples of advertisements that we used in our research, where young women saw advertisements that were identical in the product they showed, background, and slogan; the only difference was that some women saw adverts with ultra-thin models, others adverts with healthy size models, and others adverts with no models at all (from top to bottom). While exposure to advertisements with ultra-thin models causes body dissatisfaction in young women, they are no more

effective than healthy size models in promoting products, such as personal care goods, make-up, and even diet foods, which are directly related to thinness.

Thus, there seem to be no good reasons, not even commercial reasons, for using ultra-thin models in advertising. The idea that 'only thinness sells' reflects a strongly established assumption, rather than reality. This independent evidence suggests that if advertisers used attractive models with healthy body sizes to advertise their product, they would still increase sales, but could avoid damaging the body image of many girls and women.

Our research was selected by the Economic and Social Research Council for national school briefings to pupils and teachers in all UK schools, to inform them about our findings and encourage them to ask 'Do we need thin models to sell moisturiser?'

There is a great need for more information and education, because many people are not aware, at least not fully, of the detrimental impact of body perfect images, and the psychological science which documents this. Although most people know in some abstract, general way that media models are 'artificial' as a creation of make-up artists, hair stylists, and flattering clothing and camera angles, people are typically not aware of the extent to which models are routinely altered, particularly by digital imaging techniques that reduce or enhance the size of virtually any body part, makes eyes larger, waists thinner, and legs longer and slimmer.

It is a real challenge for children and adolescents to grow up in a consumer culture that puts so much emphasis on body perfect ideals and presents appearance as the yardstick for happiness, popularity and a positive identity. Adolescents encounter body perfect ideals all the time in the new types of media that they typically consume: music videos, computer

games, and the Internet.

Thus, there is a great need for intervention and policy changes. To end on a positive note, I believe that we are starting to see positive changes. For example, fashion houses in Italy and Spain have already banned catwalk models who are underweight, and the German top women's magazine *Brigitte* no longer uses professional models, but only images of 'real' women. Examples here in the UK include the Real Women Campaign (www.realwoman.org.uk), plus-size catwalk models in London Fashion Week, and the Channel 4 initiative to promote positive body image.

I hope that we are finally approaching the tipping point, where we can make changes that make beauty less of a danger and more of an integral part of positive well-being.

Radio days

Every weekday Chris Turpin (ENGAM 1981) produces a two-hour radio news programme in the US that is heard by 11.5 million people each week. Here he talks to *Falmer* about what his job involves, why he is bullish about the future of radio and why Sussex produces such good journalists.

Chris Turpin is Executive Producer on *All Things Considered* (ATC), a news magazine programme that goes out on National Public Radio (or NPR as it is more widely known in America) five days a week. The nearest equivalent format in Britain is BBC Radio 4's weekly news programme, *PM*.

'For two hours each afternoon we cover the news of the day; we do analysis and feature a lot of foreign coverage, but we also have cultural stories, interviews with musicians and writers, cover a lot of quirky stories and hopefully inject a little bit of humour as well. We try to live up to our name and be truly "all things considered".'

As the programme's Executive Producer, Chris is a behind-the-scenes person who oversees almost everything. Most importantly, he contributes to ideas and decides what stories to cover: 'We do a lot of off-air reporting, we write and edit, and then we try to put the material together in a way that is compelling and engaging for listeners. I love the feeling of completing a really complicated jigsaw puzzle! I also manage 30 people on the staff, which includes the three hosts of the programme, the producers, the journalists, the bookers who find our guests and so on.'

NPR is a unique broadcasting model with a weekly audience of around 26 million. Essentially, NPR is made up of its member stations and what makes it work is the number of these stations: over 600 throughout the country. There are stations in almost every community and they are successful because they serve those communities well. They're very much part of the fabric of the country.

'NPR is not strictly subscription radio because we provide the programmes free of charge to listeners. In fact, most people never give a dime to listen to the programmes, but there are millions of core listeners who do. Two or three times a year, most stations do on-air fundraising drives in which people give money to the stations voluntarily. These donations account for about 60 per cent of our budget; the rest of our funding comes from a mixture of underwriting, advertising and foundations.'



'It's amazing that even during the recession, when our other sources of revenue were drying up and people were obviously suffering terribly, our member stations saw such strong fundraising. It's a wonderful tribute and really says something about how the listeners feel about what we do. That makes us feel pretty good about what we do, too.'

It is this special bond that radio listeners have with the medium that Chris believes is the big difference between radio and television. 'I think the big difference is intimacy. Radio is a very intimate medium. Think about how you use radio in private spaces: you get into the shower in the morning and you're probably listening to the radio; you're in the kitchen, you're cooking; you're in the car stuck in traffic. It's a companion in the way that television never can be and I think that's why people build up such a special relationship with radio, especially speech radio. They feel connected to the programmes they love.'

Chris has been a news journalist for over 20 years and he joined NPR as a programme producer in 2000. What does he look for in an aspiring radio journalist?

'More than anything it's curiosity: you've got to be open to the world that's around you. You've got to have honesty – with yourself and whatever story you're covering – and fearlessness, not necessarily physically but morally. Of course you've got to be able to write and, if you're going to be on air, you need to have a good voice and know how to tell a good story. One thing we look for is whether people can tell a joke. If you can tell a good joke, there's a pretty good chance you'll make a good storyteller and you have the fundamentals that might make you a good radio reporter.'

A decision Chris made in his first weeks at Sussex was to change his life and set him on the path to his present job.

'I owe so much to Sussex. Initially I went to read politics, with the intention of becoming a teacher, but then I heard that on the American Studies course you could spend a year in America – and I switched. That was probably the best decision I've ever made. I loved the

breadth of my degree: Sussex made me a rigorous generalist because I covered politics, culture, literature, sport – a huge range of different subject areas – and I think that gave me the excellent grounding I needed to do my job well. It's not surprising to me that quite a few good journalists have come out of Sussex over the years, because so often you need to have a wide range of knowledge and pick things up quickly. That's something I learned at Sussex and it's something that has really helped me in every aspect of my life.'

“ I think radio still has a rich future ahead – and if you don't trust me, trust the head of Apple! ”

In today's interactive environment, the death of radio has been predicted many times, but it now seems to attract growing audiences around the world. What does Chris think about the medium's future?

'I think radio still has a rich future ahead – and if you don't trust me, trust the head of Apple! When it was introduced in the US, the new iPod nano had a radio on it for the first time. So Steve Jobs clearly thinks radio has a pretty good future and I think he's right. But we need to be careful because one thing we're seeing in the US is that younger listeners literally do not have radios. So we have to find ways of reaching them through different platforms: mobile technology, the internet, and all those other devices which, hopefully, little by little, will encourage them into the habit of audio listening. For us, the member stations are absolutely critical but new technology is allowing us to reach more listeners. We still have plenty of opportunities for growth.'

'As far as radio news is concerned, most news organisations, including the BBC, spend a lot of time chasing the younger demographic, but I think the truth is that there is a period in most of our lives when we don't spend much time worrying about what is

happening in the world around us; not that we aren't interested but we don't necessarily sit there listening to or watching the news particularly. Then comes a point when you get more serious about things and that's when you look to find sources that give you reliable, honest, balanced information – and I'm still very hopeful that these people will then become radio listeners and, especially, NPR listeners.'

'Most countries I've visited have fairly vibrant radio sectors in one way or another, but the critical issue is whether people can broadcast news and information freely. We have a huge privilege in the West: what we take for granted every day can be very dangerous for much of the world, resulting in prison or worse for those working in the media.'

All Things Considered has won many awards; of what is he most proud?

'I think two things: one was in 2008 when we went to Szechwan in China to do some programmes ahead of the Olympics and just happened to have a team in Chengdu the day the earthquake hit. We were the only western journalists there and I'm incredibly proud of what we achieved. We stayed there for several weeks and won a lot of awards for that coverage.'

'The other thing I'm still extremely proud of was our coverage of 9/11. The planes hit in the morning and we were on air at four o'clock that afternoon. I think we, and the whole NPR network, did an incredible job of helping people make sense of what had happened; separating fact from rumour and giving a good perspective on what was going on both at home and abroad. We did six hours of live programming three days running and again we won several awards. I think that was one of our best and proudest achievements.'

As someone who leads such a frenetic life, the final question was to be how did he relax. However, during the interview Chris mentioned that he was expecting his first child in two months' time, so it seems likely that relaxation will be put on hold for the foreseeable future.

Written by Jane Jacomb-Hood

Left
Chris Turpin, Executive
Producer of radio news
programme *All Things
Considered*

Bloomsbury in the Sussex Downs

Colin McKenzie (ENGAM 1984) runs Charleston, a house museum deep in the Sussex countryside, which was once home to members of the Bloomsbury group – one of the best-known groups of English artists, writers and intellectuals. It is also a house with strong links to the University of Sussex.



Left
View of Charleston
over the pond

Below left
Charleston's walled
garden

Charleston is funded entirely by what it manages to generate and has an annual turnover just short of £1 million. Colin has been Director of the Charleston Trust, which runs Charleston, for the last four years, following 12 years as Development Director at the National Gallery in London. 'It is a struggle but the organisation has survived and indeed thrived for 24 years now. One of the great things about Charleston is that interest in what we are about and what we do has never gone away. The house stands for so many different things and the cast of characters – amongst them Vanessa and Clive Bell, Virginia Woolf, Duncan Grant, Roger Fry, Lytton Strachey, Maynard Keynes

– hardly ever seem to have fallen from public favour. In turn, they attracted to the house their friends, such as E M Forster, T S Eliot, Benjamin Britten and Peter Pears. And Duncan Grant lived until 1978, which was long enough for him to have got to know a whole new generation of contemporary artists like David Hockney and Gilbert and George.'

Family links with the Trust remain very much alive – and appreciated. Angelica Garnett, daughter of Duncan Grant and Vanessa Bell, was born in the house on Christmas Day 1918. She was a speaker at this year's Charleston Festival. Olivier Bell, the widow of Clive and Vanessa



Bell's son Quentin Bell remains an active Trustee at Charleston and her daughter, the writer Virginia Nicholson, is Deputy Chairman of the Trust.

England has many house museums; so what makes Charleston special? 'It is so much more than a house; it's an ensemble. The house is in a beautiful rural setting that hasn't really changed since the 1920s and 30s; it remains as remote as it always was. The very things that attracted the Bloomsbury group to Charleston as their country retreat are the things that attract visitors today. The walled garden is a place of rare beauty and tranquillity, while the decorated interior of the house remains extraordinary, vibrant and bold. Duncan Grant and Vanessa Bell, assisted on occasion by family and friends, applied decoration to the walls, doors and fireplaces, filling the rooms with furniture and ceramics they had decorated and paintings by themselves and the artists they admired. Charleston is the only place where decoration of this kind has survived in any profusion, and it is the house that is a work of art.'

Clive Bell's library is another attraction. In addition to the books he collected, there is also a major portion of the library of Sir Leslie Stephen, Virginia Woolf and Vanessa Bell's father. This, in turn, contains a large part of W M Thackeray's library as his daughter was Leslie Stephen's first wife (and mother to Virginia and Vanessa). As a result, Charleston has ended up with a wonderful collection of books.

We are sitting in the kitchen at Charleston, which in itself is a fascinating setting, with Vanessa Bell's painted panels on the dresser and mugs by Quentin Bell hanging from hooks near the window. 'It is a museum setting, but the best thing visitors say to us is that when you go into a room you feel that Duncan Grant, Vanessa Bell or Virginia Woolf have just left that room. We have no barrier rails and no labels on the wall; visitors go around in small groups with highly trained and informed guides.'

Running a house museum like Charleston presents all sorts of challenges, for example the

Right
Duncan Grant's studio



“ One of the things that makes this house museum special is that it has not become a mausoleum or preserved in aspic – it is living. ”

upkeep of the fabric. 'Last year we had 21,000 visitors, the highest number ever, which is a lot of feet going through the house in seven months. We are very active in our preventative conservation: we put the house to bed at the end of the season, and ensure that before we reopen everything has been checked and any necessary restoration work undertaken. But we are now operating at near capacity,' explains Colin.

While the lack of regular funding can provide headaches, the job has given Colin the opportunity to be entrepreneurial. 'I studied art history so it's obvious why I would want to work here, but, actually, having to generate every penny of income ourselves forces one to be much more creative. We have a wonderful shop, which has a visitor's spend per head that is approximately twice the average for a UK museum. One of our Shop Manager's great successes last year was reproducing, in association with Laura Ashley, some of the original

Duncan Grant and Vanessa Bell textiles from the house. There is already a huge demand for these from all over the world.'

One of the highlights of the Charleston season is its May festival, which attracts visitors from around the world and is now one of the longest established literary festivals in the country. 'We use the house, with its immense creative spirit, as a starting point to building the festival because one of the things that makes this house museum special is that it has not become a mausoleum or preserved in aspic – it is living. Charleston is the house of artists and as much as it is about art and design, it is also about their love of the natural world, about economics and politics, about courting controversy, about being outspoken – which they certainly were – and we try to reflect this in our festival programme through the various dialogues, talks, debates and interviews we set up. In a way, we try to continue the conversations that would have taken place round the dining table here at Charleston.

'Last year's festival was our biggest and most financially successful ever. One of the problems we face in all that we do is that we just don't have the space available for all the things we'd like to do and that there is a demand for. We desperately need more space but we also have a duty to conserve the historic site of the house, so rather than build new space, we have just



embarked on a £5 million project to develop some of the historic farm buildings on site including the beautiful Charleston Barn.'

As an art history student at Sussex, Colin first visited Charleston in 1986 because his tutor, David Mellor (ENGAM 1967), Professor of Art History, had enthused about it. 'The house had just opened to the public and David said "it's absolutely fascinating; you should all go and see it". So we piled into an old Fiat 850 and drove from campus out to Charleston. I was really inspired by it and went back and decorated my study door – not on campus, I hasten to add!'

Over the years Colin kept in touch with David Mellor and other art history professors at Sussex, including Maurice Howard and Nigel Llewellyn (presently Head of Research at the Tate), and now finds these relationships weaving in and out of his work at Charleston.

The relationship between Charleston and the University goes back a long time. Quentin Bell was Professor of Art History

at the University from 1967. The person who took over from him was Professor Norbert Lynton, who interviewed Colin for his place at Sussex and then, as Chairman of the Trustees of Charleston, interviewed him again in 2006 for the post of Director of the Trust. But the most important relationship is the DPhil collaboration between Charleston and the departments of Art History and English at the University, funded by the Arts and Humanities Research Council and run in collaboration with Charleston. Two students spend a day a week at Charleston for a year, under the supervision of both the University and Charleston's curator, Wendy Hitchmough (PhD History of Art 1995). As Maurice Howard, Professor of Art History at Sussex, explained, this is a unique opportunity for a doctoral student: 'These research students have explored the house, its collections and its wider Bloomsbury associations in new and fascinating ways. Their involvement with the Trust has also given them valuable

Above
Side view of
Charleston at night

experience in curatorship and the management of historic sites and their interpretation.'

'I'm immensely proud of Charleston's relationship with the University of Sussex. The fact that I am doing a job I love and back working alongside colleagues from Sussex – well, life doesn't get much better than that,' remarked Colin.

Written by Jane Jacomb-Hood

Development

Will – be done

Did you know that two thirds of the adult population (approximately 30 million people) do not have a Will?

Our newest contributor, Nadia Cowdrey (CLS 1994), provides some compelling reasons why you shouldn't be one of them.

Nadia Cowdrey is a solicitor and LLP Partner at Brighton-based firm Griffith Smith Farrington Webb LLP, where she heads the Tax, Trusts and Estates Team.

Why is it important to make a Will?

Make your wishes known

Many people underestimate the importance of making a Will. If you died without a Will, your estate would be distributed in accordance with the rules of intestacy. Many married couples and civil partners incorrectly assume that all of their assets will automatically pass to their spouse or civil partner when they die. This is not necessarily the case.

The intestacy rules changed last year and whilst the position for spouses and civil partners has improved, the rules can still have unexpected results.

Making a Will enables you to decide who should inherit your assets and avoid unnecessary complications.

Decide who is in charge

Making a Will enables you to appoint executors who will administer your estate, rather than the law making this decision for you.

Care for your children

If you have young children, it is important to appoint a guardian to care for them if you and your partner (if you have one) die.

Remember the people and causes you care about

By making a Will you can provide for your loved ones, and can make gifts to charities that matter to you. For example, leaving a legacy to the University of Sussex could support research projects, such as those being undertaken in the Sussex Centre for Genome Damage and Stability tackling cancer and DNA damage; or the research Sussex is spearheading into facets of Alzheimer's disease in collaboration with the Alzheimer's Research Trust. Your legacy could make a real difference in the world.

Save money

A professionally prepared Will avoids the unnecessary expense and complications which can arise from a poorly drafted home made Will.



The Sussex Fund

Investing in the future

The Sussex Fund is one of the key ways in which the University raises funds to support student scholarships, hardship bursaries, library acquisitions and student activities. Your generosity can help us maintain excellence, attract the best students and enhance their teaching and learning environment.

Please complete this form in BLOCK CAPITALS. Thank you.

Name _____
 Address _____

 Postcode _____

I wish to make a donation of (please tick):

£25 £50 £100 £250 £500 Other amount £

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Online at www.sussex.ac.uk/alumni

By cheque, made payable to University of Sussex

By credit card: Mastercard, Visa or Switch.

Card number

Expiry date

Issue number (Switch only)

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/

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Signature _____

Date _____

I would like to receive a legacy information brochure (please tick).

Thank you for your support.

Please return your completed donation form to:

Development and Alumni Relations, University of Sussex,
 Bramber House, Freepost (BR 380), Brighton BN1 1ZZ, UK

A lasting gift

Dinah Garrett (EURO 1971) is leaving a legacy to the University of Sussex in her Will. Like Dinah, a growing number of alumni are becoming interested in supporting the University in this way.

'Studying at Sussex was a special time for all of us; not just the chance to study with some of the best academics, but feeling part of something fresh, of setting our own ways of doing things and behaving, of being part of a new university and lifestyle. We were young and having fun, enjoying Brighton and the countryside around, breaking barriers and challenging everything.

'After my mother died recently I had to re-write my Will, and I took time to think things through. When your circumstances change so radically you can re-assess your priorities. I no longer had to make provision for her care, and without children or an extensive family, I had the luxury of leaving legacies to whomever I wanted. The current inheritance legislation enables you to make charitable donations before inheritance tax liabilities are calculated. It seems only too obvious

that leaving money to the charities you favour helps them, and it means that your legacies go where you want – rather than into an anonymous pot of money for UK plc.

'I'd say to someone considering the same step to look carefully at your own circumstances and possible inheritance liabilities. Think where you'd like your money to go and where it could do most good. I have vivid and fond memories of sitting working in the Library, so I have left a donation specifically for that. If Sussex was an important part of your life, help it after you've gone. Write your legacy legally into your Will, let Sussex know as it helps them plan for the future, and then forget about it. If your circumstances change – for better or worse – amend your Will. It's as simple as that.'

To find out more about making a gift in your Will to Sussex, contact Mary Connolly, Legacies Officer, by email at alumni@sussex.ac.uk or by phone on +44 (0) 1273 876574.



“ Think where you'd like your money to go and where it could do most good. I have vivid and fond memories of sitting working in the Library, so I have left a donation specifically for that. ”

Dinah Garrett (EURO 1971)



What could your legacy be?

A legacy gift to your University will cost you nothing now and could be the most significant gift you ever make.



ALUMNI NEWS

Please send us your photographs

Sussex will be celebrating its 50th anniversary in 2011. This is a great opportunity to look back over the years and celebrate the University's successes. To help us build a picture of the University through the last half-century, we would love you to send us images or ephemera from your time at Sussex.

We are collecting a selection of materials which show what Sussex was like through the decades – what were people wearing, what cars did they drive, what were the big political and news issues of the day? With the materials collected we will be creating a special 50th anniversary book.

If you think you have something of interest, please send an email to memories@sussex.ac.uk or contact Persephone Deacon on +44 (0) 1273 678375.

Alumni around the world

With a membership of more than 80,000 Sussex alumni in over 100 countries, the Alumni Network is a great way to keep in touch with the University and your fellow alumni all over the world.

Sussex now has alumni representatives (Consuls) and groups in 40 countries. Together with our Alumni Consuls, we've recently organised gatherings in China, Hong Kong, India, Bangladesh, Albania and Switzerland.

We have also hosted reunions this year for our US alumni in New York City, San Francisco and Boston, and have Alumni Consuls in 12 US states.

You can find out what is happening in your area at:

www.sussex.ac.uk/alumni/gettinginvolved/overseasalumni

If there aren't currently any alumni activities taking place in your country, you can sign up to become an Alumni Consul to represent Sussex in your region. As well as coordinating alumni events, Alumni Consuls also offer informal advice to prospective students from their own country.

If you would like to become an Alumni Consul, please email alumni@sussex.ac.uk or see www.sussex.ac.uk/alumni for further information.



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Help Sussex students start their careers on the right foot

Could you offer a work shadowing placement to a Sussex student and help give them a boost on the careers ladder?

A growing number of alumni currently offer work shadowing opportunities to Sussex students as part of the University's new employability initiative, Sussex Plus, coordinated by the Careers and Employability Centre.

Stephen Rooney (HUMS 1991), Communications Director at the Electoral Commission, is one of these alumni.

'The work shadowing scheme is a fantastic way for students to get a feel for the working environment and gain insights into a particular profession, discipline or sector. It's great to be able to give people that opportunity and know that you're helping them make decisions that may well shape their future,' he said.

Fellow alumnus Stephen Priestley (SOC 1974), Clerk at the House of Commons, added: 'Apart from the warm glow of helping a new generation of students focus on their career options, I enjoy learning how much (and, in some respects, how little) life has changed at Sussex; I welcome the challenging perspective that a fresh, enquiring mind brings to the way I work, and I readily exploit the opportunity to leave my silo and visit people I wouldn't otherwise have a "business need" to interact with.'

If you are interested in offering a current student a day's work shadowing, please see www.sussex.ac.uk/alumni/gettinginvolved/volunteerprogramme or contact Claire Ward, Careers Development Advisor, at c.v.ward@sussex.ac.uk for more information.

Alumni in forefront of use of social media

The number of members of the Sussex Alumni Network Facebook group has now passed the 4,500 mark, making it the fifth largest university alumni group in the UK.

The Sussex alumni group has been in existence since May 2008, and has quickly grown in membership to become one of the most successful social networking groups for former students in the country.

The group is a great way to get in touch with your old friends, post messages and photos about what you're doing now and keep up to date with the latest news from Sussex.

If you haven't joined us yet, you can find a link to our group at www.sussex.ac.uk/alumni, along with our other social networking profiles on Twitter and LinkedIn.

Shop at Amazon and help boost the Sussex Fund

Support the Sussex Fund every time you shop online with Amazon. Simply use the banner link at www.sussex.ac.uk/alumni/benefitsandservices to access the Amazon website and over five per cent of what you spend will be donated straight to the Sussex Fund at no extra cost to you. The Sussex Fund provides support to students who find themselves in unexpected financial difficulties, offers scholarships to attract the brightest minds regardless of their background, and supports student activities that enrich their experience on campus and improve their employability skills.

amazon.co.uk

In memoriam

The Alumni Network regrets to report the death of the following people and extends its sympathy to their family and friends.

Faculty

John Burrow

John Chesshire

Brian Goodwin

Vaughan James

Patrick (Paddy) O'Reilly

Henry Drew
(BIOLS 1975)

Kathleen Couldrey
(née Odium
SOCIAL WORK 1976)

Julie Strain
(MAPS 1979)

Keith Moorhouse
(EDUC 1980)

Saki Kimura
(ARTS 1981)

Vikram Sheorey
(BIOLS 1987)

Toby Emanuel Hart
(SOC 1989)

Barry Hoad
(ENGAM 1989)

Alexander Thomas O'Meara
(BIOLS 1992)

Timothy Guest
(COGS 1993)

Alastair Jones
(SMS 1993)

Willem Marco Boesveld
(CPES 1996)

Emilio Medina-Smith
(ECONOMICS 1997)

Daniel Smawfield
(BIOLS 1997)

Paul Sofer
(SLI 2007)

Alumni

Paul Conyers-Silverthorn
(EURO 1962)

Clive Stearnes
(MAPS 1962)

Allan Lloyd-Smith
(ENGHAM 1963,
ARTS 1966)

Adebisi Oloyede
(ARTS 1965)

George Piendak
(ARTS 1966)

Stanley Macebuh
(ENGAM 1967)

Jeremy Clegg
(MAPS 1967)

Louis Baworowski
(AFRAS 1968)

John Viney
(ENGG 1971)

Robert Sang
(CCS 1973)

Gerald Sargeaunt
(SOC 1973)

Anthony Harrison-Barbet
(ARTS 1974)

Muhammed Abubakar Rimi
(ARTS 1974)

Morton Roodman
(ARTS 1974)

Events and reunions

40 years on



On Saturday 12 September 2009 we welcomed back over 250 alumni from 1968 to 1973 who returned to campus to celebrate their 40th reunion. Lord Asa Briggs was guest of honour and shared with those present his fond memories of his time as Vice-Chancellor of the University. The successful event provided an opportunity for alumni to reunite with old friends, revisit favourite student haunts and hear from the current Vice-Chancellor, Professor Michael Farthing, about the latest developments at Sussex and his vision for its future.

Alumni were also able to join campus tours led by Sussex students, participate in a lively panel debate with current faculty members, and meet former tutors for afternoon tea.

Photos of the event are available online at www.sussex.ac.uk/alumni/newsandevents/reunions

London lecture charts the battle between plants and animals

In March, as many as 150 alumni and friends of the University attended the annual University of Sussex London Lecture at the Royal College of Physicians in London to hear Sue Hartley, Professor of Ecology and a world-leading authority on how plants and herbivores interact.

Describing 'the 300-million year war' between the two species, Professor Hartley explored the complex secret language of plants and how they defend themselves against the animals that try to consume them.

Professor Hartley was also the keynote speaker at this year's Royal Institution's Christmas Lecture.

The lecture is now available online at www.sussex.ac.uk/newsandevents/sussexlectures/annual



Sussex in Boston

On March 22, the Vice-Chancellor, Professor Michael Farthing, hosted the first Sussex alumni reunion in Boston, which welcomed Calestous Juma (SPRU 1983) as guest speaker. Calestous is Professor of the Practice of International Development and Director of the Science, Technology and Globalization Project at the Belfer Center for Science and International Affairs at Harvard University.

The event, which was held at the British Consulate, attracted over 50 Boston-based alumni of all ages.

Commenting on the event, Deniz Toksoz (BIOLS 1974) said: 'The Boston reunion was a great way to coalesce and energise local alumni such as myself into a group that will hopefully continue to meet and connect.'



In the spotlight



With Shane Smith (EURO 1982) CEO, International Investment Research PLC

1. What do you enjoy the most about your job?

Constant change

2. What do you think has been your biggest achievement to date?

Staying in business!

3. What has been your biggest challenge to date?

Constant change

4. What do you like to do in your spare time?

Tennis, both playing and watching

5. Where is your favourite place in the world?

Sea or mountains, anywhere, but specially in Asia

6. If you were stranded on a desert island, what would you take with you?

My iPhone

7. If you could meet anyone in the world, who would it be?

From where I am right now, the Prime Minister of Thailand, so I could tell him to do the right thing with no more bloodshed

8. What has been your greatest adventure?

Hiking the Grand Canyon

9. What is your favourite book?

Anything Ian McEwan

10. What is your favourite album?

Goodbye Yellow Brick Road

11. What is your guilty pleasure?

Fine wine

12. Do you have any phobias?

Heights

13. What is your best memory of Sussex?

Summer barbecues and falling in love

Bookmark



Things Your Mother Never Told You

Olivia Lichtenstein (EURO 1975), published by Orion Books, 2009

'When I'm a mother, I'm never going to be like you...'

These words come back to Ros, years later. Her marriage of 20 years is over; her sons are moving out and her dead mother, Lilian, seems to have taken up residence in her head, reminding her of things she once said. As Ros adapts to sharing custody of the family dog and life without her husband and boys around, she embarks on a new regime: yoga, herbal remedies and internet dating.

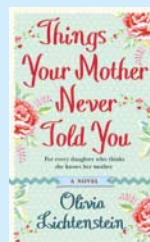
But when a parcel arrives containing a portion of her mother's memoir, Ros discovers a barely recognisable woman within its pages. As long-buried secrets are revealed, Ros finds the journey into her mother's past could change her own future...

Olivia Lichtenstein has spent most of her working life as a successful documentary filmmaker, TV drama director and journalist but for many years cherished the dream of becoming a novelist. Her first novel, *Mrs Zhivago of Queen's Park*, was published in 2007, and her second novel, *Things Your Mother Never Told You*, was published last year to great acclaim.

Olivia has now launched a forum based on the book at www.thingsyourmothernevertoldyou.co.uk

'The relationship between mother and daughter is arguably one of the most complex there is; the one I had with my own mother certainly was. More than 20 years have passed since her death and I can still hear her voice offering me advice and criticism in equal measure,' Olivia commented.

Olivia would love to hear your own stories about what your mother did and didn't tell you. Join the forum now and share your experiences – the best contribution will win a selection of best-selling fiction from Orion.



Sussex people

Who is doing what and where?

60s

60s Terence Finn (POLITICS 1964) has had his book, *When Europe Went Mad: A Brief History of the First World War*, published by Ivy House.

60s Bobbie Darbyshire (née Wheldon SOC 1965), author of *Truth Games*, had a second novel, *Love, Revenge & Buttered Scones*, published in February 2010. Bobbie would be delighted to hear from Sussex contemporaries via alumni@sussex.ac.uk

60s Peter Bowler (SCITECH 1966) has written a book entitled *Science for All: The Popularisation of Science in Early-Twentieth Century Britain*.

60s Now retired, and after a successful career in teaching, **Libby Coleman-Ainley** (EURO 1964) and her husband, **Nick Ainley** (MOLS 1965), have produced a book entitled *Yes We Can Read*. The book aims to enable anyone who can read to teach a non or poor reader and help to destroy the blight of illiteracy among the 14 million UK adults who are functionally illiterate.

60s After a varied career, **Margaret Mallett** (USIE 1969) is now a writer of professional books for teachers and students. She was made a Fellow of the English Association in 2006 and is now an Emeritus Fellow.

60s Warren Nelson (HUMS 1969) has been named in the Labor Relations Institute's annual listing

of the top 100 labour attorneys in the United States. He has also been selected for inclusion in the Best Lawyers in America 2010 listings.

70s

70s Christina Beardsley (ENGAM 1970) has had her book *Unutterable Love: The Passionate Life and Preaching of F. W. Robertson* published. In this book, Christina uncovers two episodes of Robertson's life that have been somehow obscured until now: his Victorian crisis of faith and his preoccupation with gender and sexuality.

70s Catherine Clark (BIOLS 1970) has been appointed Head of Development at the Royal School of Church Music. Her main responsibilities will be in fundraising and in leading the communications, marketing and development team.

70s Congratulations to **Philip Gross** (CCS 1970), who won the prestigious 2009 TS Eliot Prize for his collection of poetry, *The Water Table*.

70s Ted Milburn CBE (CCS 1970) has had a scholarship set up in his name at Strathclyde University in recognition of his lifelong commitment to community education. Now retired, Ted's career spanned 43 years, and he held a variety of roles in youth and community work – both throughout the UK and in an academic setting.

70s Congratulations to **Gail Rebuck** (EURO 1970), who was



Above
Bobbie Darbyshire



Above
Libby Coleman-Ainley
and Nick Ainley



Above
Warren Nelson



Above
Philip Gross

awarded a DBE in the Queen's Birthday Honours List 2009. Gail is the chair and chief executive of the Random House Group UK. She oversees the publication of approximately 1,500 new books each year from some of the world's most established authors.

70s Rebecca Janowitz's (ENGAM 1970) book, *Culture of Opportunity: Obama's Chicago: The People, Politics, and Ideas of Hyde Park*, provides a portrait of the Chicago Southside neighbourhood long noted for its progressive politics. Rebecca offers an expert and insider's social and political perspective on this intriguing community that in many ways nurtured Barack Obama's political career and made possible his run for Presidency.

70s John Henden's (CCS 1971) book *Preventing Suicide: The Solution Focused Approach* is now on its second reprinting. John is an internationally acclaimed expert in this specialised approach to suicide prevention.

70s Marion Petrie (BIOLS 1972) has recently been appointed Professor of Behavioural Ecology at Newcastle University and would love to hear from anyone that remembers her via alumni@sussex.ac.uk

70s Jad Adams (CCS 1973) has had his book *Gandhi: Naked Ambition* published by Quercus Books.

70s Martin Ward (SCITECH 1973) holds the Temple Chevallier chair of astronomy, and has recently been appointed Head of Physics at Durham University. He

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undertook his DPhil research at the Royal Greenwich Observatory, Herstmonceux.

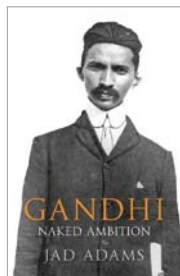
70s Marica Frangakis (ECONOMICS 1975) has been working in the Greek banking sector since 1978 and is now with the National Bank of Greece. She would love to hear from her contemporaries who studied for the MA in Development Economics in 1975 via alumni@sussex.ac.uk

70s Mahshad Koohgoli (ENGG 1975) is a serial entrepreneur, with more than 25 years of experience in the telecommunications industry. A visionary who holds several patents in the computer and communications field, Mahshad's current mission is to bring safe software development practices to the tech world as the CEO of Protecode.

70s Julian Chilvers (ENGAM 1976) runs his own Chartered Accountancy practice in central Cambridge. He also has an active involvement with, and is a strong supporter of, the arts in the city.

70s Bertille Allahar (née Alexis ARTS 1976) has just published her first novel, *Trini Mélange*, which explores the evolution of racism, poverty and oppression in a cosmopolitan society emanating from slavery and the colonial era. The book is available through Authorhouse, Barnes & Noble and Amazon.

70s Eileen (Lyn) Smith (née Fee ARTS 1976) has recently had her new book, *Voices Against War: A Century of Protest*, published by Mainstream.



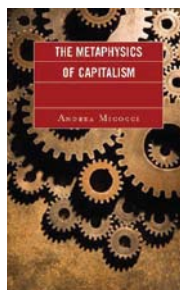
Above
Jad Adams'
Gandhi: Naked Ambition



Above
Geerd Magiels



Above
Joss Bland-Hawthorn



Above
Andrea Micocci's
The Metaphysics of Capitalism

70s David Foley (ENGAM 1977) has recently had a CD released called *Living on the Edge of Time*. The inspiration for the CD came from the realisation that we all have our own sense of time and of where we do or do not belong. The CD is available through iTunes and Amazon.

70s David Gani (MOLS 1978) has been appointed Deputy Principal for External Affairs and Advancement at the University of Strathclyde.

70s Our congratulations go to **Simon Gillham** (EURO 1974), who was awarded the OBE in the 2010 New Year's Honours List for his contribution to Franco-British relations.

70s John Hall (ENGAM 1978) is now a law professor in California. He has also written extensively for *The Wall Street Journal* about the Khmer Rouge Tribunal.

70s Debby Jones (née Pittam EURO 1978) is helping to research a book about the Lewes avalanche of December 1836 which will be published this year. The book is by David Goldsmith and Debby has been uncovering the lives of those most closely affected by the disaster.

70s Lesley Fallowfield (BIOLS 1978), Director of the Cancer Research UK Psychosocial Oncology Unit, has been shortlisted for the BMJ Group Award for Lifetime Achievement, which is given to individuals who make a unique and substantial contribution to improving healthcare.

70s Yaba Badoe (AFRAS 1979) has had her first novel, *True Murder*, published by Jonathan Cape. The book was selected by Waterstone's Book Circle as one of their books of the month. Yaba is currently a visiting scholar at the Institute of African Studies at the University of Ghana, where she is completing a documentary film.

70s Award winning author **Siân Busby** (ENGAM 1979) has had her third book and first novel, *McNaughten*, published by Short Books. More details can be found by visiting www.youtube.com

70s Michael Yaffe (SOC 1979) has been named Distinguished Professor of International Relations and Diplomacy at the National Defense University in Washington, D.C. He currently lives in Virginia with his wife Louise, his son Marshall and a very large standard poodle named Jack.

70s Geerd Magiels (SCITECH 1979), biologist and philosopher of science, has had his new book, *From Sunlight To Insight*, published by VUBPRESS. The book looks at the scientific endeavours of Jan IngenHousz, the discovery of photosynthesis and science in the light of ecology.

80s

80s Joss (Jonathan) Bland-Hawthorn (SCITECH 1981), Professor of Physics at the University of Sydney, has been awarded the prestigious Leverhulme Visiting Professorship at Oxford University.

80s Chris Putt (EURO 1981) is a partner in the corporate finance group at solicitors Speechly Bircham LLP. He qualified as a German lawyer back in 1995 and still uses the German he learned in EURO at Sussex every day at work.

80s Russell Holden (ARTS 1982) has launched his own Sport and Politics Consultancy called In The Zone. This combines consultancy with teaching, research and broadcasting. For more information, visit www.inthezoneonline.co.uk

80s Dominic Lees (SOC 1983), who is now a film director, has released his feature film, *Outlanders*. The movie has won 'Best Film' awards in festivals in Spain, Portugal and Cuba and after its West End run it is now out on DVD. Find out more at www.outlandersmovie.com

80s In July 2009 **Mark Brighton** (ENGG 1986) was part of a team of four taking part in the annual Trailwalker challenge: a 100km ultramarathon across the South Downs. Donations can be made by visiting www.justgiving.com/tvi

80s Emma Sanderson-Nash (ENGAM 1986) is currently in year two of her PhD at Sussex, having already completed the MSc in Cross Cultural and Comparative Research Methods. Before that, she worked for MPs and Peers in Parliament and had three children.

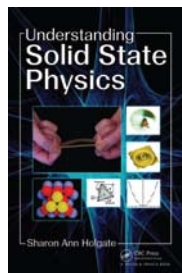
80s Andrea Micocci (AFRAS 1986), Professor of Economics at the University of Malta, has had the paperback edition of his book *The Metaphysics of Capitalism* published by Lexington.



Above
Simona Connelly



Above
Dr Sharon Ann Holgate



Above
Dr Sharon Ann Holgate's
Understanding Solid State Physics



Above
Samer Kawar

80s Congratulations to **Raphael Selbourne** (ENGAM 1987), who has won the Costa First Novel Award for his book *Beauty*.

80s Amy Alipio (ENGAM 1989) has a three-year-old daughter named Trini and was expecting her second child in October 2009. She is an editor at *National Geographic Traveller* magazine.

80s Award-winning journalist **Matthew McAllester's** (ENGAM 1989) new book, *Bittersweet: Lessons from my Mother's Kitchen*, was published in the UK in January 2010.

80s Sharon Ann Holgate (MAPS 1989) has recently had her second book, *Understanding Solid State Physics*, published by Taylor & Francis. As well as being a freelance science writer and broadcaster, Sharon is currently a Visiting Fellow in Physics and Astronomy at Sussex.

90s

90s Fred Atkins (EURO 1991) has had his book, *Tour De Kent*, published by Breedon Books. It is a fascinating account of the day that the Tour de France visited his home county of Kent in 2007.

90s After 12 years teaching at Srinakharinwirot University, **Tom Radzienda** (POLITICS 1991) resigned to open a Reiki healing and training clinic called Reiki Thailand. Tom commits himself to Reiki, Vipassana meditation, vegetarianism and yoga, each of which he applies for the benefit of his students and clients.

90s Avri Klemer (ENGAM 1992) is proud to announce the publication of his board game, *Penguin Soccer*. This strategy board game is for two players, ages 8 and up, and can be purchased internationally from www.nestorgames.com

90s Andrew Clark (CCS 1994) is a Director of Photography who works in Beijing. In 2005, Andrew set up an office for AsiaWorks Television in Beijing, where he is Bureau Chief. Throughout his career, Andrew has travelled the world, shooting documentaries, news stories and commercials.

90s David Marley (SOC 1994) has completed his novel *Dragon Attack* in conjunction with friend Chris Brand. The book is a geopolitical and economic thriller, with its main themes being the eternal struggle of the great powers for global supremacy and control over finite strategic resources. For more information contact chris.brand30val@btinternet.com

90s Mindy (Raminder) Emsley (née Chohan SOC 1995) has recently launched her own business (www.merababy.co.uk), which offers Indian-inspired baby, gift and maternity products.

90s Dudley Moore's (ENGAM 1992) book, *Dawn of Discovery: Early British Travellers to Crete*, has just been published by Archaeopress.

90s Simona Connelly (CCE 1996) has recently self-published a book through Createspace which has just gone on sale through Amazon. *Lurleen's Lexicon of Lavender Love* is a

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quirky and irreverent lexicon of all things lesbian, gay, bisexual and transgender written in Lurleen's unique, no-nonsense "trailer-trash" voice.

90s Patrick Hicks (HUMS 1997) has had another collection of poetry, *This London*, published by Salmon Press. Patrick is Writer-in-Residence at Augustana College.

00s

00s Melanie Brown (IRP 2000) has been working for a charity called Afghanaid since leaving Sussex. She recently returned from visiting programmes in Afghanistan and, through these trips, has got to know a country that is quite different to what we see on television.

00s Shona Le Friec (née Kerr PSYCHOLOGY 2000) has had her secondary-school relationships course book, *Sex and Sensibility*, published under her maiden name Shona Kerr.

00s Marian Williams (SOCIAL WORK 2000) has been a social worker for 27 years, and is currently working in a health team for children and young people with learning disabilities and challenging behaviour, which she loves.

00s Gudrun Jevne (IRP 2001), **Rachel Zipfel** (PSYCHOLOGY 2001) and **Ben North** (SOC 1998) are all working together in a small team at the charity Street League in London. Both Rachel and Gudrun played in the same football team at Sussex and still play together now from time to time.



Above
Deepak Tripathi's
*Overcoming the Bush
Legacy in Iraq and
Afghanistan*



Above
Mark Walker



Above
Dean Atta



Above
John Hostettler

00s In addition to practicing law, **Samer Kawar** (SLS 2000) is the Chairman of the *Jordanian Young Economists Society*. He has also been appointed by King Abdullah II to serve on the Youth Royal Committees.

00s Deepak Tripathi (AMERICAN STUDIES 2002) had his book *Overcoming the Bush Legacy in Iraq and Afghanistan* published by Potomac Books.

00s After spending six years working for senior politicians in both the House of Commons in Westminster and the European Parliament in Brussels and Strasbourg, **Mark Walker** (INTERNATIONAL RELATIONS 2002) is now working back in Westminster as a consultant for the healthcare consultancy Rohde Public Policy.

00s Congratulations to **Dean Atta** (PHILOSOPHY 2003), who was recently awarded the Spirit of London Award for Achievement through the Arts. He has also just been appointed trustee for the Rukus Federation, an arts organisation set up by fellow Sussex alumnus **Topher Campbell** (INFORMATICS 2003).

00s The latest book by **John Hostettler** (HISTORY, SLS 2000) is about the 18th century barrister William Garrow, who was the inspiration behind the BBC's legal drama *Garrow's Law*, aired in November 2009.

00s Congratulations to **Millicent Graham** (INFORMATICS 2003), who has been awarded a fully funded writing residency study at the University of Iowa by the United States Government.

00s Rodreguez King-Dorset (AMERICAN STUDIES 2004) has had his book *Dance Parallels in the Ghetto* published by Bardolph Books.

00s Rebecca Thomas's (HISTORY 2004) book, *A Brief Guide to Successful Learning or I Wish I'd Known This Years Ago*, won the 'Book to Support Teaching and Learning – Pupil Book' at the NASEN Awards 2009.

00s Joanna Ezekiel (CCE 2005), a creative writing tutor for the Open University and the Open College of the Arts, has had her first full poetry collection, *Centuries of Skin*, published by Ragged Raven Press. See Joanna's blog at www.mydelayedreactions.blogspot.com

00s Thomas Evans (HISTORY 2006) was first prize winner in the prestigious Inter-Varsity 2010 mooting competition.

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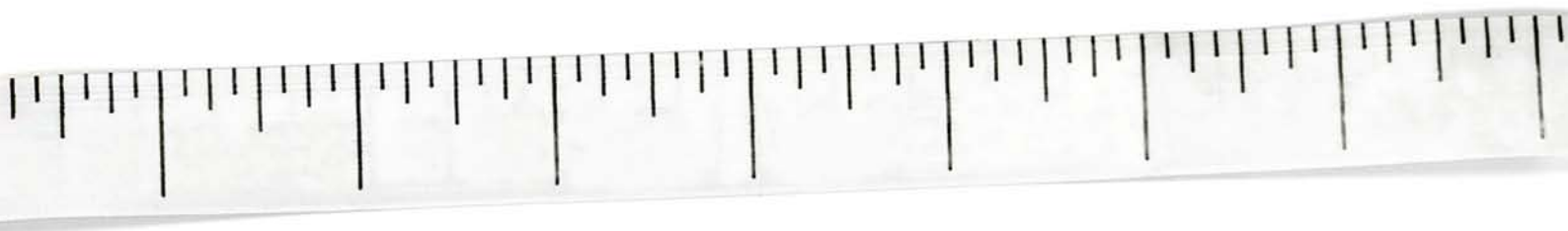
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‘Sussex was always my first choice. It stood then, as it does now, for the two things that mattered most to me as an undergraduate: an international outlook and an integrated, broad-ranging approach to education. I wanted to work on the international scene and Sussex equipped me with all the essential tools I required to follow this path successfully: language skills; the opportunity to spend two years in Paris; access to world class professors; a global student community and also friendships that have stayed with me throughout all the decades since I graduated in the late 70s. Choosing Sussex was definitely one of the better decisions I have made in my life.’

Jamie Shea (EURO 1973)
Director of Policy Planning, NATO
